express

BE A SUPER HERO!
CFC
$4.9 Million still needed.
www.cfcnca.org

A PUBLICATION OF The Washington Post | WWW.WASHINGTONPOST.COM/EXPRESS | JANUARY 4, 2005 | >> FREE <<

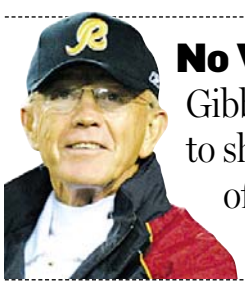
Tuesday

ALI JASIM/REUTERS

Police arrive after a suicide bomb in Baghdad.

Rising Toll: At least 16 killed in Iraq as insurgents press effort to sabotage Jan. 30 elections | 6

Arson Charges: Five men indicted in Maryland blazes | 8



No Vacation: Gibbs tells players to show up during offseason — or pay a price | 14

ENTERTAINMENT

Origin Story: Superheroes don't need comics to leap onto the big screen. Also, a Mars rovers update; Disney hits the road.

>> 16-20

Weather > Cloudy, Warm

62 | 45

FULL FORECAST ON PAGE 25

U.S. Speeds Aid to Asia

KEVIN LAMARQUE/REUTERS

A UNITED FRONT: President Bush, flanked by wife Laura and former presidents George H.W. Bush and Bill Clinton, signs a condolence book for tsunami victims Monday at the Thai Embassy in Washington.

Ex-Presidents Lead Fund Drive

WASHINGTON | President Bush enlisted two former presidents for an ambitious private fund-raising drive for victims of the deadly tsunami on Monday, asking Americans to open their wallets to help the millions left homeless, hungry and injured.

"The devastation in the region defies comprehension," Bush said as he announced the campaign to be led by his father and Bill Clinton. "I ask every American to contribute as they are able to do so."

Bush, his wife, Laura, and his two predecessors paid brief sympathy visits to the embassies of the four nations hit hardest — Indonesia, Sri Lanka, India and Thailand. The first lady brought bouquets of white roses, and the president wrote messages in embassy condolence books, offering prayers as well as promises of U.S. aid.

The president asserted that the United States had jumped into action quickly and had taken a leading role, despite criticism that America's response was neither swift nor leading, especially at first. Other countries were quicker to commit large amounts of aid money, and Japan has outpaced the U.S. pledge, which was increased tenfold on Friday to $350 million. JENNIFER LOVEN (AP)

Criticized for slow start, America now leads effort

KARIM RAJIA, INDONESIA | U.S. helicopters rescued dozens of desperate and weak tsunami survivors, including a young girl clutching a stuffed Snoopy dog, as the American military relief operation reached out to remote areas of Indonesia with cartons of food and water on Monday.

Although the United States was not among the first at the scene after last week's natural disaster thousands of miles from American shores, it is now spearheading the international relief effort and delivering more supplies than any other nation.

The Americans flew missions from the aircraft carrier USS Abraham Lincoln along a 120-mile stretch of Sumatra island's ravaged coastline. The tsunami, triggered by the most powerful earthquake in 40 years, has killed more than 139,000 people in Asia and Africa; considerably more than half of the deaths were on Sumatra.

Many of the 60 victims picked up in more than two dozen missions Monday — including children, elderly and two pregnant women — were too weak from eight days with little food or water to speak or move.

The U.S. operation in Sumatra is part of a wider international effort. The American helicopters brought survivors to an air base in Banda Aceh where medical teams — including Chinese, Australians and Indonesians — tended to their immediate needs before putting them into trucks destined for nearby hospitals. DENIS D. GRAY (AP)

GABRIEL PIPER/U.S. NAVY/REUTERS

U.S. troops carry an injured Indonesian woman.

ACCIDENTS | **Of Mice and Dents** A mouse was blamed for a two-car accident in Nagel, Germany, after crawling up a motorist's pants, the South African Press Association reported Saturday. As the rodent squirmed up the driver's inside thigh, the man slammed on the brakes, causing a rear-end collision. When the other motorist got out to give him a piece of her mind, the man opened his pants and hauled out the wriggling mouse, according to a police spokesman. (EXPRESS) EyeOpeners | Page 2

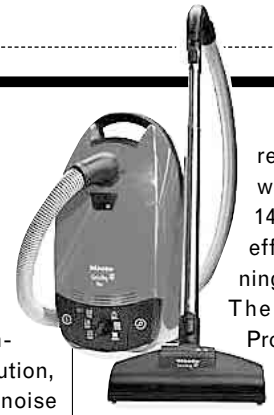
eyeOpeners

JOE KALEITA/AP

HOBBIES

Wing Man

It was a chance for Lilliputian pilots to strut their stuff Sunday, during the fourth annual Tangerine Remote Control Airshow in Apopka, Fla. Forty enthusiasts — including Paul Hopkins (shown), flying his Eurofighter Typhoon, a remote-controlled airplane powered by a turbine engine — put their thumbs to work to entertain 600 spectators. (AP)



LAWS

Legislature Abhors a Vacuum

The Brimbank, Australia, city council has outlawed early morning and late night vacuuming in a bid to curb noise pollution, the Herald Sun reported. If a noise complaint is received for vacuuming between 10 p.m. and 7 a.m. on weekdays and 10 p.m. and 9 a.m. on weekends, cleaners can expect a $205 on-the-spot fine. Subsequent violations would draw fines of up to $2,000, according to the regulations, which were passed Dec. 14 and went into effect at the beginning of the new year. The Environmental Protection Authority said vacuum cleaners produce 70 decibels of sound — 10 decibels more than normal conversation. The new laws also single out swimming pool pumps, spa pumps, house heating and cooling units, and hot water systems as noise polluters. (EXPRESS)

GAMBLING

You Bet Your Life

A man in Shrewsbury, England, celebrated his 100th birthday Sunday more than $13,000 richer after winning a wager he placed 10 years ago on his own longevity. Arthur Best made a bet with bookmakers William Hill that he would reach the age of 100, Agence France Presse reported. Along with a congratulatory telegram from Queen Elizabeth, he has his winnings on the 66:1 wager to enjoy. According to his son, Best attributes his long life to quitting smoking and being a moderate drinker. Britons who wager with William Hill usually bet on soccer matches or racing, although someone now has a bet placed, also at 66:1 odds, that Prime Minister Tony Blair will grow a moustache. (EXPRESS)

CREATIONISM

A Different Kind Of 'King's Dominion'

With towering dinosaurs, a Kentucky museum looks like a destination for "Jurassic Park" fans. But the $25 million Museum of Creation, opening this spring, is for fundamentalist Christians, the Daily Telegraph reported Sunday. The centerpieces of the museum, promoting the view that God created man, are huge dinosaurs alongside men, contrary to scientific conclusions that they lived millions of years apart. Market researchers predict at least 300,000 visitors, paying $10 each, in the first year. Other exhibits include a planetarium showing that God made the Earth in six days; a Tyrannosaurus rex pursuing Adam and Eve; the Grand Canyon — as formed by the Great Flood — and a reconstruction of Noah's Ark, where visitors "hear people outside screaming," museum creator Ken Ham said. Other exhibits portray diseases and famine as the result of sin, and blame homosexuals for AIDS. (EXPRESS)

IRS PROBLEMS?
VETERAN EX-IRS AGENTS & TAX PROFESSIONALS
Clients Never Meet with the IRS – Settle for Pennies on the Dollar – Written Guarantee
Free Tax Settlement Analysis: Confidential Interview in Our Local Office 800-765-3007 Toll-Free
Free "Insider" Report: "How to End IRS Problems Forever!" 877-451-9111 Toll-Free 24 Hour Recorded Message
www.taxexperts.com
JK Harris & Company 6 D.C. Area Offices (475 Offices Nationwide)
"...the (Nation's) most successful tax-resolution company." –The Wall Street Journal

Stop Renting!
Invest in your own home
"0" down program
800.701.5641
Se Habla Español

Weekend Pass. Thursdays. express
A publication of The Washington Post
XX247

the IMPROV Since 1963 America's Premier Comedy Club
TODD BARRY from "Chappelle Show", Comedy Central, HBO & Conan JAN 4 - 9
CHRISTIAN FINNEGAN from VH-1's "Best Week Ever", "I Love the 80s" & "Chappelle Show" JAN 11 - 16
OPEN MIC CONTEST See tomorrow's stars at today's prices! JAN 18
A NIGHT OF IMPROV Come see The DC IMPROV's version of "Whose Line is it Anyway?" JAN 19
DAVE ATTELL Special Event from Comedy Central's "Insomniac" and tons of other shows! JAN 20 - 23
Do you love to laugh? Then join our comedy school family! LEARN IMPROV AT THE IMPROV Classes begin January 8th!
purchase tickets online at www.dcimprov.com or call 202.296.7008
Ask about our special offer to Express Readers for Tues & Wed, January 4 & 5 with Todd Barry!
1140 Connecticut Ave. N.W. Wash DC

LASER HAIR & SPIDER VEIN REMOVAL
Upper Lip or Chin Laser Hair removal $95
Under Arms Laser Hair removal $250
Bikini Line Laser Hair removal $250
Lower Legs $495
Back Laser Hair removal $695
Neck Laser Hair removal $195
Call for our Fall Special! *Free Consultation All procedures performed By a Physician
Up to 30% off on packages
•Interest free financing •Parking •Gift Certificates
WINTER SPECIAL ENDS SOON!
vita SURGICAL GROUP
-Free Skin Cancer/Melanoma Screening-
*Special Price for DC only.
202.452.1332 1116 21st St., NW (21st & L)
703.533.1025 Tyson's Corner
301.738.6766 Bethesda
410.730.7226 Columbia/Baltimore
www.vitasurgical.com
DC • FAIRFAX • TYSON'S CORNER • ALEXANDRIA • COLUMBIA • BALTIMORE

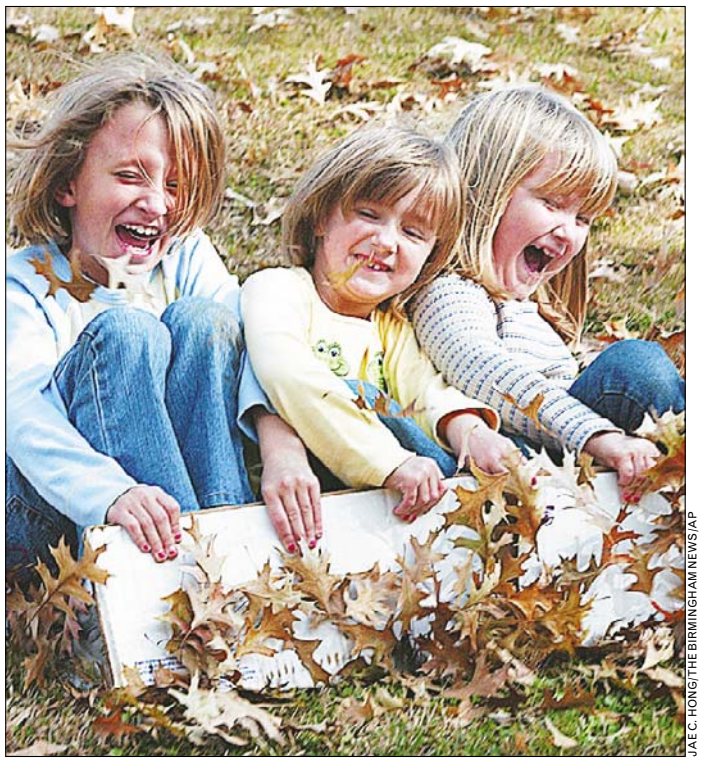
For Women Only
Participate in a High Blood Pressure Research Study
If you are a woman between the ages of 45 and 75 and have high blood pressure you may be eligible to take part in this nationwide study.
If you qualify you may be compensated up to $1,000 for your participation.
The purpose of this research study is to evaluate the effectiveness of hormone replacement therapy (HRT) on lowering high blood pressure in post-menopausal women.
Study participation includes:
- Medical attention and care by a certified physician
- A complete physical exam at no cost to you, including mammograms and ECG's
- Study medication is available at no cost to you
- 9-12 brief visits (30-60 minutes) at the clinical center

Please contact:
Millennium Clinical Research Center
703-527-8100 or e-mail
bloodpressurestudy@yahoo.com
Millennium is located in Arlington, VA and is Metro accessible.

TURF WAR: Ed Ehlen has painted part of his new house in Marco Island, Fla., pink with polka dots to protest officials who won't let him move in until installed plastic grass is removed. Ehlen claims it's environmentally friendly; the city disagrees.

Nation

ALABAMA | MAKING DO



JAE C. HONG/THE BIRMINGHAM NEWS/AP

CREATIVE SLEDDING: Undeterred by the absence of snow, Kirsten Prince, 8, left, Savannah Jones, 5, center, and Katie Jones, 7, sled down a leafy hill on a piece of cardboard at Rushton Park in Birmingham, Ala., on Monday.

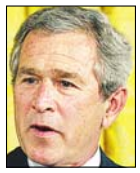
Congress Faces New Goals

Bush greets freshmen lawmakers with call to achieve 'big things'

WASHINGTON | President Bush welcomed newly elected members of Congress to town Monday with a call "to achieve big things," beginning with help for foreigners devastated by the tsunami.

Bush has pledged $350 million for countries hit by waves after an earthquake shook the floor of the Indian Ocean and has held out prospects for more aid. He said he'll call on Congress to make good on the pledge and to support the U.S. military's effort to bring relief in the region.

But he said he also wants to make his mark in his second term by reforming Social Security and the legal system; improving the tax code, school standards and the budget process; and making health care accessible to more Americans.



Bush

"I want to confront problems, and I will," Bush said, looking out at dozens of new lawmakers and their spouses gathered in the East Room. "I'll call upon Congress to take on big issues, and I look forward to working with members of both parties to do just that."

"This town is sometimes too partisan and too political," Bush said. "And my hope is, is that we can show the nation that we can come together to achieve big things for the good of the country."

Bush noted that the new congressional class included farmers, ranchers, attorneys, doctors, teachers, entrepreneurs, a sheriff and a former member of his Cabinet. Several of the new members also have siblings or parents who have served, leading Bush to joke about how he knows firsthand the dangers of having family members in politics. NEDRA PICKLER (AP)

New Faces: Read profiles of the new members of the 109th Congress | **washingtonpost.com/politics**

WHO KNEW? A review of 10 popular weight-loss programs found that, except for Weight Watchers, none of them offer proof that they can help people shed pounds and keep them off. (AP)

GOP Retains Ethics Rules

WASHINGTON | House Republicans suddenly reversed course Monday, deciding to retain a tough standard for lawmaker discipline and reinstating a rule that would force Majority Leader Tom DeLay to step aside if indicted by a Texas grand jury.

The surprise dual decisions were made by Speaker Dennis Hastert and by DeLay — who asked GOP colleagues to undo the extreme act of loyalty they handed him in November. Republicans had changed a party rule to allow DeLay to retain his leadership post if indicted by the grand jury in Austin that charged three of the Texas Republican's associates.

When Republicans began their closed-door meeting Monday night, leaders were considering a rules change that would have made it tougher to rebuke a House member for misconduct. The proposal would have required a more specific finding of ethical violations than is now required.

Republicans gave no indication before the meeting that the indictment rule would be changed. Even more surprising was DeLay's decision to make the proposal himself. LARRY MARGASAK (AP)

FDA OKs Publishing of Data on Vioxx

WASHINGTON | The Food and Drug Administration has given a whistleblower scientist permission to publish data indicating that as many as 139,000 people had heart attacks that may be linked to Vioxx, the scientist's lawyer said Monday.

Dr. David Graham, who works in the FDA's office of drug safety, has said he was not allowed to publish his data questioning the safety of Vioxx, a pain medication principally used to treat osteoarthritis. Additionally, an FDA official sent e-mail messages to the medical journal Lancet trying to persuade the journal not to publish the data.

Citing its own safety concerns, manufacturer Merck & Co. voluntarily pulled Vioxx from the market in late September.

Graham testified in November before a Senate committee that the FDA fumbled in its handling of safety concerns around Vioxx and had mishandled concerns about five other widely used drugs.

The FDA told Graham Monday that he could go ahead and publish his research, which shows that 88,000 to 139,000 people have had heart attacks that could be linked to Vioxx, with 30 percent to 40 percent of them fatal, said Graham's attorney, Tom Devine. (AP)

White Flint

New office accepting new patients

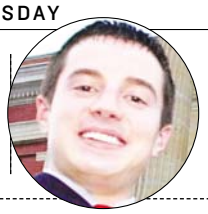
Our newest office in White Flint is accepting new patients daily. *Allergy Care Centers* wants to thank the community for its support. We will endeavor to do our best to serve this new area with the latest in testing and treatment with the finest nurses and physicians in our area.

Please accept our invitation to visit us and to make an appointment today.

Allergy Care Centers
Care for All Seasons
800.287.2829

Please call for an appointment • MyAllergyCare.com
We participate with most health-plans
Offices conveniently located in: White Flint • Chantilly • North Potomac
Vienna • Wheaton Plaza • Gaithersburg • Springfield • Sterling

Nation



PARTY POLITICS: One of the youngest U.S. mayors has resigned, three years into a four-year term, to pursue other opportunities. Chris Portman was 19 when he took office in Mercer, Pa. Critics suggested he was more interested in his celebrity than civics.

Stretch of Safety in Air Travel

Low number of deaths in commercial crashes credited to technology

WASHINGTON | Only 34 people have died in U.S. commercial airline crashes in the past three years, making it one of the safest periods in aviation history even as more Americans than ever travel by air.

On Oct. 20, a Corporate Airlines turboprop crashed on approach to the Kirksville Regional Airport in Missouri, killing 13 people. Those were the only fatalities aboard U.S. scheduled airlines for the year.

Last year, the number of fatal accidents per 100,000 departures was .015. Air travelers are estimated to have boarded planes 685 million times in 2004, a 3 percent increase over 2000, the previous busiest year, according to the Air Transport Association.

Marion Blakey, who heads the Federal Aviation Administration, said new technology has improved safety. For example, many planes now have systems that warn pilots if they're about to fly too close to the ground. LESLIE MILLER (AP)

Today in The Washington Post

City vs. Suburb: Anyone who wants to cross from D.C. into the small Maryland suburb of Capitol Heights will soon have to circumvent a new set of fences. | *Page A1*

Unplanned Parents: At a time when risky sexual behavior by teens has declined, a new problem has crept up: more adult women are choosing not to use birth control. | *Page A1*

Tragic Lessons: At area schools Monday, educators searched for teachable moments in a tsunami disaster that can seem far removed from students' daily lives. | *Metro*

Gonzales Memos Withheld

Congressional panel won't see all writings by nominee on torture

WASHINGTON | Attorney General nominee Alberto Gonzales' confirmation hearing this week may become more contentious because the White House has refused to provide copies of his memos on the questioning of terror suspects.

"We go into the hearing with some knowledge of what has occurred because of press reports or leaks but without the hard evidence that will either exonerate or implicate Judge Gonzales in this policy," complained Sen. Richard Durbin of Illinois, the Senate's No. 2 Democrat, on Monday.

Durbin and other Democrats plan to question Gonzales on his involvement in the policies concerning questioning — policies that the Justice Department has backed away from.

Gonzales

Still, the issue probably won't be enough to stop Republicans from confirming Gonzales as the first Hispanic attorney general.

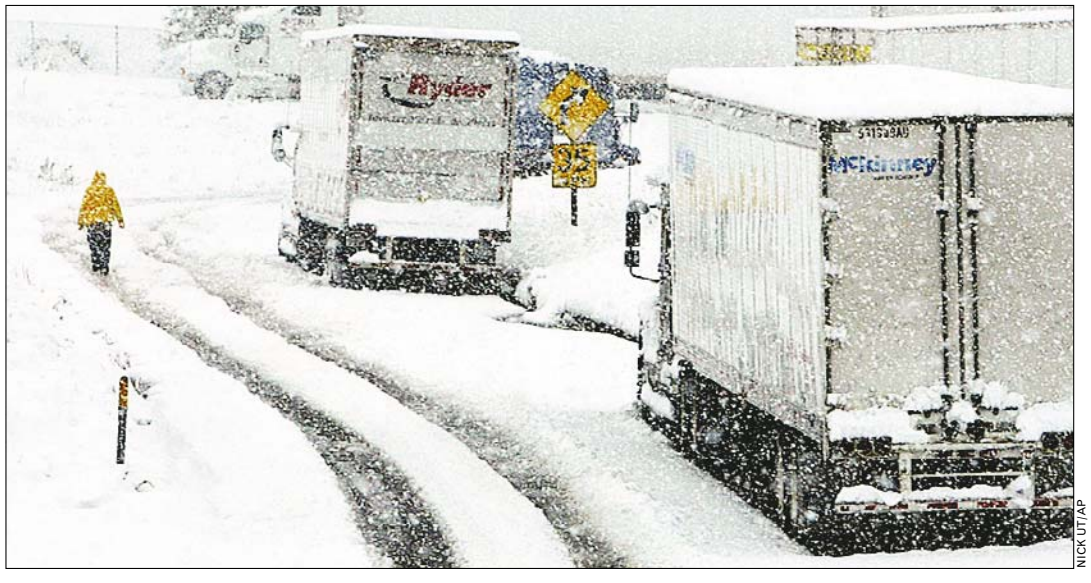
Republicans hold 55 seats in the new Senate, while Democrats control 44 seats and there is an independent.

"I think the hearing will be contentious, but in the end Judge Gonzales will be confirmed because he deserves to be confirmed," said Sen. John Cornyn, R-Texas.

The Justice Department in 2002 asserted that President Bush's wartime powers superseded anti-torture laws and treaties. Gonzales, while at the White House, wrote similar memos.

Durbin says the White House has refused to give those memos to Democrats so they can determine exactly how the policies were crafted. JESSE J. HOLLAND (AP)

WINTER WEATHER | CALIFORNIA DREAMIN'



NICK UT/AP

SLOWDOWN: Trucks stop to wait out the heavy snow on Interstate 5 near Gorman, Calif., on Monday. The weather shut down part of the highway north of Los Angeles as Californians grappled with a second week of rainy and snowy weather.

Despite Death, Musket Shoot to Stay

CHARLOTTE, N.C. | A teenager was killed during a rural town's New Year's tradition of firing vintage black-powder muskets into the air, but town officials declared Monday that the centuries-old ritual would continue to be celebrated.

During the revelry early Saturday, a rifle exploded and pieces of the barrel struck 18-year-old Matthew K. Shook in the side of the head.

"There's no effort in place here to end the practice," Mayor Bob Austell said in a telephone interview. "This is something that's been going on in Cherryville for more than 200 years. We have grandsons firing off muskets that once belonged to their grandfathers."

SHIH FA KAO/AP

The annual musket shooting is a New Year's tradition in Cherryville, N.C.

Austell conceded, however, it was time to review safety standards for the "New Year's Shoot" in Cherryville.

Shook was outside a party in the nearby town of Dallas when a black-powder rifle exploded in his hands, police said. (AP)

In Brief

TOPEKA, KAN.

Court Rules State Must Spend More on Schools

The state must spend more money on public schools to meet the requirements of the state Constitution, the Kansas Supreme Court ruled Monday. The court did not say how much more money would be necessary for the state to have a constitutional school finance system. But it said the Legislature must take action by April 12 to "fulfill its constitutional duty" to improve public education in Kansas. (AP)

MIAMI

First Black Congresswoman Shirley Chisholm Dies at 80

Shirley Chisholm, an advocate for minority rights who became the first black woman elected to Congress and later the first black person to seek a major party's nomination for the U.S. presidency, died Saturday. She was 80. Chisholm, who took her seat in the U.S. House of Representatives in 1969, was known as a riveting speaker and an outspoken champion of women and minorities during seven terms in the House. (AP)

Chisholm

TALLAHASSEE, FLA.

Officials: Some Provisional Ballots Were Not Counted

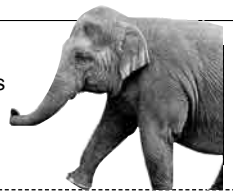
Nearly two-thirds of the provisional ballots cast in Florida on Election Day were not counted, mostly because the voters were not registered, officials said Monday. County elections officials said 27,742 provisional ballots were cast and 9,915 were counted, but 17,827 were rejected. (AP)

AUSTIN, TEXAS

Lady Bird Johnson OK After Brief Trip to Hospital

Former first lady Bird Johnson was at home and feeling better Monday after being treated for bronchitis at a hospital over the weekend, a spokeswoman said. The 92-year-old widow of former President Lyndon Baines Johnson was rushed to a hospital on Saturday after she almost fainted when she tried to stand. (AP)

ANIMAL AID: A year ago, they were filming scenes for "Alexander." Now six elephants are helping in Thailand's massive cleanup from last week's tsunami. Elephants, also being used in Indonesia, can reach muddy or hilly areas that heavy machinery can't.



World

YURIKO NAKAO/REUTERS

Tsunami refugees gather around a U.S. helicopter distributing much-needed supplies to Krueng Raya, some 15 miles northeast of Banda Aceh, Indonesia.

Logistics Snarl Aid Plans

U.N., Red Cross cite difficulties getting into hardest-hit areas

GENEVA | Logistical problems are hampering the unprecedented global effort to deliver aid to the millions of people suffering from tsunami damage around the Indian Ocean, particularly in Indonesia's Aceh province, the United Nations and Red Cross said.

With an international tsunami relief budget of about $2 billion, the amount of aid and staff arriving in the vast region is causing bottlenecks, said Jamie McGoldrick, an official of the U.N. Office for the Coordination of Humanitarian Affairs, or OCHA. "I think that it could be simply down to the fact there's just too many people arriving in these places," McGoldrick said.

McGoldrick said the United Nations, which has appealed for governments of tsunami-hit countries to remove all bureaucratic obstacles to aid deliveries, had received no reports of such problems. But tsunami destruction of roads and ports was complicating the problem, he said.

The International Federation of Red Cross and Red Crescent Societies said the Indonesian government has asked it to coordinate relief to Meulaboh, a hard-hit city. But the Red Cross efforts are being slowed by transportation bottlenecks, said spokeswoman Sian Bowen. "Some of the areas are pretty inaccessible," she said.

The Red Cross will likely rely on helicopters to deliver aid supplies to the worst affected areas of Aceh — which was hit hardest by the disaster — as many roads are still impassable and most communities lack runways for larger aircraft to land, Bowen explained. (AP)

Falling short: U.N. officials say tens of thousands of people affected by the tsunamis have not received help — and that some are dying | **Today's Post: Section A**

In Indonesia, U.S. Walks Fine Line in Relief Effort

Reaching out to most populous Muslim nation

JAKARTA | U.S. soldiers are being welcomed like heroes as they haul food and water into battered Indonesia, but their long-term presence could raise concerns that Washington is using the tragedy to establish a permanent military presence.

So far the U.S. relief campaign in Aceh province after the Dec. 26 earthquake and tsunami appears to be winning over even the harshest critics in the world's most populous Muslim nation. The disaster killed more than 94,000 people here and Indonesia is expected to get a large portion of the $350 million in aid that Washington has pledged.

Analysts said a successful relief effort could help boost the United States' sagging image among Muslims here.

Just weeks ago, the thought of U.S. soldiers on Indonesian soil would have drawn howls in a country where nationalism and suspicion of foreigners run deep. Indonesia has rejected offers of foreign troops to help it battle terrorism. It also opposed a U.S. plan to tighten security in the vital Malacca Straits, which might have stationed U.S. troops in the region.

Secretary of State Colin Powell, who arrived in Thailand on Monday night, said the U.S. relief effort was not a public relations exercise.

"We are not doing this because we are seeking political advantage, or just because we are trying to make ourselves look better with Muslims," Powell said. "We're doing this because these are human beings in need, in desperate need."

MICHAEL CASEY (AP)

OTHER DEVELOPMENTS

- **In Thailand, forensic experts** were exhuming 300 tsunami victims after learning their bodies apparently were mislabeled in the rush to bury the dead before they decomposed in the tropical heat, officials said.
- **U.N. humanitarian chief** Jan Egeland said at least 1.8 million people will need food aid. It will take about three days to get food to 700,000 people in Sri Lanka but much longer to reach the 1 million hungry in Indonesia, he said.

TSUNAMI | PATH OF DESTRUCTION

DIGITAL GLOBE/AP

FLATTENED: This combination of satellite images released by DigitalGlobe shows the shoreline of Banda Aceh, the capital of Sumatra's devastated Aceh province, on June 23, 2004, above, and on Dec. 28, after the tsunamis.

An Urgent Plea From Somalia

Promised aid has not yet arrived in country where 200 people died

NAIROBI, KENYA | At least 50,000 people in Somalia urgently need food, water, shelter and medical care a week after deadly tsunamis slammed African shores, a government spokesman said.

Some 24 countries, including the United States, Italy, Germany and Saudi Arabia, have pledged to send relief supplies to Somalia, but nothing has arrived on the ground, said presidential spokesman Yusuf Mohamed Ismail.

"We are very happy that relief supplies have arrived in Asia, which was hit the hardest by the tragedy, but Somalia — which has been ravaged by a 13-year civil war, drought and political neglect — also needs emergency help to deal with the latest calamity," Yusuf told The Associated Press on Monday.

At least 200 people were killed and many others are missing after violent waves hammered the Somali coast on Dec. 26, Yusuf said.

RODRIQUE NGOWI (AP)

World

DUST GOLIATH: Museum officials in Italy are considering ways to protect Michelangelo's David from dust brought in by tourists, Reuters reported. Options include blowing air from behind the statue, reversing a draft that allows dust to settle on the 500-year-old nude.

Canada: BSE Threat Negligible

Latest mad cow case not in food supply; U.S. to lift import ban

TORONTO | Canada's agriculture minister said Monday the country's second case of mad cow disease poses no threat to public health or trade.

Canada confirmed Sunday that an eight-year-old dairy cow from the province of Alberta tested positive for bovine spongiform encephalopathy. The results confirmed preliminary tests released last week.

Agriculture Minister Andrew Mitchell emphasized Monday that the infected cow did not enter the human food or animal feed supply and posed no risk to the public.

He also said it won't affect the United States' decision, announced last Wednesday, to reopen its border to Canadian cattle in March. The border was closed to Canadian beef 19 months ago when a cow in northern Alberta was discovered with mad cow disease.

"Canada has been assured by the United States Department of Agriculture that this case will have no impact on the restoration of live cattle and broadened beef trade," Mitchell said. ROB GILLIES (AP)

ZOHRA BENSEMRA/REUTERS

THE VICTIMS: An Iraqi hospital worker covers the bodies of two men killed in a suicide car bomb attack in Baghdad on Monday.

Attacks Kill 16 Across Iraq

Official reopens debate on delaying Jan. 30 vote

BAGHDAD | Insurgents pressed their bloody campaign to sabotage Iraq's Jan. 30 elections with three car bombs and a roadside attack Monday, one near the prime minister's party headquarters in Baghdad and others targeting Iraqi troops and a U.S. security company.

At least 16 people were killed, bringing the toll over two days to about 50 and emphasizing how poorly prepared Iraq's interim government is to provide security before the vote. U.S. and Iraqi leaders have repeatedly warned that the guerrillas would step up violence, but both have been unable to prevent attacks.

The country's defense minister, meanwhile, traveled to Egypt to seek help in getting Iraq's Sunni Muslim minority to take part in the elections. Leaders of the Sunni community, about 20 percent of the population, say the country is far too unsafe to hold the vote. A low turnout could undermine the legitimacy of the country's first free elections since the overthrow of the monarchy in 1958.

Defense Minister Hazem Shaalan suggested that if Sunnis agreed to participate, the vote could be postponed by a few weeks to give them time to prepare. Iraq's Sunni areas, mostly surrounding and west of Baghdad, have seen some of the worst violence in recent weeks.

But Fareed Ayar, a spokesman for Iraq's Independent Electoral Commission, was adamant that no delay was envisioned. "The commission is still working on holding the elections on schedule," he said. (AP)

In Brief

AFGHANISTAN

U.S. Troops Make Effort To Limit Number of Arrests

The U.S. military is taking as few prisoners as possible in its campaign against al Qaeda and the Taliban in Afghanistan, partly to forestall more complaints about its conduct after eight prisoners died in custody, a U.S. commander said Monday. Col. Gary Cheek said the troops would be "relentless" in chasing insurgents. But after a review of the military's policy on detentions, they were taking as few prisoners as possible as they try to win support. (AP)

ALGERIA

Leader of Militants Who Led Bloody Insurgency Arrested

Algerian security forces arrested the leader of the Armed Islamic Group, a radical insurgency movement, and killed his replacement, the Interior Ministry said Monday. The GIA was at the forefront of the bloody insurgency that erupted in 1992 after the army canceled elections to thwart a likely victory by Muslim fundamentalists. About 120,000 people have been killed in the violence. (AP)

GERMANY

Cutback in Jobless Benefits Leads to Clashes in Berlin

Several hundred protesters clashed with police at a Berlin unemployment office Monday as a sharp cutback in jobless benefits took effect. The new law taking effect Monday is part of German Chancellor Gerhard Schroeder's program to shake up the country's expensive welfare state benefit system and spur more economic growth. (AP)

RUSSIA

Outspoken Economic Adviser Removed From Key Post

President Vladimir Putin on Monday stripped many of the duties of his top economic adviser — an outspoken critic who has accused the Kremlin of trying to muzzle voices of dissent and civil society. Andrei Illarionov, who last week said the Kremlin efforts to censure the public would eventually spark mass protests, was stripped of his responsibilities as Russia's envoy to the Group of 8 industrial nations, the Kremlin said. (AP)

Peru Readies for Battle With Rebels

Forces aim to retake police station from gunmen

ANDAHUAYLAS, PERU | Government security forces moved into position Monday to retake a police station seized over the weekend by an armed nationalist group as the leader said on radio he was still willing to surrender under certain conditions.

Small groups of police and soldiers in camouflage gear and carrying automatic weapons moved downtown, hugging the walls under a heavy downpour. Sporadic gunfire crackled in the background.

The action came a little more than two hours after Radioprogramas radio broadcast a statement from Peru's Interior Ministry saying in light of former Maj. Antauro Humala's refusal to surrender, civilians living near the police station should "leave the area in face of the imminent start of actions to retake the police station."

Humala on Saturday overran the police station with 100 gunmen, wounding five officers and taking 10 hostages. The rebels had demanded the resignation of President Alejandro Toledo, who they claim has sold out Peru to business interests in Chile, a historic rival. Toledo refused to step down. (AP)

REUTERS

Humala talks on a cell phone Monday as his rebels continue their siege of a police station in Andahuaylas.

Kuwaiti Soldiers Held in Scheme to Strike Allied Troops

KUWAIT CITY | Kuwait has arrested up to four members of its armed forces who are suspected of plotting to attack allied troops, a Kuwaiti military spokesman said Monday.

Brig. Youssef al-Mullah would not identify the troops they were suspected of plotting against, but they are believed to be American. Kuwait is a staging ground for U.S. troops going into Iraq.

Kuwait has witnessed several small-scale attacks on U.S. troops, but this is the first time in many years that members of the armed forces have been held on such charges. (AP)

Money

MARCIO JOSE SANCHEZ/AP

James Denney, director of product marketing for TiVo, shows reporters in Alviso, Calif., on Monday how TiVoToGo allows file transfers from the TV to the PC.

TiVo Changes Screens

New feature lets users watch TV on computers

SAN JOSE, CALIF. | TiVo Inc. pioneered digital video recording as a new way of watching television — when you want it. Now it could be TV where you want it, too.

The long-awaited service feature called TiVoToGo, set to launch Monday, will give users their first taste of TiVo untethered.

No longer confined to TiVo digital video recorders in the living room or bedroom, subscribers will be able to transfer their recorded shows to PCs or laptops and take them on the road — as long as the shows are not specially tagged with copy restrictions.

Users also will be able to copy shows onto a DVD — soon after the service launch, company officials said. TiVo plans to extend TiVoToGo so it will work on other portable media gadgets as well.

TiVoToGo will be an automatic, free service upgrade for subscribers who own standalone Series2 TiVo DVRs. Also, the technology will work only with computers based on Microsoft Corp.'s Windows XP or 2000 operating systems, although a version for Macintosh computers is planned, TiVo officials said. MAY WONG (AP)

Report: Delta to Cut Fares

ATLANTA | A simpler, cheaper air fare schedule is reportedly coming to Delta Air Lines Inc., a move that could lure back customers to an airline struggling to avoid bankruptcy.

Delta is planning to replicate nationwide a fare-cutting plan called SimpliFares it has been testing since August in Cincinnati, leaving some flights 60 percent cheaper than before, according to a report in Time magazine.

The Atlanta-based airline wouldn't confirm or refute the report Monday, but airline industry analysts said they expected the change.

The main change would be a streamlined fare schedule to reduce fluctuations in what different fliers pay. Included in the changes would be elimination of the unpopular Saturday-stay requirements and cheaper fares for last-minute fliers, so the biggest savings would likely be felt by business travelers.

The moves would make Delta, the nation's No. 3 airline, more like low-cost airlines that have remained profitable in recent years while bigger, older airlines have struggled to survive. KRISTEN WYATT (AP)

Market Action

New York Stock Exchange

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
Alliimag	12.35	+1.10	+9.8
Turksh	18.82	+1.37	+7.9
Walgrn	40.38	+2.01	+5.2
Salton	5.95	+.29	+5.1
ActPerf	11.54	+.55	+5.0

Losers

BradPhm	15.92	-3.48	-17.9
KCS En	13.63	-1.15	-7.8
NS Grp	25.70	-2.10	-7.6
GnMarit	37.07	-2.88	-7.2
McMoRn	17.37	-1.33	-7.1

NASDAQ Stock Market

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
RF Inds	13.02	+4.81	+58.6
Trmfrd	7.90	+2.80	+54.9
Perficient	9.29	+2.73	+41.6
WorldGate	6.18	+1.19	+23.8
WatrInst	9.90	+1.87	+23.3

Losers

NHrzWrl	4.22	-1.39	-24.8
AthrGnc	18.72	-4.84	-20.5
ElectEner n	10.40	-2.30	-18.1
BOSLtd	3.34	-.62	-15.7
YDI Wlss n	5.00	-.84	-14.4

DOW	NASDAQ	S&P 500
-53.58	-23.29	-9.84
-0.50	-1.07	-0.81
10729.43	2152.15	1202.08

Biotech Stocks

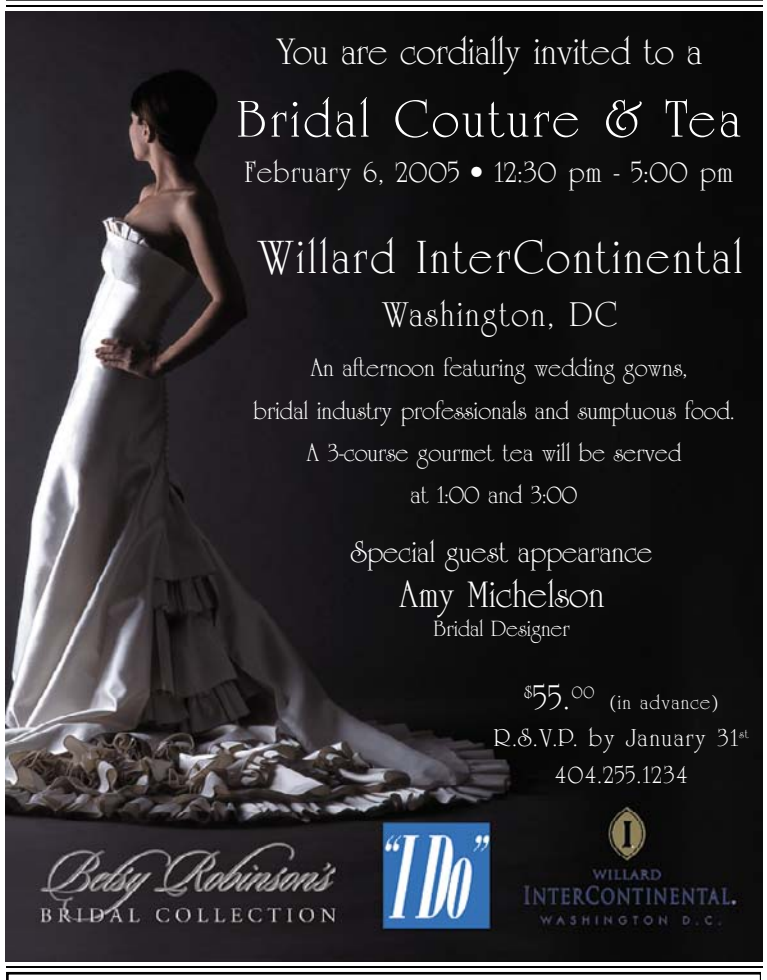
STOCK	LAST	DAILY CHANGE	YEAR TO DATE PERCENT CHANGE
Amgen	64.28	+.13	+.2
ApplBio	21.01	+.10	+.5
BiogenIdc	66.29	-.32	-.5
Celgene s	26.30	-.22	-.8
Chiron	33.01	-.32	-1.0
Genentch s	52.92	-1.52	-2.8
Genzyme	57.39	-.68	-1.2
GileadSci s	34.73	-.26	-.7
Imclone	46.12	+.04	+.1
LabCp	48.70	-1.12	-2.2
MedImun	27.06	-.05	-.2
MillPhar	11.97	-.17	-1.4
Monsnto	54.75	-.80	-1.4
OSI Phrm	72.30	-2.55	-3.4
QstDiag	94.73	-.82	-.9

Rates

	CURRENT	PREVIOUS WEEK
Prime Rate	5.25	5.25
Fed Funds close	2.3125	2.3125
3-month	2.28	2.19
2-year	3.09	3.05
10-year	4.22	4.30
30-year	4.81	4.92

Currency (Dollars in foreign currency)

	TODAY	PREVIOUS DAY	YEAR AGO
British Pound	.5250	.5216	.5578
Canadian Dollar	1.2071	1.1999	1.2883
European Euro	.7417	.7382	.7945
Japanese Yen	102.68	102.79	106.98
Mexican Peso	11.2325	11.1420	11.0720
Taiwanese Dollar	31.78	31.66	33.97



Home & Shopping.
Fridays.

express
A publication of The Washington Post

XX262

Local

BARRY ON BOARD: Newly sworn in, Marion Barry's first D.C. Council vote Monday was against a successful proposal to shift committee assignments. Barry didn't get any coveted chairmanships, but will sit on the Metro Board.

Five Indicted for Md. Arson

Prosecutors still seek motive for blaze in housing development

GREENBELT, MD. | Less than a month after a $10 million fire-setting spree that was described as the state's largest-ever residential arson, prosecutors announced Monday that five young men have been indicted by a federal grand jury.

Interim U.S. Attorney Allen Loucks — hours after being sworn in — made the announcement with top officials of five law enforcement agencies at his side. But his declaration included no information about the possible motives.

The suspects were indicted on identical charges of arson, conspiracy to commit arson, and aiding and abetting.

Loucks didn't rule out the possibility that other arrests could be made. The indictment alleges that the five suspects conspired with each other "and with other persons known and unknown to the grand jury." Loucks also wouldn't comment on why a sixth defendant, Michael Gilbert, 21, was charged but not indicted.

Prosecutors have said they were looking into whether race was a factor; many of the homeowners moving into the development were black while those arrested were white men in their early 20s.

Investigators believe they've answered the questions of "who, what, when and how," said Kevin Perkins, the FBI's special agent in charge of Baltimore's field office. But, he added, "still unknown is 'why'." GRETCHEN PARKER (AP)

MATT HOUSTON/AP

United States Attorney Allen F. Loucks, right, leads a press conference on Monday following the indictment of five suspects in the Charles County arsons.

District, Suburbs See Fire-Related Deaths Rise in '04

WASHINGTON | The number of fire deaths in the Washington region was up in 2004, with many occurring last month.

Fifteen people died in residential fires in Prince George's County, Md. last year — more than double the number from the year before. Fifteen people also perished in the District of Columbia — three more than in 2003.

Ten died in Fairfax County, Va., compared to seven the year before.

Montgomery County, Md., saw the only drop. Four people died in fires, one less than in 2003.

Fire officials say most of the deadly fires started in homes and could have been prevented before even starting.

"It's people smoking, cooking, using space heaters and decorative candles," said Capt. Chauncey Bowers, a spokesman for the Prince George's County Fire/Emergency Medical Services Department. CANDACE SMITH (AP)

The Lotteries

Monday, Jan. 3

DISTRICT

Mid-day Lucky Numbers	6-5-8
Evening Lucky Numbers	1-5-3
Mid-day DC 4	2-9-9-4
Evening DC 4	9-3-0-9
Quick Cash	26-19-12-39-29-36
Hot Five	27-5-3-19-4

MARYLAND

Mid-day Pick 3	8-2-3
Evening Pick 3	9-9-0
Mid-day Pick 4	5-1-5-2
Evening Pick 4	4-7-0-4
Match 5	2-20-26-32-35 Bonus: 38

VIRGINIA

Mid-day Pick 3	9-1-8
Mid-day Pick 4	6-0-6-9
Mid-day Cash 5	6-13-22-25-26

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

read.
ride.
recycle.

When you're done with today's Express, take it with you. Then pass it on. Or, dispose of it in a Metro recycling bin or other proper receptacle. And thanks for reading.

keep the circle
express

XX263 1x5

CDL Training

• NO EXPERIENCE NECESSARY
• FULL & PART-TIME CLASSES
• FINANCING AVAILABLE
• JOB PLACEMENT
• ENROLLING NOW

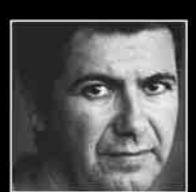
ALLIANCE
TRACTOR -TRAILER TRAINING CENTERS
LADYSMITH, VA

1-800-334-1203
www.alliancetractortrailer.com

Personal Technology.
Tuesdays.

express
A publication of the Washington Post

XX247



Rapid (Next Day) Improvement in Depressive Symptoms Research

The Mood & Anxiety Disorders Program at NIMH is conducting research on depression and rapid improvement of symptoms. NIMH is seeking people with depression who are:

• Free of other serious medical conditions
• Between the ages of 18-60
• Willing to participate in a minimum of a 12-day inpatient stay

to participate in inpatient studies at the NIH Clinical Center in Bethesda, MD.

Research medications provided free of charge. Compensation and transportation reimbursement is provided.

Atendemos pacientes de habla hispana.

Call: 301-496-5645
(TTY: 1-866-411-1010)

The National Institute of Mental Health
National Institutes of Health,
Department of Health & Human Services

NIMH
National Institute of Mental Health

READY TO RACE: Virginia Attorney General Jerry Kilgore filed paperwork Monday formally establishing his campaign for governor. He faces a token challenge for the Republican nomination for the Nov. 3 election.

Local

New Push for Voting Rights

Soldiers make plea to Congress on D.C.'s behalf

WASHINGTON | When Emory Kosh talked democracy with his fellow soldiers in Iraq, many of them were shocked to hear that the District of Columbia doesn't have a vote in Congress.

Soldiers from other states wrote home to their families about District voting rights, he said. Kosh has since been honorably discharged and is back at home, so on Monday he and two other D.C. veterans from his company took their fight to Congress.

"I want to speak up and ask that Congress take the first step [Tuesday] to give my family and me and my fellow D.C. citizens voting representation," said Kosh, 22.

Del. Eleanor Holmes Norton, D-D.C., was allowed to vote on the House floor from 1993 until 1995, when Republicans took control of Congress and changed the rules.

Norton wants another rules change to restore the vote in the 109th Congress, which convenes Tuesday. Mayor Anthony A. Williams and Councilwoman Carol Schwartz, the city's lone Republican elected official, also vowed to lobby for the vote.

"Our country and most democracies would find the withdrawal of voting rights intolerable anywhere in the world," Norton said.

Kosh said the vote would be less than Iraqi citizens will have on Jan. 30. But it's the first step toward full democracy for D.C., he said.

Kosh, 22-year-old Marcus Gray and Isaac Lewis, 26, all combat engineers charged with clearing mine fields, requested meetings with House Speaker J. Dennis Hastert, D-Ill., and Democratic Leader Nancy Pelosi of California.

Pelosi met with the trio Monday, but Norton said Hastert had refused even a meeting with his staff.

BRETT ZONGKER (AP)

Md. Man Dies of Hepatitis C

Officials investigate testing company's Timonium pharmacy

BALTIMORE | A Brooklyn Park man infected with hepatitis C during a heart test in October died on Christmas Day, his daughter said.

John Leto, 80, died at Harbor Hospital after developing pneumonia, said Delma Macey, 63, of Severna Park, Md. Macey said her father, who walked daily, went Oct. 15 for a "routine stress test."

Dublin, Ohio-based Cardinal Health said Maryland health officials are focusing their investigation on the company's Timonium pharmacy. All 12 of the hepatitis C cases identified so far were among a group of 16 people who received doses of a radioactive testing isotope from a single vial on Oct. 15, the company said in a statement posted to its Web site.

Cardinal spokesman Jim Mazolla said the company "offers our condolences to the family and we are working as quickly as we can with the department [of health] to find the source." ALEX DOMINGUEZ (AP)

HAMPTON, VA. | UPENDED

ADRIN SNIDER/DAILY PRESS/AP

IN A DITCH: A man examines a school bus resting in a ditch early Monday after a crash in Hampton, Va. The bus, containing 31 students, rear-ended a car, then overturned, injuring 16 pupils from Machen Elementary School.

Trial Delayed for Defrocked Priest

BALTIMORE | A frustrated judge on Monday postponed the trial of a defrocked priest accused of molesting a young parishioner who later shot him. It's the sixth time Maurice Blackwell's trial has been postponed.

Blackwell, 58, faces four counts of child sexual abuse against Dontee Stokes, whom he baptized as a baby and who served as an altar boy at St. Edward Catholic Church in west Baltimore.

Circuit Judge Stuart Berger had denied a request earlier Monday for a postponement. But when both Blackwell's attorney, Kenneth Ravenell, and prosecutor Jo Anne Stanton said Monday afternoon that they were having trouble getting witnesses ready for trial, Berger reluctantly agreed to reschedule.

The judge set a new trial date of Feb. 10, canceling his own leave of absence that week and saying there would be no basis for any further postponement. (AP)

100% Certification PASS Rate!

Insyte Computer Education

Now Registering for January Classes! Resume & Job Placement Assistance Available

Hurry! Register NOW! Classes are filling up quickly!

No Excuses! UPGRADE YOUR CAREER in 2005!

Become a Microsoft CERTIFIED Systems Engineer

A+ Technician	$495
Network +	$595
Microsoft - MCSE 2003	$2495
CISCO - CCNA	$895
CISCO - CCNP	$2495
Web Developer (CIW)	$995

Certified Ethical Hacker with Linux Primer for $1995!

A+ Technician Network+ and MCP - Microsoft Certified Professional

"Get all three IT Certifications in less than 14 weeks!"

only $1695

offer ends January 10, 2005

CALL NOW!!! 703.535.8600

Visit us at www.ICEisCOOL.com

web membership web membership web membership web membership

FA$T CA$H!

$100-$1000

JOB & DIRECT DEPOSIT REQUIRED / NO CREDIT CHECK

1-888 ACE PAYS

or apply online at

www.acepays.com

This is a cash rebate for joining the www.acepays.com website. This is not a loan product. Recipient keeps the cash rebate! Early Termination Fee applicable for cancellation or termination.

web membership web membership web membership web membership

insights A NEW MUSEUM SERIES

Leading physicians, scientists, bioethicists, and social commentators reflect on the Museum's latest exhibition, *Deadly Medicine: Creating the Master Race,* and its relevance to our time.

DOING GOOD: THE PROMISE AND PERILS OF SCIENCE

The Nazis drew on the science of their day in their pursuit of "perfection" and the creation of the "master race."

Dr. Ruth Faden, Director of the Phoebe R. Berman Bioethics Institute at Johns Hopkins University and the daughter of Holocaust survivors, explores the implications of this history in light of current medical innovations to enhance appearance and intelligence or prevent disease.

THURSDAY, JANUARY 13 • 7 P.M.

FUTURE *INSIGHTS* PROGRAMS

February 10 • **Leon Wieseltier,** Literary Editor, *The New Republic*

March 17 • **Leon Kass,** Chairman, President's Council on Bioethics

April 12 • **Arthur Caplan,** Director, Center for Bioethics, University of Pennsylvania

Admission is free, but seating is limited. For reservations, call 202.488.0407.

For reservations at future *Insights* programs, please e-mail special_events@ushmm.org.

***Deadly Medicine* will be open before and following the program.**

Doors open at 6 p.m.

UNITED STATES HOLOCAUST MEMORIAL MUSEUM

100 Raoul Wallenberg Pl., SW | Washington, DC 20024 | www.ushmm.org | Metro: Smithsonian

CTC CLINICAL TRIALS CENTER WRAIR

VOLUNTEERS NEEDED

For an Investigational Oral Vaccine Study

PURPOSE: To study the safety of an experimental Vaccine to Prevent diarrhea.

YOU MAY BE ELIGIBLE TO PARTICIPATE IF YOU ARE:

- Between the ages of 18 and 45
- In good general health
- Have never had enterotoxigenic *Escherichia Coli* (most common cause of traveler's diarrhea?) or currently work with it in the lab.
- Available for up to 15 outpatient visits (for up to 2-month) and a 6 month follow-up phone call

YOU WILL BE PROVIDED:

- A no-cost health screening
- Compensation for your time and effort

WHERE: Walter Reed Army Institute of Research in Silver Spring, MD

CONTACT: 1-866-856-3259 Toll Free

301-319-9335/9320

www.ARMYClinicalTrials.com

A FULL SERVICE MEDICAL CLINIC

Affordable Safe Weight Loss Clinic
10 % DISCOUNT WITH AD
Mofi Wright MD, Board Certified, Internal Medicine, 1450 Mercantile Lane, St 217 Largo, MD. 301-562-8930 now for appt.

CPR EXPRESS

Provided by Registered Nurses & Available 24 Hours

Call 301-248-3736 or fax to 301-248-1789

Stop Smoking, Lose Weight

Achieve Your Personal Goals
Roberta Haber, PhD, CCH
Board Certified Clinical Hypnotherapist
Washington DC 202-297-4430

1-800-Therapist

Need help finding the right mental health professional? Call us for free referrals to highly qualified therapists in VA, DC & MD. Local: 703-532-7077

AFFORDABLE HEALTH, DENTAL & VISION

LOW RATES from Top Companies
301-424-4011 or 1-800-451-9699
www.InsuranceBrokersUSA.com

Volunteers Needed

Beltsville Human Nutrition Research Center Beltsville, MD

IS RECRUITING VOLUNTEERS WHO ARE:

1) OVERWEIGHT 2) NONSMOKING
3) AGE 35 - 65 YEARS

FOR NUTRITION RESEARCH

If you meet all the above criteria, you may be eligible for this study.

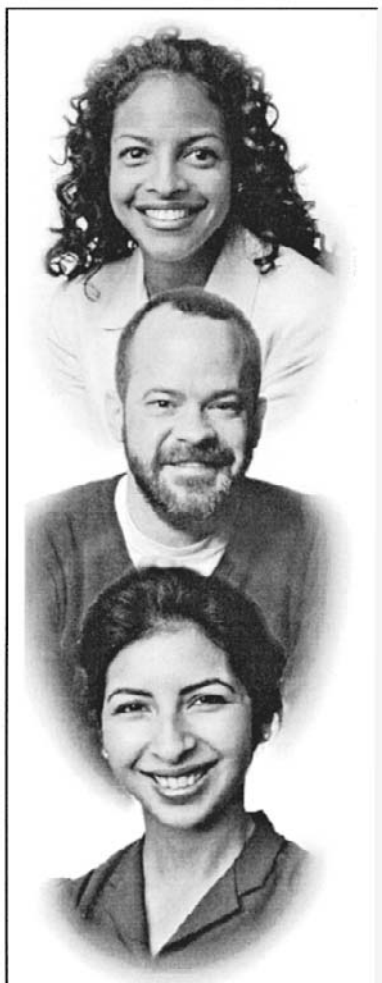
PARTICIPANTS WILL BE COMPENSATED

This is a study to evaluate the effects of protein and carbohydrate on body weight and body composition

FOR INFORMATION, CALL:

USDA

(301) 504-5454 or VISIT OUR WEB SITE
www.barc.usda.gov\bhnrc and click on 'volunteering info.'



The NIH Clinical Center is currently conducting approximately 1,000 studies. All studies are conducted under the safety and testing standards of the U.S. Food and Drug Administration.

NATIONAL INSTITUTES OF HEALTH
NIH Clinical Center
Bethesda, Maryland

The NIH Clinical Center is the world's largest hospital devoted entirely to research on common and rare disorders. All study-related tests and medications at the NIH Clinical Center are provided at **no cost. Please consider participating in a study.**

A sample of some of the conditions being studied are:

Arthritis
- Osteoarthritis in Men
- Rheumatoid Arthritis

Cancer
- Breast Cancer
- Recurrent or Non-responding Cancer

Neurological Disorders
- Parkinson's Disease
- Stroke

Other Disorders
- Hereditary Pulmonary Fibrosis
- Leg Claudication
- Premature Ovarian Failure
- Type 1 Diabetes

To participate in a study, contact us at:
1-866-444-8810
TTY#: 1-866-411-1010
Se habla español
http://clinicalcenter.nih.gov

VOLUNTEERS NEEDED
PREVENTION OF TYPE 2 DIABETES RESEARCH STUDY

You may be eligible to take part in this research study if you are:

Overweight, 18 years or older, do not have type 1 or type 2 diabetes and have one or more risk factors for diabetes:

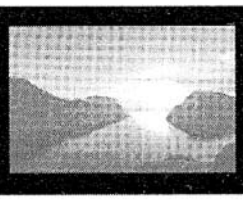
- ❑ A family member with diabetes
- ❑ High blood pressure or high cholesterol
- ❑ Had a baby weighing more than 9 pounds at birth
- ❑ Had diabetes during your pregnancy
- ❑ Minority race

Participants will receive study-related medical supervision, physical exams, lab services, tests and study medication at no charge.

For more information
202 444-4779

Georgetown University Medical Center

Wish You Could
RELEASE YOUR WORRIES?



- **Are you consumed with excessive worry, nervousness, tension, or fear?**
- **Do you feel "on edge" and unable to relax?**
- **Do you have trouble sleeping or frequent crying spells?**
- **Is your personal and professional life suffering?**

If you feel this way more days than not for a period of six months or more, you may have Generalized Anxiety Disorder and may qualify for this research study. Participants will receive confidential study-related medical care at no cost.

For more information or to see if you may qualify, please call:

CAPITAL CLINICAL RESEARCH ASSOCIATES
301-770-7375

Depressed Again?

If you have been depressed before and were treated but are now

Depressed Again

You may be eligible for a depression research study. Subjects should be between 18 and 65 and previously have taken antidepressant medication. Participants will receive investigational study-related medical care and lab work.

To learn more about this study, please call

CAPITAL CLINICAL RESEARCH ASSOCIATES

301-770-7375

CTC WRAIR

Malaria Vaccine Research Study

PURPOSE: To study the safety and effectiveness of a new investigational Malaria Vaccine.

Volunteers Needed: Healthy Men and Women Aged 18-45 Years Without Previous History Of Malaria Or Receipt Of A Malaria Vaccine.

Health Screening And Financial Compensation Provided.
Where: Walter Reed Army Institute Of Research in Silver Spring, MD

CONTACT: 1-866-856-3259 toll free or (301) 319-9335/9320

or www.wrairclinicaltrials.com

RESEARCH OPPORTUNITIES FOR COCAINE USERS

If you currently use cocaine and are interested in participating in an inpatient drug research study sponsored by the National Institutes of Health, and are:

Between 18-45 Years of Age

Call 1-866-750-2165 for more information

And to schedule a confidential screening interview to see if you qualify.

Studies will be conducted in the ***Clinical Pharmacology Unit of a federal medical research facility in Bethesda, Maryland***

DO YOU FEEL ANXIOUS IN SOCIAL SITUATIONS?

Are you afraid of meeting new people and talking to others?

Do you feel uncomfortable when—

- Attending parties
- Speaking in public
- Eating or reading in front of others
- Asking someone out on a date

Do your social fears affect your performance at work or school?

Behavior Therapy is available, free of charge, to qualified men and women with social phobia through a grant from the National Institute of Mental Health to the Maryland Center for Anxiety Disorders at the University of Maryland. Interested adults should contact the Maryland Center for Anxiety Disorders at (301) 405-9732. A brief phone interview will be conducted to determine eligibility.

(Clinicians will assist those who do not qualify for the program to find other treatment)

THIS STUDY DOES NOT INVOLVE MEDICATION

UNIVERSITY OF MARYLAND

RESEARCH OPPORTUNITIES

If you currently have used prescription or non-prescription pain medication for non-medical use at least five times in the last year and are interested in participating in a 25 day inpatient drug research study and are:

- **A Healthy, Male or Female**
- **Between 18-50 Years Of Age**

1-866-750-2165

For More Information

And to schedule a confidential screening interview to see if you qualify. Studies will be conducted in the Clinical Pharmacology Unit of a federal medical research facility in Bethesda, Maryland.

ASTHMA Volunteers Needed for NIH Asthma Research Study

The **Pulmonary-Critical Care Medicine Branch** at the **National Institutes of Health** is looking for individuals with asthma between the ages of 18-65 to participate in a research study. A thorough medical evaluation and monetary compensation will be provided. If interested, please call **301-402-1553.**

"Department of Health & Human Services, National Institutes of Health, National Heart, Lung, and Blood Institute"

BOTOX INJECTIONS

$190 for the first site

Also, specials on other skin services.

703-237-7546 or 703-492-9445

See **WHODUNNIT**

Mysteries. One Sunday a month. Book World.

The Washington Post

NF202

express

health directory

Volunteers Needed!!!

Investigational Malaria Drug Study. Minutes from Medical Center Metro Station in Bethesda.

Located On the Campus of the National Naval Medical Center

WHO:

Healthy Men and Women, 18-55 Years of Age

HOW:

1 Screening Session and 9 Flexible Visits

COMPENSATION PROVIDED

For more info call;
1-866-750-2165

See WHAT'S ON

TV Listings. Sunday. TV Week.

The Washington Post

NF202

living large?

How do you make the most of your small space — and even smaller budget? Send a photo and description of your decorating or organizational solution, and we might just feature it in **"Watch This Space,"** on Fridays in the Home & Shopping section.

Email with your info to:
home@readexpress.com.

Or mail to:
Home Editor, Express
P.O. Box 17370
Arlington, VA 22216.

express
A publication of The Washington Post

XX376 2x6

READ THIS OUT LOUD

BECAUSE THERE'S A CHANCE SOMEONE CLOSE TO YOU CAN'T.

A lot of people in DC have some trouble with reading or math. Now there are programs designed to help adults get the skills they need or their GED. These programs are free or low cost and near bus or Metro stops.

GED | LIFELONG LEARNING | ESL

TOLL-FREE **1-866-READ-OUT** (1-866-732-3688)

A program of the Government of the District of Columbia, Anthony A. Williams, Mayor www.ReadOutLoud.org

express
A publication of The Washington Post

Health & Fitness

Staying Fit ... In February

Want to be sure you'll stick with your fitness plan? Here's how.

RESOLUTIONS | With the start of 2005, millions are embarking on exercise regimens that most will abandon within weeks.

"In January, nearly every health club is bulging at the seams, and by mid-February, they're half empty," noted John M. Jakicic, chair of the Department of Health and Physical Activity at the University of Pittsburgh.

That's because expectations about exercise and reality often don't match. Those who have resolved to get fit in the New Year frequently underestimate the time it takes to get in shape and the effort involved. They also overlook the real — and perceived — barriers to exercise in a world that increasingly engineers physical activity out of daily life.

It doesn't have to be this way. Physiologists offer the following advice for sticking with an exercise routine:

FIND AN ACTIVITY YOU LOVE. You might think you should jog, but if you hate running, you won't stick with it. "The best activity," noted Jakicic, "is the one you do, not the one you think you will do."

GO SLOW. Too much too soon is a recipe for injury. If you try to start with a full routine, "the body is overwhelmed," said William J. Kraemer, professor of physiology at the University of Connecticut in Storrs. "You have to ... build the exercise habit."

How slow to go? Plan for 20 minutes a day the first two weeks, especially for those 30 and older. At that age, "you can't get in shape in two weeks," said Kraemer. Start with "very easy" workouts, he said.

WAIT FOR THE WEIGHTS. Starting everything at once — cardiovascular, weight training, cutting back on calories — leads to failure, Kraemer said. Begin weight training about four weeks into your routine. "Start lifting twice a week for about two to three weeks," he said.

GET SOME EQUIPMENT. There's always a risk your stationary bike will be an expensive clothes rack. But Jakicic and his colleagues find that people with home exercise equipment stay active.

PROXIMITY COUNTS. Be sure whatever you choose to do is close to your home, office or school. Take advantage of free stuff nearby. Studies suggest people near parks and recreation centers are more active.

DEVELOP A PLAN. Make workouts as much of a habit as brushing your teeth. Research suggests that setting aside the same time daily for one activity leads to success. "Don't ... say, 'One day I'll do this, one day I'll do that,'" Jakicic said. "Have a very specific plan."

SALLY SQUIRES (WASHINGTON POST)

Whatever type of activity you opt for, make sure you develop a specific plan.

Health & Fitness

TONY DEJAK/AP

DO AS I SAY... A heart researcher grabs a McDonald's burger from inside the clinic.

McDoctors?

Physicians try to discharge fast food from hospital eateries

HEALTH | Andrew Hudnall agonized about whether his doctor would be unhappy with his lunch. The 57-year-old heart patient had bought a McDonald's sandwich — in the food court of the Cleveland Clinic, where doctors are trying to get fast food out of the building.

Pizza Hut left. Nine remain, including McDonald's and Subway.

"People are here for heart problems, including me. ... This is tempting," said Hudnall.

Having fries at the Cleveland Clinic, a leading center for treating heart disease, sends the wrong message, clinic officials said.

"We're looking at every vendor on campus and asking if this represents what we are trying to present to our patients," Angela Calman, Cleveland Clinic spokeswoman, said.

Prominent heart researchers and surgeons work at the heart center, which sees more than 205,000 patients annually.

"Do we serve healthy foods because we're in a health care facility, or do we serve what the customers are interested in?" said Joyce Hagen-Flint, president of the American Association for Health Care Service Administrators.

"Our role, when we saw this as an emerging issue, was to become part of the solution," Ken Barun, McDonald's Corp. senior vice president, said. One solution, he said, is a "Happy Meal" featuring a salad and a pedometer. M.R. KROPKO (AP)

ADVANCED CHIROPRACTIC & SPORTS THERAPY CLINIC

Your Solution To Pain Management and Health

Do You Have Any Of These Symptoms:

- Headaches
- Pinched Nerves
- Neck/Back Pain
- Sports Injuries
- Whiplash
- Carpal Tunnel
- Numbness/Tingling
- Arm/Leg Pain

Convenient From Farragut North & West Metros

1001 Conn., Ave. NW Ste 228 • 202-293-8400

We Use Gentle Chiropractic Care
Most Insurances Accepted
Massage Therapy Available
Automobile Accidents
Workers Compensation

Hours:
8am - 1:30pm/3:30-6pm M, W, F
10am-6pm T, TH
Saturday by Appointment Only

most·local WOMEN

America's Favorite CHATLINE™

202-414-6444
410-986-4300
703-842-0099

Find Your Local Number
1-800-2 10-10 10
Use Trial Code 6730

FREE TRIAL

Live Links CHATLINE

1-900-289-4444 $1.99/min. 18+ www.LIVELINKS.com

INVENTORY CLEARANCE

GREAT DEALS FOR THE NEW YEAR!

COMPUTERS & SERVERS

Pentium 2 266-350Mhz CPU's 64mb 4-6.4GB CD Rom 10/100Nic	$59
Compaq DeskPro P3 450Mhz 128mb 4-6.0GB CD 10/100Nic	$89
Compaq DeskPro P3 800Mhz 128mb 10.0GB CD 56K Nic Win2K	$179
Compaq DeskPro P3 1.0Ghz 128mb 20.0GB CD 56K Nic Win2K	$199
HP Vectra VL420 P4 1.7Ghz 512mb 20.0GB CD 56K Nic Win2K	$299
P4 Multimedia Home Systems From SONY VAIO & VPR MATRIX Towers	$399
512mb 80.0GB DVDRW/CD XP Home	$529
SERVERS: Proliant, Poweredge, MPRO Intellistation, Netserver & More From	$199
DELL SERVER 6300 P3 Xeon 550Mhz 512mb 5x9.1 Hot Swap CD Nic	$399

LAPTOPS

Pentium 2 Multimedia Laptops 64-128mb 4-6.0GB CD with Adapter	from $199
Compaq Armada 7200 P2 366Mhz 128mb 4-6.0GB CD & Modem	$249
IBM ThinkPad 600x P3 500Mhz 128mb 6.0GB CD 56K Modem TFT	$349
HP OMNIBOOK 6000 P3 700Mhz 192mb 10.0GB DVD 56K Nic TFT	$449
IBM ThinkPad T20 P3 700Mhz 256mb 20.0GB DVD 56K Nic 14.1	$499
COMPAQ Armada E500 P3 900Mhz 256mb 10.0GB CD 56K Nic 14.1 TFT	$549
NEW! COMPAQ EVO P4 2.4Ghz 256mb 60.0GB CD 56K Nic XP Pro	$959
IBM G40 P4 2.4Ghz IN BOX! 256mb 60.0GB COMBO 56K Nic XP Pro	$1099

PCRetro.com Can Supply it All! From an inexpensive system for the kids to Delivering, Equipping & Installing your entire office at bulk rate! Let us be your source for top quality, name brand, IT Equipment

PCRETRO.COM
7578 Ritchie Hwy.
Glen Burnie, MD
410-553-6840

PC RETRO.COM COMPUTER WAREHOUSE

Computer Warehouse
7516 Leesburg Pike
Falls Church, VA
703-821-1400

PCRETRO.COM
5031 Garrett Ave.
Beltsville, MD
301-931-6630

UMBC
AN HONORS UNIVERSITY IN MARYLAND

In Today's Ultra-Competitive Job Market, The Better The IT Grad School, The Better the IT Job Opportunities Waiting For You When You Graduate.

In today's ultra-competitive IT job market, earning your Master of Science in Information Systems from UMBC puts you in an elite category of the most sought after IT job candidates by professional IT recruiters and the nation's top IT employers. And UMBC's fully accredited IT master's degree can be earned completely online.

But Hurry, UMBC Spring Registration Ends January 14th.

Not quite ready to enroll? Then apply now and you can delay your enrollment for up to a full year. That'll give you time to apply for financial aid, talk to your employer about their reimbursement program, shop the job market or just save up the bucks to get started. And remember, you can earn your degree totally online!

To Apply Online Log Onto www.online-ms.umbc.edu! Or Call 1.800.353.UMBC!

UMBC
AN HONORS UNIVERSITY IN MARYLAND
1000 Hilltop Circle Baltimore, Maryland 21250

Sports

GEOGRAPHY BE DAMNED: Baseball's Angels have a new name: The Los Angeles Angels of Anaheim. But the name change could provoke a fight with the Anaheim City Council, which claims the change breaks the terms of the team's 33-year lease with the city.

Gibbs Lays Down the Law

Coach warns players to show up in offseason

REDSKINS | Joe Gibbs laid down the law to his players Monday, a day after the end of his worst season as an NFL coach. His message: Show up for every single offseason workout, meeting and practice — or else.

"We can't afford to go through another year without making some real serious improvements," the Hall of Fame coach said.

A few weeks ago, there were rumors that Gibbs, a 64-year-old diabetic, might step down for health reasons. Instead, he appeared ready to shift into a higher gear, starting with a weeklong evaluation of every player on the roster in preparation for another big-spending round of free agency.

The next six months, he said, will be "the most important part" of his return to coaching after 12 years away.

Gibbs took full responsibility for an offense that ranked 30th in the league and scored more than 21 points just twice all season. The Redskins went nowhere despite having the most expensive roster and highest paid coaching staff in NFL history.

Gibbs admitted he might have been rusty at times, and it showed in his spotty clock management and in game plans that often appeared outdated.

He cited progress made toward the end of the year — the Redskins won three of their last five — but he said he's willing to overhaul his offensive schemes if necessary.

"We need to take a real long hard look at everything on offense," Gibbs said.

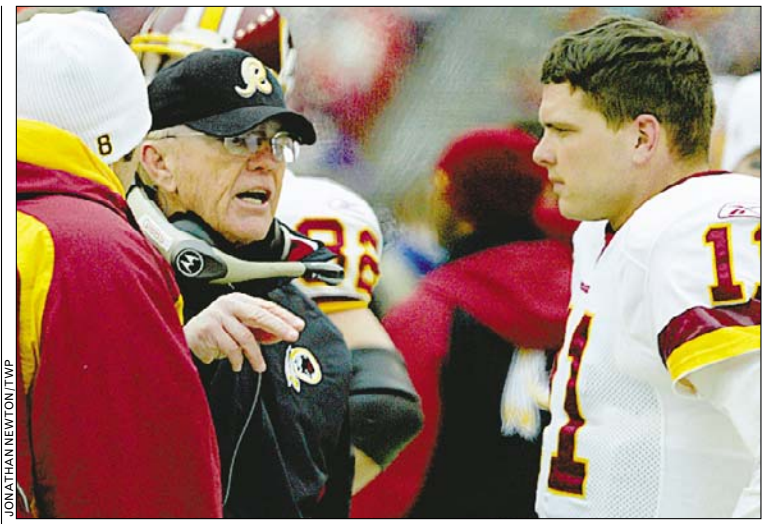
Gibbs was also quick to defend himself, including from criticism of last season's high-priced shopping spree.

Only tight end Walter Rasby and linebacker Mike Barrow went in his negative column, while his roll call of positives included quarterback Mark Brunell — benched nine weeks into the season — and running back Clinton Portis — a $50.5 million signing who proved an awkward fit in Gibbs' offense.

To Gibbs' credit, the list also included standouts Cornelius Griffin, Shawn Springs, James Thrash, Sean Taylor and Chris Cooley.

Gibbs challenged his players to match his work ethic, saying he expects 100 percent attendance during offseason programs that are officially deemed "voluntary." He said anyone who skips is making a statement.

"If they make that statement, then we're going to act accordingly," Gibbs said. JOSEPH WHITE (AP)



JONATHAN NEWTON/TWP

Head coach Joe Gibbs has said Patrick Ramsey will be his starting quarterback next season. But Gibbs said the Redskins offense will likely see changes in 2005.

NFL Insider: Washington Post sports columnist Mark Maske previews the NFL playoffs, which begin this weekend | **1 p.m., washingtonpost.com/liveonline**

SUGAR BOWL | CAPTURING THE MOMENT

ED REINKE/AP

TECH FAITHFUL: Virginia Tech band members Andy Fitzwater, left, and Kristen Nichols, top right, take photos at Monday's Sugar Bowl between the Hokies and Auburn. ✤ **Late game:** For results | **washingtonpost.com/sports**

Brunell May Be Ready to Start Over

Redskins quarterback not sure if he wants to return as a backup

REDSKINS | Mark Brunell is uncertain whether he would be content to return the Washington Redskins as a backup.

Brunell, who was benched in favor of Patrick Ramsey in November, commented Monday for the first time on coach Joe Gibbs' announcement two weeks ago that Ramsey will be the starter next season. "I want to play, there's no question," Brunell said. "I'm confident that I can still play, no doubt about that. It would be hard to be a backup as it has been the last few weeks."

Brunell, 34, ranked last in the league in completion percentage when he was benched. His stats were the worst of his 11-year career, and he failed to throw for 100 yards in five of his nine starts.

Ramsey led the Redskins to victories in three of their last five games as the team finished 6-10.

"Starting this season, but not being able to finish, that was the frustrating part, particularly when we were about to turn the corner and get some things going," Brunell said. Asked what his future holds, Brunell said: "I don't know. Honestly, I expect to be a Redskin, and I want to be a Redskin." JOSEPH WHITE (AP)

Quicken Founder Buys Cavaliers

NBA | The Cleveland Cavaliers were bought Monday for $375 million by the founder of the nation's largest online mortgage company, who acquires a team that has surged from the NBA's depths since the arrival of LeBron James. Dan Gilbert, founder of Quicken Loans, will assume ownership of the team and operational control of the 20,000-seat Gund Arena once the league's Board of Governors approves the deal. Former owner Gordon Gund will maintain a minority stake of no more than 10 percent, a source told the AP. (AP)

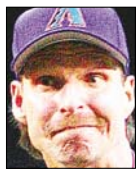
Selig OKs Yanks' Trade for Johnson

BASEBALL | Commissioner Bud Selig gave his blessing Monday to a trade that will send Randy Johnson to the Yankees, making a contract extension the last major obstacle to be resolved in the drawn-out Arizona-New York swap.

New York was given a 72-hour window to come to terms with the five-time Cy Young Award winner. Johnson's current deal pays him $16 million in 2005 and expires after this season.

The Diamondbacks would receive pitchers Javier Vazquez and Brad Halsey, catcher Dioner Navarro and $9 million.

Arizona also agreed Monday to a trade that would send Navarro and other prospects to the Dodgers for Shawn Green and $8 million. The outfielder was part of a three-team, 10-player swap involving Johnson and the Yankees that collapsed Dec. 21.



Johnson

Selig gave Arizona a window to work out an extension for Green. Both trade windows begin Tuesday and end at noon Friday. (AP)

TODAY'S TV LINEUP

ORANGE BOWL (8 P.M. ON ABC) The top-ranked teams all year, USC and Oklahoma, meet in the Orange Bowl in Miami for the BCS national championship.

NBA (7 P.M. ON NEWSCHANNEL 8) The Washington Wizards look for a second-straight home victory when taking on the New Jersey Nets.

COLLEGE HOOPS (8 P.M. ON COMCAST) The Maryland Terrapins play their first game of the New Year against Mount St. Mary's.

NBA (8:30 ON NBA-TV) The San Antonio Spurs look for a measure of revenge from last year's Western Conference finals against the Los Angeles Lakers.

"I'm scared we could be looking at a year, year-and-a-half, two years, not just three months like a lot of people thought."

—**Wayne Gretzky**, on fears of what could happen if the NHL lockout is not ended soon.

Md. Teen Caught Scamming Past, Present NFL Stars

BALTIMORE | A 19-year-old man obtained the phone numbers of current and former NFL greats and, claiming to be a fellow player, told "elaborate" tales of financial distress and talked them into wiring him money, police said.

Lewis Sills of Elkridge, Md., faces charges of theft and identity theft after stealing or trying to steal from Philadelphia Eagles quarterback Donovan McNabb, former Washington Redskins cornerback Darrell Green and Oakland Raiders defensive end Warren Sapp, Howard County police said.

After persuading Green and McNabb to wire him money, Sills called Sapp, who became suspicious. Sapp's financial manager contacted police, who arrested Sills. (AP)

NBA

EASTERN CONFERENCE

ATLANTIC	W	L	PCT.	GB	L10	CONF.
New York	16	14	.533	—	6-4	9-9
Philadelphia	13	16	.448	2.5	6-4	10-6
Boston	13	17	.433	3	4-6	8-9
New Jersey	11	18	.379	4.5	5-5	9-9
Toronto	10	21	.323	6.5	3-7	4-10

CENTRAL	W	L	PCT.	GB	L10	CONF.
Cleveland	17	12	.586	—	5-5	10-8
Detroit	16	13	.552	1	6-4	10-8
Indiana	15	13	.536	1.5	5-5	12-7
Chicago	10	17	.370	6	7-3	5-8
Milwaukee	9	18	.333	7	3-7	7-8

SOUTHEAST	W	L	PCT.	GB	L10	CONF.
Miami	25	7	.781	—	10-0	19-2
Washington	16	13	.552	7.5	4-6	12-8
Orlando	15	13	.536	8	3-7	6-8
Charlotte	7	20	.259	15.5	3-7	4-13
Atlanta	5	24	.172	18.5	1-9	2-14

WESTERN CONFERENCE

NORTHWEST	W	L	PCT.	GB	L10	CONF.
Seattle	22	6	.786	—	7-3	13-3
Minnesota	16	12	.571	6	4-6	12-5
Portland	14	15	.483	8.5	4-6	5-9
Denver	14	16	.467	9	2-8	4-11
Utah	11	20	.355	12.5	2-8	7-11

PACIFIC	W	L	PCT.	GB	L10	CONF.
Phoenix	26	4	.867	—	9-1	15-3
Sacramento	19	9	.679	6	6-4	10-8
L.A. Lakers	16	12	.571	9	6-4	10-8
L.A. Clippers	14	15	.483	11.5	3-7	6-12
Golden State	11	19	.367	15	5-5	5-16

SOUTHWEST	W	L	PCT.	GB	L10	CONF.
San Antonio	25	7	.781	—	8-2	13-5
Dallas	20	10	.667	4	7-3	11-7
Houston	16	15	.516	8.5	7-3	10-7
Memphis	15	17	.469	10	6-4	9-11
New Orleans	2	26	.071	21	1-9	2-16

Standings through Jan. 2 games

Heisman Winners to Meet for Title

White, Leinart lead Oklahoma, USC into Orange Bowl Tuesday

ORANGE BOWL | Matt Leinart is an easygoing Californian, who used an NFL-caliber left arm to win a Heisman Trophy for USC this season.

Jason White is a tough kid from small-town Oklahoma, who overcame two devastating knee injuries to become a Heisman winner for the Sooners last season.

On Tuesday, they will become the first Heisman winners to play each other in a college game when Southern California and Oklahoma meet in the Orange Bowl for the national title.

The top-ranked Trojans (12-0) are looking to become the first team since Nebraska in 1994-95 to win back-to-back Associated Press titles. It would be USC's fifth title overall, but first Bowl Championship Series title.

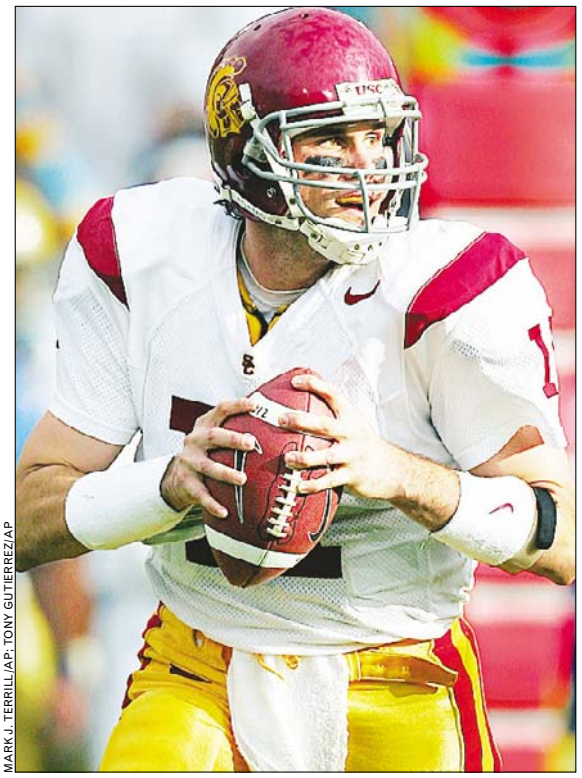
Second-ranked Oklahoma (12-0) is shooting for its second national championship under coach Bob Stoops. The Sooners played in the BCS title game last season, losing to LSU 21-14 in the Sugar Bowl.

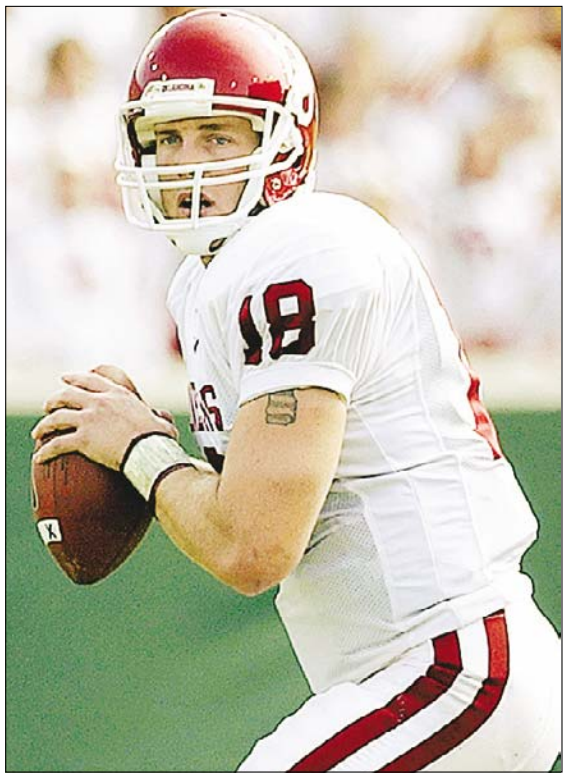
After major knee injuries ended both the 2001 and 2002 season for White, he finished his career with two phenomenal seasons.

But in the final two games last year, he didn't throw a TD and was picked off four times. White quickly became a target for critics. "I think the biggest thing that sticks in my head was the e-mails that I got last year after the Sugar Bowl, just saying that I need to give back the Heisman Trophy," he said.

Coming into this season, Leinart was the Heisman frontrunner and won it by throwing for 2,990 yards and 29 TDs

Leinart has seemed more at ease with the fame that comes with the statue. "You know it's been fun, been kind of overwhelming at times, but it comes along with success and being at USC, and obviously I wouldn't change anything for the world," Leinart said. RALPH D. RUSSO (AP)





MARK J. TERRILL/AP; TONY GUTIERREZ/AP

FIRST DOWN: USC's Matt Leinart and Oklahoma's Jason White will become the first Heisman Trophy winners to face each other in college when the schools face off in Tuesday's Orange Bowl in Miami. The winner will be the BCS national champion.

Alexander Fumes Over Rushing Title

FOOTBALL | Seattle's Shaun Alexander, upset after finishing 1 yard behind Curtis Martin for the NFL rushing title, questioned why coach Mike Holmgren called a quarterback sneak in a big win over Atlanta.

"We were going to win anyway," Alexander said after Sunday's game. "We were on the freakin' goal line, and I got stabbed in the back."

Alexander made his remarks in the locker room after the Seahawks beat Atlanta 28-26, securing the NFC West title for Seattle and guaranteeing a home game with St. Louis in the wild-card round.

Holmgren said in his postgame comments he had wanted Alexander to win the rushing title. However, the Falcons drove 69 yards in the final 4:28 to pull within 28-26 before failing to convert the 2-point try.

"It's too bad we didn't get the ball back," Holmgren said. "They ate up the clock with their final drive." TIM KORTE (AP)

JOHN FROSCHAUER/AP

Shaun Alexander says he was stabbed in the back by coach Mike Holmgren.

Ravens Make Offensive Coordinator the Fall Guy

Cavanaugh resigns under pressure, Fassel a possible replacement

RAVENS | Baltimore Ravens offensive coordinator Matt Cavanaugh resigned under pressure Monday after meeting with head coach Brian Billick, who finally lost patience with the team's sputtering attack.

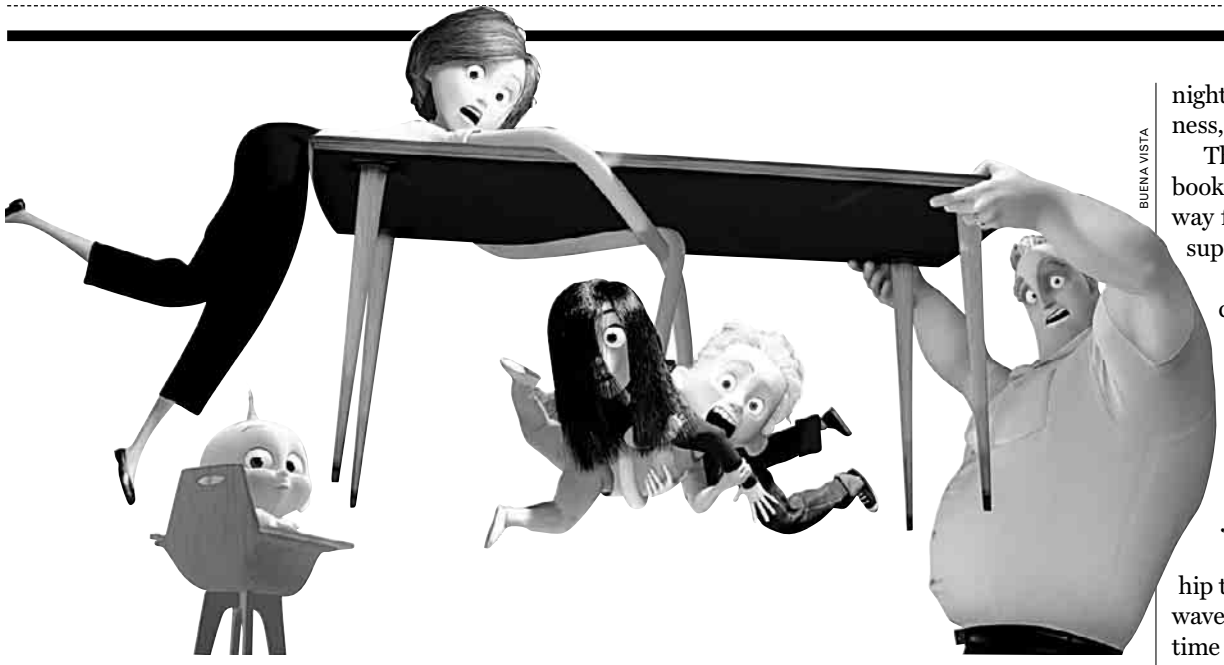
The Ravens (9-7) entered the season with aspirations of reaching the Super Bowl, but they lost four of their final six games and failed to make the playoffs. Much of the blame was heaped upon an offense that finished 31st among 32 NFL teams in average yards per game.

Cavanaugh was held responsible, even though Baltimore's offense was hindered by injuries to several key players, including tight end Todd Heap and running back Jamal Lewis.

"Matt felt very strongly, and I concurred, that it was time to change," Billick said. Former New York Giants coach Jim Fassel, who served as a senior consultant on offense for the Ravens this season, will be considered as a replacement. DAVID GINSBURG (AP)

Entertainment

STILL A STAR: "Law & Order: Trial by Jury," created as a spin-off for star "L&O" mainstay Jerry Orbach, will go on despite the actor's death last week. NBC said it will continue production and will also air episodes in which Orbach appeared.



BUENA VISTA

GRAVITY-DEFYING: "The Incredibles" proved superheroes could be created out of thin air for big-screen fun and profit.

It's a Book, It's a Film!

It's an original story! How the superhero took flight in movies

TRENDS | "The Incredibles" has all the earmarks of a comic-book movie: It features superstrong Mr. Incredible, super-flexible Elastigirl, superfast Dash and the forcefield-wielding Violet. They all face off against supervillains and pal around with superfriends.

But "The Incredibles," created by animator Brad Bird, is not based on a comic book. It represents a new wave of movies that derives inspiration from comic-book conventions but create universes that have never existed in a comic-book imprint.

Walt Disney Pictures has in production "Sky High," a movie directed by Mike Mitchell that revolves around teens at a high school for superheroes. Disney also is developing "Maxx Powers and the Love Triangle of Doom," a script in which a woman dumps her superhero boyfriend to go out with an average guy. Meanwhile, the script "Tonight He Comes" has been attracting attention — it features a Superman-type hero who drinks too much, has one-night stands and deals with loneliness, alienation and his destiny.

UNIVERSAL/AP

In 1999, the world wasn't ready for "Mystery Men," with William H. Macy.

The box-office success of comic book-based movies has paved the way for the new wave of original superhero movies, though.

"It's been the post-'X-Men' comic-book movie that's really kicked it off in terms of making it easier to do these self-referential superhero movies that aren't tied to pre-established licenses," New Line creative executive Jeff Katz said.

While audiences are proving hip to the conventions in the new wave of originals, it's not the first time Hollywood has tried to create superheroes.

"Mystery Men," based on a relatively obscure comic, played satirical riffs on superhero conventions, and grossed a weak $29.7 million in 1999. Even "Iron Giant," the film Bird made before "The Incredibles," struggled.

"An argument could be made that 'Iron Giant' didn't succeed because it was a comic book movie too early," Katz said. "Same as 'Mystery Men.' Look at what's happened in the interim."

Even if the superhero originals look like the latest trend, Bird puts them in historical context.

"I do think that superheroes are really old mythologies in Spandex," he said. "A lot of the Greek legends are about flawed gods that have great powers. They're arrogant, they're jealous, they're petty. It's a very old story that is constantly finding new ways to be told."

BORYS KIT (THE HOLLYWOOD REPORTER)

In Search of Martians

SCIENCE UPDATE | When scientists wanted to explore what kind of life might exist on Mars, public television's "NOVA" recorded the building and launch of the rovers sent to the planet.

Now, a year later, the "NOVA" team is back with "Welcome to Mars," featuring data collected by the robots as they searched for signs that the planet may once have harbored tiny forms of life. The program airs tonight at 8 p.m.

Scientists faced a challenge trying to synchronize their schedules with the robots', mainly because a day on Mars lasts 40 minutes longer than a day on Earth, producer Mark Davis noted.

"You get this kind of Martian jet lag ... so it was very confusing, especially for the first couple of weeks," Davis said.

Spirit, the first of two rovers to land (along with Opportunity), took a close-up photo mosaic showing an impact crater and an imprint of a dry river bed — two signs that water once existed, said Steve Squyres, an astronomy professor at Cornell University who is in charge of the rover science team.

The scientists are digging deeper looking for more clues to microbial life on Mars. Meanwhile, Squyres said scientists haven't decided when this mission will end.

"Mars is a very dirty, dusty place," he said. "We're trying to prepare ourselves, to drive them like there's no tomorrow."

NANCY RABINOWITZ (AP)

AP

The rover "Opportunity" casts a shadow over the Martian landscape.

Today's Top Stops

FOR COMPLETE EVENT LISTINGS SEE WASHINGTONPOST.COM/ENTERTAINMENT

Make Yourself at Home: Carlsonics

1 D.C.'s hardcore-with-a-heart faves the Carlsonics put up a yurt in DC9 for a monthlong series of weekly concerts. Expect head-banging, good-natured, what-the-hell rock; the happy ghost of the MC5, smoke on the water, fire in the skies.

DC9, 1940 9th St. NW; Tuesdays through Jan. 25, 9:30 p.m., $6; 202-483-5000. (U St.-Cardozo)

STEVE JETER

The Carlsonics are squeezing into DC9 — amps, Red Bull, dirty laundry and all.

People, Shot: 'The Staged Body'

2 In the small gallery space on 14th, there's a wee tiny show that's enormously worth seeing. "The Staged Body" is six contemporary photographs depicting the human body, and it's full of ideas about flesh, art and artifice.

Curator's Office, 1515 14th St. NW, 2nd floor; Jan. 22; 202-387-1008.

Lullaby Rock: Bellflur

3 Marylanders by way of New York (or the other way around), Bellflur builds atmospheric washes of sound over a traditional rock-band setup. It's intriguing, if you like your rock sleepy.

Iota Club & Cafe, 2832 Wilson Blvd., Arlington; with Sad Little Stars, Meredith Bragg, 8:30 p.m., $8; 703-522-8340. (Clarendon)

Continued on following page

WHAT'S HAPPENING?

Please send press releases and photos to expressevents@readexpress.com

ALWAYS A BRIDESMAID: Pixiesh blond actress Samaire Armstrong, from "The O.C." and "Entourage," has been tapped to play sidekick to Lindsay Lohan in an as-yet-untitled film project. Lohan is a girl with fortune on her side who meets an unlucky guy; Armstrong the plucky best friend.

Today's TopStops

Continued from preceding page

BETH TRAINUM

Martin's music reaches for the roots.

American Made: Barbara Martin

4 Call Barbara Martin's music what you will — it answers to folk, jazz, blues — the fact is this singer-songwriter's artistry is as American in style as it is universal in emotional intelligence. She performs with her partner, guitarist Mac Walters.

Kennedy Center, Millennium Stage, 2700 F St. NW; 6 p.m., free; 202-467-4600. (Foggy Bottom-GWU)

Disney's Musical Reprise

'On the Record' takes the Mouse House's songs on the road

PRODUCTIONS | It's quite a collection. More than 70 years of popular song, from a little ditty called "Minnie's Yoo-Hoo," co-authored by Walt Disney himself, to the works of such present-day maestros as Alan Menken, Elton John, Phil Collins, Randy Newman and more.

"It is like an American songbook, and they are the standards," said Thomas Schumacher, head of Disney Theatrical Productions, the folks who brought you the stage versions of "Beauty and the Beast," "The Lion King," "Aida" and "Mary Poppins."

Schumacher was describing the musical numbers that make up "On the Record," Disney's new theater venture, designed to play around the United States — but not necessarily on Broadway.

BEBETO MATTHEWS/APT

WISH UPON A STAR: Director Longbottom, left, and associate director Tom Kosis rehearse the cast of "On the Record," which uses songs from Disney's catalog.

You know the songs. "When You Wish Upon a Star," "Bibbidi-Bobbidi-Boo," "Someday My Prince Will Come," "Supercalifragilisticexpialidocious," "Can You Feel the Love Tonight?" — some 60 numbers in all.

The musical was born when Schumacher decided to mine the musical gold in the Disney song catalog. But how to present this material in a way that's tour-friendly and accessible?

The solution came from director Robert Longbottom, who devised an entertainment that is not quite a revue and not quite a musical. He set the show, which has eight performers, in a recording studio.

Disney songs were the pop songs of their day in the 1930s, 1940s and 1950s, and then had a renaissance in the 1990s when Menken and major pop artists began writing for Disney's animated films.

"In the early days, Walt was much more in tune with using songs to advance the story elements in his films than the theater was," said Chris Montan, who runs Walt Disney Music and who has worked on all the Disney animated movies since "The Little Mermaid" in 1989.

The use of pop artists to write for Disney continues. Right now, Rufus Wainwright is writing songs for a new animated film based on the children's book "A Day With Wilbur Robinson" by William Joyce, about a boy genius who time travels. Expected release date: summer 2006. MICHAEL KUCHWARA (AP)

THE FOLGER CONSORT

WHEN NOTRE DAME WAS NEW

Celebrate the Parisian avant-garde of the 12th century that flourished when High Gothic cathedrals were new.

with Scandinavian vocal ensemble TRIO MEDIÆVAL

"High-flying sopranos, pure and bright... harmonies with rich velvety lower notes... sheer joy."
The New York Times on Trio Medieval

Friday, January 7 and Saturday, January 8, at 8:00 p.m.
Pre-concert performance on Friday at 6:30 in the Tower.

AT WASHINGTON NATIONAL CATHEDRAL
Call: (202) 544-7077
Order on-line: HYPERLINK "http://www.folger.edu"

Everyone makes resolutions. At Curves, you keep them.

This year, find out how over 4 million women who thought they couldn't get fit have discovered they can. At Curves, you can too. Our fun, simple workouts take just 30 minutes, three times a week. Success is right around the corner.

curvesinternational.com

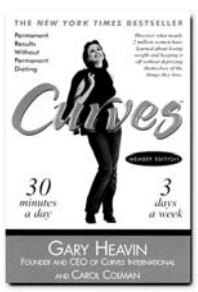
Curves®

The power to amaze yourself.®

Arlington:
Cherrydale 703-243-4339
Clarendon 703-387-2474
Crystal City 703-415-1116
Shirlington 703-379-0305
Burke 703-250-7313
Centreville 703-266-3400
Haymarket 571-261-3366
Montclair 703-878-3400
Springfield 703-440-8989
Tysons Corner 703-442-0800
West Springfield 703-451-8511

Over 8,000 locations worldwide

Join today and receive 50% off.* the service fee and find out how to get a free Curves book.



*Offer based on first visit enrollment, minimmum 12 mo. c.d. program. Not valid with any ther offer. Valid only at participating locations from 12/27/04-3/6/05. Three referrals required for free book.

Entertainment

WHO ASKED YOU? The memoir of Scott Peterson girlfriend Amber Frey, "Witness for the Prosecution of Scott Peterson," was mistakenly put on sale early in Modesto, Calif. Chapter titles include "Oh My God! Laci's baby is due on my birthday!" and "Isn't that a little twisted, Scott?"

You Can't Say That on TV

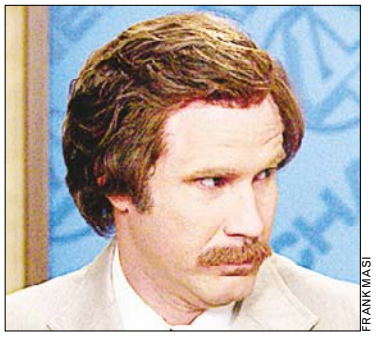
DVD | Though not as focused as "Elf," Will Ferrell's "Anchorman: The Legend of Ron Burgundy" (DreamWorks) has many scenes of inspired lunacy and sweetness.

He plays a macho, inept San Diego news anchor who finds his mega-masculine world turned upside down when the TV station hires a beautiful woman (Christina Applegate) as a reporter.

Ferrell surrounds himself with a stellar supporting cast including Paul Rudd as a womanizing roving reporter, David Koechner as a crass sportscaster and Steve Carell as an utterly clueless weatherman.

The DVD includes the theatrical version and in a two-disc uncut edition with a "lost movie" titled "Wake Up, Ron Burgundy," culled from deleted and extended scenes.

The first disc includes bloopers that are actually funny, 22 deleted scenes, Burgundy's audition for ESPN's "SportsCenter" and a breezy making-of documentary.



FRANK MASI

ANCHORS AWAY: Ron Burgundy (Will Ferrell) hangs on to his macho world.

There's also a trippy music video featuring the cast performing "Afternoon Delight."

But it's the outrageous audio commentary that really makes this disc zing. Ferrell and co-writer-director Adam McKay stretch the boundaries of what language is permissible in an audio commentary for an "unrated" movie. Even singer Lou Rawls pops up — and asks why he was invited to participate. SUSAN KING (LOS ANGELES TIMES)

express movie showtimes

100 LOEWS CINEPLEX
A CENTURY OF ENTERTAINMENT

Free $5 Concession Coupon & Free Holiday Greeting Card with every Gift Card purchase of $25 or more.

Tickets, Times & More At FANDANGO.COM™

★ No Passports Accepted
Bargain Shows in ( )

Showtimes for: 1/4/05

MAGIC JOHNSON THEATRES
CAPITAL CENTER
800 Shopper's way, Largo 301-324-4220

★ FAT ALBERT (PG) (ON 3 SCREENS) (11:00 1:30 4:00)6:30 9:00
★ DARKNESS (PG–13) (11:10 1:40 4:10)7:10 9:10
THE POLAR EXPRESS (G) (11:20 1:50 4:20)
BLADE: TRINITY (R) 7:40 10:40
CHRISTMAS WITH THE KRANKS (PG) (11:15 1:45 4:15)
RAY (PG–13) (11:40 2:45)6:20 9:45
LEMONY SNICKET'S A SERIES OF UNFORTUNATE EVENTS (PG) (11:25 1:55 4:25)7:25 9:55
★ FAT ALBERT (PG) (ON 3 SCREENS) (11:30 2:00 4:30)7:00 9:30
★ MEET THE FOCKERS (PG–13) (1:35 4:35)7:35 10:35
OCEAN'S TWELVE (PG–13) (12:05 3:00)6:05 9:05
THE SPONGEBOB SQUAREPANTS MOVIE (PG) (12:30 2:40 4:40)
BLADE: TRINITY (R) 6:40 9:40
THE INCREDIBLES (PG) (11:35 2:25 5:25)
NATIONAL TREASURE (PG) 7:55 10:55
★ FAT ALBERT (PG) (ON 3 SCREENS) (12:00 2:30 5:00)7:30 10:00
FLIGHT OF THE PHOENIX (PG–13) 7:15 10:15
CHRISTMAS WITH THE KRANKS (PG) (11:15 1:45 4:15)

Cineplex Odeon
WISCONSIN AVE. CINEMAS
4000 Wisconsin Avenue N.W. 202-244-0882

★ LEMONY SNICKET'S A SERIES OF UNFORTUNATE EVENTS (PG) (1:20 3:50)6:20 9:10
★ FLIGHT OF THE PHOENIX (PG–13) (1:40 4:20)7:00 9:40
★ THE LIFE AQUATIC WITH STEVE ZISSOU (R) (1:10 4:00)6:50 9:25
★ THE PHANTOM OF THE OPERA (PG–13) (2:00 5:10)8:20
★ MEET THE FOCKERS (PG–13) (1:00 3:40)6:30 9:20
CLOSER (R) (1:30 4:00)6:40 9:30

Loews
WHITE FLINT 5
North Bethesda 310-423-1014

★ LEMONY SNICKET'S A SERIES OF UNFORTUNATE EVENTS (PG) (1:30 4:05)6:55 9:25
★ SPANGLISH (PG–13) (1:05 3:50)6:40 9:30
★ THE LIFE AQUATIC WITH STEVE ZISSOU (R) (1:20 4:00)6:45 9:35
OCEAN'S TWELVE (PG–13) (3:45)6:30 9:15
A VERY LONG ENGAGEMENT (R) (1:00 3:55)6:50 9:45
THE POLAR EXPRESS (G) (1:10)

Cineplex Odeon
SHIRLINGTON 7
2772 South Randolph 703-671-0978

SIDEWAYS (R) (1:20 4:10)7:00 9:30
★ THE PHANTOM OF THE OPERA (PG–13) (12:50 4:00)6:50 9:40
★ BEYOND THE SEA (PG–13) (1:10 4:30)7:10 9:50
★ THE LIFE AQUATIC WITH STEVE ZISSOU (R) (12:40 3:30)6:30 9:20
★ HOUSE OF FLYING DAGGERS (PG–13) (1:30 4:20)7:20 10:00
★ THE AVIATOR (PG–13) (1:00 4:40)8:00
A VERY LONG ENGAGEMENT (R) (12:30 3:10)6:10 9:10

Loews
WHEATON PLAZA 11
Wheaton Plaza Shopping Center,
Viers Mill Rd. Btwn. Georgia & University 901-949-9202

OCEAN'S TWELVE (PG–13) (2:00 4:40)7:40 10:20
★ THE AVIATOR (PG–13) (2:50)6:10 9:30
BLADE: TRINITY (R) (5:30)8:00 10:30
THE SPONGEBOB SQUAREPANTS MOVIE (PG) (12:20 3:00)
THE POLAR EXPRESS (G) (1:00)
CLOSER (R) (3:30)6:40 9:20
★ DARKNESS (PG–13) (12:10 2:30 4:50)7:10 9:40
★ SPANGLISH (PG–13) (12:00 3:10)6:20 9:10
★ FAT ALBERT (PG) (1:50 4:00)6:30 9:00
NATIONAL TREASURE (PG) (12:50 3:50)6:50 10:10
THE INCREDIBLES (PG) (12:30 3:20)
★ FLIGHT OF THE PHOENIX (PG–13) 7:00 9:45
★ MEET THE FOCKERS (PG–13) (2:20 5:00)7:30 10:00
★ LEMONY SNICKET'S A SERIES OF UNFORTUNATE EVENTS (PG) (1:40 4:20)7:20 9:50

CINEPLEX ODEON CINEMA
5100 Wisconsin Avenue
202-966-7248
Friendship Heights

★ A VERY LONG ENGAGEMENT (R) (1:45 4:45)8:00

Cineplex Odeon
TYSONS FARIFAX SQUARE
8065 Leesburgh Pike 703-506-9857

★ THE AVIATOR (PG–13) (1:10 5:00)8:50
CLOSER (R) (12:00 3:00)6:20 9:10
★ LEMONY SNICKET'S A SERIES OF UNFORTUNATE EVENTS (PG) (12:10 2:30 4:50)7:05 9:30
★ MEET THE FOCKERS (PG–13) (ON 2 SCREENS) (1:00 4:00)7:10 10:00
★ THE LIFE AQUATIC WITH STEVE ZISSOU (R) (12:05 2:40 5:05) 7:30 10:10
OCEAN'S TWELVE (PG–13) (12:20 3:20)6:50 9:40
SPANGLISH (PG–13) (12:30 3:30)7:00 9:50
FLIGHT OF THE PHOENIX (PG–13) 6:40 9:20
THE INCREDIBLES (PG) (12:40 3:50)

Cineplex Odeon
DUPONT CIRCLE 5
1350 19th Street 202-972-9956
Dupont Circle

WHAT THE BLEEP! DO WE KNOW?!(NR) (1:40 4:20)7:10 9:50
THE MOTORCYCLE DIARIES (R) (1:00 3:50)6:50 9:45
RAY (PG–13) (2:00 5:30)8:50
KINSEY (R) (ON 2 SCREENS) (1:20 4:10)7:00 9:40
FINDING NEVERLAND (PG) (1:10 3:40)6:30 9:20

FOR DETAILS ABOUT REEL MOMS
VISIT www.enjoytheshow.com

Loews
GEORGETOWN
3111 K Street, N.W.
202-342-6033

★ THE AVIATOR (PG–13) (ON 2 SCREENS) (11:00 1:00 2:30 4:30) 6:00 8:00 9:30
★ THE LIFE AQUATIC WITH STEVE ZISSOU (R) (ON 2 SCREENS) (11:50 12:50 2:50 3:40 5:30)6:30 8:10 9:20 10:50
★ MEET THE FOCKERS (PG–13) (ON 2 SCREENS) (12:40 3:20 4:50)6:10 7:30 8:50 10:10
★ THE PHANTOM OF THE OPERA (PG–13) (12:20 3:30)6:40 9:50
SPANGLISH (PG–13) (12:00 3:10)6:20 9:10
HOUSE OF FLYING DAGGERS (PG–13) (1:20 4:00)7:00 9:40
★ LEMONY SNICKET'S A SERIES OF UNFORTUNATE EVENTS (PG) (2:20 5:00)7:40 10:20
OCEAN'S TWELVE Rear Window Captioning (PG–13) (1:30 4:20)7:10 10:00
CLOSER (R) (12:30 3:00 5:40)8:20 10:40
SIDEWAYS (R) (11:10 1:50)10:30
NATIONAL TREASURE (PG) 5:20 8:30
THE INCREDIBLES (PG) (11:20 2:00)
THE POLAR EXPRESS (G) (12:10 2:40)
★ LEMONY SNICKET'S A SERIES OF UNFORTUNATE EVENTS (PG) (11:00)

Cineplex Odeon
UPTOWN
3426 Connecticut Avenue 202-966-8805
Cleveland Park

★ THE AVIATOR (PG–13) (12:15 4:00)8:00

www.enjoytheshow.com
Copyright 2005

amc® Experience the Difference℠

Matinee price for all shows until 6 pm.
Advanced Ticketing available at MovieWatcher.com or (352) 787-2807. R-Rating requires ID.

ACADEMY 8
Beltway Plaza on Greenbelt Rd., Center Court
703-998-4AMC

COLUMBIA MALL 14
10300 Patuxent Parkway
410-423-0520

COUNTRY CLUB MALL 6
Country Club Mall on Vocke Rd near Route 68.
703-998-4AMC

COURTHOUSE PLAZA 8
Courthouse and Birch Rd.
703-998-4AMC

HOFFMANN CENTER 22
Eisenhower Ave and Telegraph Road in Alexandria
703-998-4AMC

MAZZA GALLERIE
Jenifer and Wisconsin
202-537-9553

POTOMAC MILLS 18
2700 Potomac Mills Circle, Ste 886
703-998-4262

RIVERTOWNE 12
Exit 4A I-95, 1/2 mi. on Oxon Hill Rd.
703-998-4AMC

SPRINGFIELD MALL 10
Loisdale and Franconia Road
703-971-3991

UNION STATION 9
Located in Union Station
703-998-4AMC

REGAL CINEMAS
A REGAL ENTERTAINMENT GROUP COMPANY

DIG = DIGITAL SOUND BARGAIN SHOWS IN ( )
★ Pass / Discount Ticket Restrictions Apply
Advance Tickets at FANDANGO.com and 800-FANDANGO

GALLERY PLACE STADIUM 14
701 Seventh St NW 800-FANDANGO 1721#

FAT ALBERT (PG) DIG (Stadium) (1205 220 440) 700 925
THE AVIATOR (PG-13) DIG (Stadium) (1200 1245 340 435) 730 830
MEET THE FOCKERS (PG-13) DIG (Stadium) (1240 125 345 425) 635 735 920 1020
PHANTOM OF THE OPERA (PG-13) DIG (Stadium) (1215 130 330 445) 640 800 945
FLIGHT OF THE PHOENIX (PG-13) DIG (Stadium) (205 455) 735 1010
LEMONY SNICKET'S SERIES OF UNFORTUNATE EVENTS (PG) DIG (Stadium) (135 415) 650 930
SPANGLISH (PG-13) DIG (Stadium) (1250 350) 645 940
BLADE: TRINITY (R) - ID REQ'D DIG (Stadium) (200 450) 740 1015
CLOSER (R) - ID REQ'D DIG (Stadium) (150 430) 705 955
FINDING NEVERLAND (PG) DIG (Stadium) (140 410) 655 935
NATIONAL TREASURE (PG) DIG (Stadium) 710 1005
THE INCREDIBLES (PG) DIG (Stadium) (120 420)

BALLSTON COMMON STADIUM 12
Ballston Common Mall, Glebe Rd, Arlington
(703) 527-9466 800-FANDANGO 377#

BEYOND THE SEA (PG-13) DIG (125 440) 740 1030
MEET THE FOCKERS (PG-13) DIG (1150 145 225 420 510) 705 800 945 1035
LIFE AQUATIC (R) - ID REQ'D DIG (130 435) 730 1025
FAT ALBERT (PG) DIG (1205 230 455) 715 950
LEMONY SNICKET'S SERIES OF UNFORTUNATE EVENTS (PG) DIG (215 450) 735 1010
PHANTOM OF THE OPERA (PG-13) DIG (1155 310 415) 655 720 1005 1020
HOUSE OF FLYING DAGGERS (PG-13) DIG (140 430) 710 955
SPANGLISH (PG-13) DIG (135 425) 725 1015
OCEAN'S TWELVE (PG-13) DIG (100 400) 700 1000
FINDING NEVERLAND (PG) DIG (120 410) 650 940
THE INCREDIBLES (PG) DIG (105)

Now Hiring-Apply at Theatre

BOWIE STADIUM 14
5200 Major Lansdale Blvd 800-FANDANGO 454#

DARKNESS (PG-13) DIG (115 415) 715 955
FAT ALBERT (PG) DIG (1205 235 505) 735 1005
LIFE AQUATIC (R) - ID REQ'D DIG (120 420) 720 1020
THE AVIATOR (PG-13) DIG (1210 400) 800
MEET THE FOCKERS (PG-13) DIG ★ (1230 130 330 430) 640 730 940 1030
FLIGHT OF THE PHOENIX (PG-13) DIG (1250 405) 705 1010
LEMONY SNICKET'S SERIES OF UNFORTUNATE EVENTS (PG) DIG (100 400) 700 1000
SPANGLISH (PG-13) DIG (1220 340) 710 1015
OCEAN'S TWELVE (PG-13) DIG (1255 350) 700 1000 1040
BLADE: TRINITY (R) - ID REQ'D DIG (125 425) 740 1035
CHRISTMAS WITH THE KRANKS (PG) DIG (110 355) 650 950
NATIONAL TREASURE (PG) DIG 725 1035
POLAR EXPRESS (G) DIG (1200 230 510) 750
THE INCREDIBLES (PG) DIG (105 410)

Now Hiring-Apply at Theatre

ROCKVILLE CENTER STADIUM 13
Rockville Town Center (301) 340-9390
800-FANDANGO 248#

LIFE AQUATIC (R) - ID REQ'D (130 435) 730 1035
THE AVIATOR (PG-13) (1200 400) 800
MEET THE FOCKERS (PG-13) (1230 100 330 430) 710 740 1000 1030
PHANTOM OF THE OPERA (PG-13) (1215 304) 700 1020
FLIGHT OF THE PHOENIX (PG-13) 720 1015
LEMONY SNICKET'S SERIES OF UNFORTUNATE EVENTS (PG) (115 420) 715 1025
SPANGLISH (PG-13) (1210 355) 725 1050
OCEAN'S TWELVE (PG-13) (1245 345) 645 945
BLADE: TRINITY (R) - ID REQ'D (1220 320) 630 940
CLOSER (R) - ID REQ'D (1205 300) 640 930
FINDING NEVERLAND (PG) (200 500) 750 1040
SIDEWAYS (R) - ID REQ'D (125 440) 735 1045
THE INCREDIBLES (PG) (110 415)

POTOMAC YARD STADIUM 16
3575 Jefferson Davis Hwy 800-FANDANGO 690#

DARKNESS (PG-13) DIG (Stadium) (1150 230 510) 735 1025
FAT ALBERT (PG) DIG (Stadium) (1125 140 410) 710 930
MEET THE FOCKERS (PG-13) DIG (Stadium) (1120 1210 100 220 300 400 500) 630 700 750 920 1000 1030
FLIGHT OF THE PHOENIX (PG-13) DIG (Stadium) (1110 200 440) 725 1010
LEMONY SNICKET'S SERIES OF UNFORTUNATE EVENTS (PG) DIG (Stadium) (1105 1240 150 350 430) 625 720 900 1005
SPANGLISH (PG-13) DIG (Stadium) (1215 330) 640 740 950 1035
OCEAN'S TWELVE (PG-13) DIG (Stadium) (1200 310) 650 705 940 1015
BLADE: TRINITY (R) - ID REQ'D DIG (Stadium) (1130 210 450) 730 1020
CHRISTMAS WITH THE KRANKS (PG) DIG (Stadium) (1135 155 420)
FINDING NEVERLAND (PG) DIG (Stadium) (1140 215 445) 715 955
NATIONAL TREASURE (PG) DIG (Stadium) (1220 325) 620 910
POLAR EXPRESS (G) DIG (Stadium) (1115 205 435)
THE INCREDIBLES (PG) DIG (Stadium) (1205 320) 635 925

Now Hiring-Apply at Theatre

BETHESDA 10
7272 Wisconsin Avenue 800-FANDANGO 569#

MEET THE FOCKERS (PG-13) DIG (1250 120 350 420) 645 720 950 1015
THE AVIATOR (PG-13) DIG (1200 400) 800
FINDING NEVERLAND (PG) DIG (110 430) 730 1010
FAT ALBERT (PG) DIG (1200 220 440) 705 930
LEMONY SNICKET'S SERIES OF UNFORTUNATE EVENTS (PG) DIG (1230 410) 700 930
SPANGLISH (PG-13) DIG (1210 330) 630 940
HOUSE OF FLYING DAGGERS (PG-13) DIG (100 340) 650 1000
OCEAN'S TWELVE (PG-13) DIG (1220 335) 640 1005
THE INCREDIBLES (PG) DIG (1240 325)
FLIGHT OF THE PHOENIX (PG-13) DIG 635 955

Times For 1/4/05 ©2005 www.REGmovies.com

Entertainment

Cities Vie for Games on TV

Five cities vying for 2012 Olympics will duke it out in debate

GOING FOR THE GOLD | Is beach volleyball better in Central Park or by the Eiffel Tower? Are Olympic venues more scenic alongside the Moscow River or the Thames? Would the world's best athletes rather eat bagels on the Upper West Side or tapas in Madrid?

Those and other questions might be addressed if the first TV debate in Olympic bid history comes off, featuring senior figures from the five cities vying for the 2012 Summer Games. The debate would be broadcast by BBC World.

The date, site and guests for the proposed debate have not yet been decided, BBC World spokesman Kevin Young said.

"It's obviously a good thing for all of the cities," New York 2012 spokesman Michael Moran said.

While the format would be different from the presentations made to the International Olympic Committee, the debate would also allow each city to, as Moran said, "highlight their positives."

"It's a fair opportunity for everyone to state their arguments," Paris 2012 spokesman Jerome Lenfant said. Added London 2012 spokesman Michael Lee: "It's good to have an open and friendly airing of this important debate."

FRANCOIS MORI/AP

CITY OF HEIGHT? Paris to state its case.

Lenfant said all five cities have agreed to the program.

The 2012 host will be selected by the IOC on July 6 in Singapore. The IOC said it would have no problem with the debate, as long as the bidding process rules apply. Under those regulations, candidate cities are forbidden from attacking each other; IOC president Jacques Rogge recently told the candidates to stop sniping at each other. The panel will give its recommendations a month before the vote. KRYSTYNA RUDZKI (AP)

Outstanding Distributor

Reginald Ford

Reginald Ford distributes Express at the Virginia Square Metrorail station. One Metro rider reports that "Seeing this enthusiastic man has become a knowing and welcome part of my morning routine and is much appreciated...Neither rain nor dreary weather dims this man's smile and diligent approach to his job – I wish I could take his attitude with me to my office!"

express
A publication of The Washington Post

To recognize an outstanding distributor, please email **circulation@readexpress.com**. Please include your name, city and metro station.

COCAINE DEPENDENT?

- Research Study at Inova Fairfax Hospital
- Using investigational medication and counseling
- Insurance not required to participate
- Inquiry and screening strictly confidential
- Compensation for participation

For more information call Laurie at 703-205-2491

Train for a Career as Medical Assistant or Nursing Assistant

Enrolling Now!

Financial Aid Available for those that qualify

Flexible Day, Night and Weekend Classes

Job Placement Assistance

ACCET Accredited

Americare School

301-933-4660 at Wheaton Metro

Your life-changing career is a patient reassured.

Medical Assisting

Join us at our Open House!
Saturday, Jan. 15
12 p.m. to 2 p.m.
Arlington Campus

Arlington Campus
801 N. Quincy St., Suite 500
Arlington, VA 22203
3 Blocks from Ballston Metro

Tysons Corner Campus
1430 Spring Hill Rd., Suite 200
McLean, VA 22102

Earn a diploma in Medical Assisting and work in:
- Hospitals
- Clinics
- Nursing Homes

Also offered:
- Business Administration (A.S.)
- Criminal Justice (A.S.)
- Homeland Security Specialist (Diploma)
- Paralegal (A.S.)

Not all programs offered at all locations

VA Approved

Member of the Corinthian Colleges, Inc. Global Network

Parks COLLEGE

parks-college.com

Call today! **866.300.1689**

10405 NPEX625A

Grand Opening *of Everest Institute in Silver Spring!*

Member of the Corinthian Colleges, Inc. Global Network

Take the first step with a diploma in

MEDICAL ASSISTING

An education at Everest Institute will prepare you to maintain the highest quality of patient care, take vital signs, and run laboratory and diagnostic tests, all while utilizing your organization, communication and management skills.

For more information, call:
866.244.8176
everest-institute.com

Everest INSTITUTE

Silver Spring campus:
8757 Georgia Avenue
Silver Spring, MD 20910

Branch Campus of Western Business College, Portland, OR

122004 NPEX627A

Television

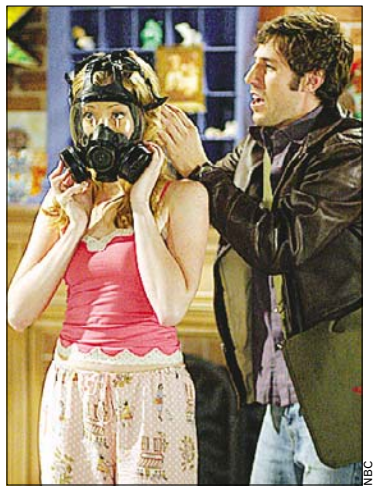
WAR STORIES: There's too much history for one History Channel, so this spring the cable network debuts the Military History Channel, featuring round-the-clock programs about ... you guessed it. There's a sneak peak tomorrow at 8 p.m.

'Committed' to Mediocrity

A new sitcom is as fascinating as a train wreck — and as funny

DEBUT | "Committed" (9:30 p.m., NBC) is dreadful. But it's interesting in its own way. Students of the moribund sitcom genre will find it worthy of study.

Josh Cooke plays Nate, a neurotic guy so frightened of his genius that he buries himself in clutter and works at a used record store. He meets Marni (Jennifer Finnegan) on a blind-date misunderstanding. She's spunky, impulsive and giving.



NBC

SOMETHING SMELLS: For a situation comedy, "Committed" has neither.

In the shorthand of comedy development, "Committed" is "Dharma & Greg" meets "High Fidelity." Except it lacks the witty satire of "Fidelity," and both characters are Dharma.

One of the many reasons that sitcoms are dying (or are dead) is that their writers create situations that no longer ring true or funny. Take the vinyl record store at which the hero works in this show, or the joke an old man makes about Cossacks that would put the joker at more than 100 years old.

"Committed" also features a pulverizing laugh track. KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

ON TV TONIGHT

GET A REAL JOB
RED CARPET CONFIDENTIAL (8 p.m., CBS) Steven Cojocaru and Lara Spencer chat up celebrities.

DISEASE OF THE WEEK
HOUSE (9 p.m., Fox) A major league baseball player's comeback is short-circuited by mysterious bone loss.

BLAME THE '60S
GILMORE GIRLS (8 p.m., WB) A mother-daughter double date turns awkward. Who would have guessed that?

GOING UP? OR DOWN?
God and the devil fight for the soul of a gambler (Eddie Anderson) in the 1943 musical fantasy **CABIN IN THE SKY** (2 p.m., TCM), co-starring Ethel Waters and Lena Horne and featuring Louis Armstrong and Duke Ellington.

PBS

Bush claims he regularly checks in with the man upstairs. (No, not Karl Rove.)

TRUE BELIEVER
FRONTLINE (10 p.m., PBS) "The Jesus Factor" examines the president's faith.

DOWNSIZING
The last weigh-in on **THE BIGGEST LOSER** (8 p.m., NBC). KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

1.4.05		6:00 PM	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30
LOCAL CHANNELS	WRC 4	News CC		NBC Nightly News	Access Hollywood	The Biggest Loser (N) CC			Committed CC	Dateline NBC (N) CC		News CC	The Tonight Show
	WTTG 5	The Simpsons	The Simpsons	Friends CC	Seinfeld CC	Billionaire: Quest for Best		House "Pilot" CC		News		Friends CC	Drew Carey
	WJLA 7	News CC	ABC Wld News	Wheel of Fortune	Jeopardy! (N)	College Football FedEx Orange Bowl -- Oklahoma vs. USC. (S Live) CC							News CC
	WUSA 9	News CC	CBS News	USA Tonight	Ent. Tonight	Red Carpet Confidential (N) CC		The Amazing Race 6 (N) CC		Judging Amy "Lullaby" CC		News CC	(:35) Late Show
	WDCA 20	Girlfriends CC	Girlfriends CC	Malcolm-Mid.	Malcolm-Mid.	All of Us (N)	Eve (N) CC	Veronica Mars "Silence of the Lamb"		That '70s Show	That '70s Show	Every-Raymond	Dharma & Greg
	WMPT 22	The NewsHour With Jim Lehrer (N)		Business Rpt.	Outdoors Md.	Nova "Welcome to Mars" (N)		Nova "MARS Dead or Alive"		Frontline CC		Final Hours: Amelia Earhart-Flight	
	WETA 26	BBC World News	Business Rpt.	The NewsHour With Jim Lehrer (N)		Nova "Welcome to Mars" (N)		Globe Trekker CC		Frontline "The Jesus Factor" CC		Charlie Rose (N) CC	
	WHUT 32	Business Schl	Primary Focus TV	BBC World News	MoneyWise CC	American Experience CC		History Detectives CC		BBC World News	Tavis Smiley	Charlie Rose (N) CC	
	WBDC 50	The Parkers	Steve Harvey	The Parkers	Steve Harvey	Gilmore Girls CC		High School Reunion (N) CC		Will & Grace	Just Shoot Me	Will & Grace	Blind Date CC
BASIC CABLE	A&E	City Confidential CC		Amer. Justice		Cold Case Files CC		Cold Case Files CC		Bounty Hunter	Bounty Hunter	Crossing Jordan "Slam Dunk" CC	
	Animal	The Crocodile Hunter CC		The Most Extreme "Horrors" CC		Austin Stevens: Snakemaster CC		The Most Extreme "Speed" CC		Animal Cops Houston "Deer Rescue"		Austin Stevens: Snakemaster CC	
	BET	106 & Park: BET's Top 10 Live			BET Style	The Parkers	Girlfriends CC	Soul Food CC		Club Comic View		BET Nightly News	BET Style
	Bravo	(3:30) ★★★★ "Patton" (1970)		The West Wing "Process Stories"		Queer Eye for the Straight Guy CC		Queer Eye for the Straight Guy CC		Queer Eye for the Straight Guy CC		The West Wing "Process Stories"	
	Comedy	Crank Yankers	Reno 911! CC	The Daily Show	Mad TV CC		Reno 911! CC	Crank Yankers	South Park CC	Chappelle's Show	Wanda Does It	The Daily Show	The Daily Show
	Court	NYPD Blue "Fools Russian" CC		Cops CC	Cops CC	Forensic Files	Forensic Files	Forensic Files	North Mission	Masterminds	Caught	Extreme Evidence	Extreme Evidence
	Discovery	Monster Garage "Swamp Buggy"		American Chopper "Leno Bike 2"		New Detectives: Forensic Science		Deadliest Job in the World CC		World Biker Build-Off		New Detectives: Forensic Science	
	DISCH	Chicago Hope "Teacher's Pet" CC		Trauma: Life in the ER CC		Unconventional Births CC		Babies: Special Delivery		Make Room for Baby CC		Unconventional Births CC	
	Disney	Even Stevens	Lizzie McGuire	Sister, Sister	That's So Raven	★★ "Life-Size" (2000, Fantasy) Tyra Banks, Lindsay Lohan. CC				Lizzie McGuire	Sister, Sister	Even Stevens	Boy Meets World
	E!	Love Is in the Heir	Love Is in the Heir	E! News (N)	It's Good to Be	Mary Kay Letourneau: True Story		For Love or Money CC		Life Is Great	It's Good to Be	Howard Stern	Howard Stern
	FX	Fear Factor CC		King of the Hill	King of the Hill	★★ "Sleeping With the Enemy" (1991) Julia Roberts, Patrick Bergin.				Fear Factor CC		★★ "Sleeping With the Enemy"	
	HGTV	Wknd Warriors	Landscapers	Curb Appeal	House Hunters	Designed to Sell	Designer Finals	Decorating Cents	Mission: Orgnz	Designers'	Designers'	Design on a Dime	Painted House
	Family	7th Heaven "Family Secrets" CC		Smallville "Phoenix" CC		★★ "Little Giants" (1994, Comedy) Rick Moranis, Ed O'Neill, John Madden.				Whose Line?	Whose Line?	The 700 Club CC	
	History	History's Mysteries "Cults" CC		Modern Marvels "The Erie Canal"		Wild West Tech "Execution Tech"		Modern Marvels CC		Modern Marvels "Sears Tower"		Modern Marvels "Mackinac Bridge"	
	Lifetime	The Golden Girls	The Golden Girls	"Echo" (1997, Suspense) Jack Wagner, Alexandra Paul, Kin Shriner. CC				"Trapped: Buried Alive" (2002, Suspense) Jack Wagner. Premiere. CC				The Nanny CC	The Golden Girls
	MTV	R. Wrld Chal.	R. Wrld Chal.	Never-Scene	Punk'd	Punk'd	Punk'd	The Real World	The Real World	The Real World	Room Raiders	Room Raiders	Room Raiders
	NICK	Hey Arnold! CC	Rugrats CC	Jimmy Neutron	Fairly Oddparents	SpongeBob	Ned's School	Fatherhood CC	Fresh Prince	Fresh Prince	The Cosby Show	Roseanne CC	Roseanne CC
	SCIFI	Stargate SG-1 "The Rite of Passage"		★★★ "It" (1990, Horror) John Ritter, Richard Thomas, Annette O'Toole. Friends face an evil they thought they had destroyed.								"Cloned" (1997) Elizabeth Perkins.	
	SPIKE	World's Wildest Police Videos CC		CSI: Crime Scene Investigation		CSI: Crime Scene Investigation		★★ "Jaws 2" (1978, Horror) Roy Scheider. Premiere. Another massive shark appears off the coast of Amity. CC					
	TBS	Seinfeld CC	Seinfeld CC	Every-Raymond	Every-Raymond	Friends CC	Friends CC	Sex and the City	Sex and the City	(:10) ★★★ "Jerry Maguire" (1996) Tom Cruise, Cuba Gooding Jr. CC			
	TLC	Clean Sweep CC		In a Fix CC		American Hot Rod "'65 Mustang 1"		Overhaulin' Dad's 1970 Monte Carlo.		Rides "Skin" CC		American Hot Rod "'65 Mustang 1"	
	TNT	Charmed "Brain Drain" CC		Law & Order CC (DVS)		Law & Order "Dazzled"		Law & Order "Patsy" CC (DVS)		Charmed "Charmed Noir" CC		Law & Order "White Rabbitt"	
	USA	JAG "Legacy" (Part 2 of 2) CC		Medical Investigation "Pilot" CC		Law & Order: Special Victims Unit		★★ "The Relic" (1997) Penelope Ann Miller, Tom Sizemore. Premiere. CC				Law & Order: Special Victims Unit	
	VHI	100 Greatest Red Carpet Moments		100 Greatest Red Carpet Moments		100 Greatest Red Carpet Moments		100 Greatest Red Carpet Moments		25 Most Cheesetastic TV Stars		Cel. Weirdness	Fabulous Life Of...
SPAN.	TELEM	Corte-Pueblo	Noti-Telemndo	Anita No Te Rajes		La Mujer en el Espejo		Gitanas		Te Voy a Enseñar a Querer		Noticiero Tel.	Laura
	UNIV	Viviana	Noticiero Univ	La Mujer de Madera		Rubí		Amor Real		Veremos Todo con Niurka		Primer Impacto	Noticiero Univ.
SPORTS	ESPN	SportsCenter (Live) CC		College Gameday (Live) CC		Tilt Preview	Boxing: 1971 Ali vs. Blin		Boxing: 1974 Ali vs. Foreman		Boxing 1975 Muhammad Ali vs. Chuck Wepner. (N)		
	ESPN2	Billiards: WPBA Classic Tour		NFL Live CC	ESPN 100			NBA Nation (Live) CC				Coll. Basketball	Streetball CC
	CSN	The Sports List	SportsNite CC	Ship Shape TV	On Campus	College Basketball Mount St. Mary's at Maryland. (Live)				SportsNite (Live) CC		Pro View	Best-Sports
NEWS	CNN	Lou Dobbs Tonight CC		Anderson Cooper 360 CC		Paula Zahn Now CC		Larry King Live CC		NewsNight With Aaron Brown CC		Lou Dobbs Tonight	
	FNC	Special Report (Live) CC		The Fox Report With Shepard Smith		The O'Reilly Factor (Live) CC		Hannity & Colmes (Live) CC		On the Record-Van Susteren		The O'Reilly Factor	
	MSNBC	The Abrams Report (Live)		Hardball (Live) CC		Countdown With Keith Olbermann		Deborah Norville Tonight (Live)		Scarborough Country (Live)		Hardball CC	
MOVIES	AMC	(5:45) ★★★ "She Wore a Yellow Ribbon" (1949, Western) John Wayne. 'NR'				★★★★ "The Quiet Man" (1952, Drama) John Wayne, Maureen O'Hara. 'NR' CC					★★★ "The Sons of Katie Elder" (1965) John Wayne.		
	TCM	★★ "Bathing Beauty" (1944, Comedy) Esther Williams. 'NR' CC				★★★ "Kitty Foyle" (1940, Drama) Ginger Rogers, Dennis Morgan. 'NR' CC				★★★ "Now, Voyager" (1942, Drama) Bette Davis. 'NR' CC (DVS)			
	HBO	(:15) ★★★ "The Laramie Project" (2002, Drama) Dylan Baker. CC				★★ "50 First Dates" (2004) Adam Sandler. 'PG-13' CC			Elektra-Look	★★★ "Seabiscuit" (2003, Drama) Tobey Maguire. CC 'PG-13' CC			
	MAX	(:15) ★★★ "Father of the Bride" (1991, Comedy) Steve Martin. 'PG' CC				★★ "Father of the Bride Part II" (1995, Comedy) Steve Martin. 'PG' CC				★★ "Cheaper by the Dozen" (2003) Steve Martin. 'PG'			Bedtime Stories
	SHOW	(5:30) ★★ "Rocky V" (1990) Sylvester Stallone. 'PG-13'			(:25) ★ "Boat Trip" (2003) Cuba Gooding Jr. 'R' CC			★★★ "Tupac: Resurrection" (2003, Documentary) iTV Premiere. CC 'R' CC				★★ "Barbershop" (2002) Ice Cube.	
	TMC	★ A Guy Thing	★★ "Just a Kiss" (2002) Ron Eldard. CC 'R' CC			★★ "Seven Years in Tibet" (1997, Drama) Brad Pitt, David Thewlis, B.D. Wong. CC 'PG-13' CC					★★ "The Four Feathers" (2002) Heath Ledger. 'PG-13'		
	STARZ!	(5:00) ★★★ "The Missing" (2003) Tommy Lee Jones.			★★ "2 Brothers & a Bride" (2003) Tim Blake Nelson.			★★★ "Cold Mountain" (2003) Jude Law. A Confederate soldier tries to reach his sweetheart. 'R'					Life-David Gale
	ENCORE	Ernest-Africa	(:20) ★★★ "Babe: Pig in the City" (1998) CC 'G' CC			★★★ "Dick Tracy" (1990) Warren Beatty. CC 'PG' CC			(:45) ★★ "Madhouse" (1990, Comedy) John Larroquette. CC 'PG-13' CC				(:20) Hackers CC

Classifieds

express classifieds

• JOBS • RENTALS • STUFF • WHEELS • HOUSES • AND MUCH MORE . . .

TO PLACE A HELP WANTED AD CALL 202-334-4100 • ALL OTHER CLASSIFIED ADVERTISING CALL 202-334-6200

JOBS

ACCOUNTANT-DPM (TEAM LEADER)

U.S. DEPT OF HEALTH & HUMAN SERVICES

OS/ASAM/PSC/Financial Management Service/ Division of Payment (DPM)

DPM is seeking an innovative team player willing to work in an energetic results-oriented environment.

Two positions at GS-14
$85,210.00 to $110,775.00

Ann.#HHS-PSC-2005-0024
CLOSING DATE 1/4/2005

For the full announcement, access the HHS quickhire site at:

https://jobs.quickhire.com/scripts/hhs.exe

ACTIVIST

Resolution: Take back the Power! And put it in the hands of the people. Get paid to be a professional activist for the environment. 202-895-0420, x113. Clean Water Action EOE.

Admin/Clerical

Earn up to $12-$48/hr
Full benefits, paid training. Local area positions.
Call 800-320-9353 x 2427.

ADVERTISING

NEW YEAR '05'... NEW CAREER.

International publicity co., Beauty, Fashion, Music, has 10 entry level pos avail. Great PR skills, customer service. 2 wk pd train, advancement, $700-1000 wk. No tel sales. 703-212-7525.

AUTO

HOTEL VALET ATTENDANTS

All shifts avail. Good driving record req'd. Apply in person: JW Marriott, Valet Dept., 1331 Pennsylvania Ave., NW, WDC 20004.

AUTOMOTIVE

New Years Resolution
Make more Money!
We offer the following:
Due to increase in
sales we are
Looking for the following:
Finance Manager
Sales Manager
Internet Sales Managers
Sales Associates
We offer the following

- Great Salary Programs
- Medical/dental/vision plans
- Paid training program
- 401 (k) plans - Vacation Pay
- Friendly and pleasant work environment
- Strong bonus plans monthly/quarterly
- Great location and hours
- Advancement Opportunities
- Pay up to 40% & car plan

Come join our Award
Winning team!
Fax 703-383-6281 or Email
employment@tedbritt.com
to
arrange for your
confidential interview

BEAUTY/HAIR STYLISTS

Lic'd. FT/PT positions for our Wash, DC and Ashburn, Manassas, & Dulles, VA locations. High hourly rate + commiss. Med., dental, paid holidays, & vac. $200 Sign-on Bonus! Advanced paid education. Flex. sched., eves. & wkends. **Manager's position also avail. 703-869-3472**

Carpenter— Top pay for qualified person. Transpor a must. Call 540-551-2552 or 540-635-9435

DANCERS—Wanted for Gentlemen's Club (PG County). $300-$500 per night. No exp. needed. For dir. call: **240-286-3660/ 301-568-8500.**

FIN SVSC/MORTGAGES
Willing to educate.
Call Terresa 703-768-6300.

MANAGER

The Red Door Spas in the greater DC area are interviewing for experienced general managers to run leading busy exclusive day spa. Min. 3+ yrs exp in management. Excellent career growth opportunities and benefits. Contact Sue at 202-362-9890 or fax resume 202-363-1627 or email spage@rdspas.com

MARKETING/ENTRY LEVEL

SPORTS ENTERTAINMENT

Growing Adv. Co. just signed Baltimore's Major League Baseball team, has **F/T ROOKIE** pos. in **E-LVL**:Sales, Marketing, Promotions. No Exp. Nec. Rapid Advcemnt. **MUST BE ABLE TO START IMMED.** College Degree preferred! Up to $42K 1st yr. Call Elizabeth at 703-288-3123 or fax resume to 703-288-3126.

MECHANIC

FT Garage Door Mechanics/Helpers needed. Call **703-631-6050.**

BEAUTY/HAIR STYLISTS

Immed. management opening for 1 or 2 fast-paced, Wash DC hair salons. Competitive salary, med., dental, paid holidays & vac. Advanced paid educ. Call to discuss. 703-869-3472

Chauffeurs Wanted

Jan. 16th - 21st, long hours, great pay, plus tips. Will train. Must have complete knowledge of city, immaculate in dress, and be service oriented. Wonderful opportunities for retirees, military, firefighters, waiters/waitresses, and anyone who is looking for a great PT/FT job. Please call George M-F 9-4pm 202-638-3006 or Richard M,W,F 9-5pm 703-548-4382.

OFFICE ASSISTANT/FT

Chiropractic office in Greenbelt seeks Office Asst. Must be clearly bilingual Span/Eng. Please call 410-493-9474.

Property Management

JOB FAIR

The Dolben Company, a well established and growing Property Management Company seeks positions in all aspects of property management. To include: **Property Managers, Assistant Property Managers, Leasing Consultants, Maintenance Supervisors and Techs.** Job fair will be held on January 13, 2005 from 4-7 p.m. @ Riverscape Apartments located at 2600 Midway Branch Drive, Odenton MD 21113
(301)-912-3600

PROPERTY MANAGEMENT ASSISTANT

Excellent oppty to join The Chevy Chase Land Co. as support staff for a 646,000 s.f. office/retail complex. Excellent growth oppty. Must be computer literate, detail oriented, have good follow-up skills & multi-task. College or comparable experience. Please fax cover letter & resume w/salary req's to 301-654-2291.

PSYCHOLOGIST ASST

To train & monitor staff on behavior management plans for persons w/autism. P/T, flex. eve. & weekend hours. $20/hr. MA in Psych & exper. in behavior modification required. Fax resume to: Dr. Smith, 301-926-9384. EOE.

PSYCHOLOGIST ASST

To train & monitor staff on behavior management plans for persons w/autism. P/T, flex. eve. & weekend hours. $20/hr. MA in Psych & exper. in behavior modification required. Fax resume to: Dr. Smith, 301-926-9384. EOE.

REAL ESTATE

Settlement Processors, Mgrs, Abstractor (MD)
To $70K+bonus+benes.
VA, DC, MD Call **703-758-7111**

Sales/Estimator

O'Leary Asphalt located in Gaithersburg is currently seeking a self motivated Construction salesperson with a good attitude and at least 2 yrs exp who is aggressive and can be challenged. If you feel you meet these qualifications and are a team player call John Holdsworth 301-948-0010 M-F or fax resume to J Holdsworth at 301-948-1810. Salary & benefits OPEN.

SALES REP

For Avon. Earn extra $$.
Call Jeanette: 301-856-8082 or 240-350-0704

TEACHING/PSYCHOLOGY

Private non-profit agency in Montgomery County, MD seeks dynamic, energetic, individuals to serve as family trainers for children with autism. Special education certification, social worker, psychologist or licensed counselor may apply. Competitive salary and great benefits. Come make a difference in a childs life. Fax resume to Ms. Burch, at 301-762-5230.

EOE

VOCATIONAL SERVICES DIRECTOR

Private non-profit agency in Rockville, Md. seeks dynamic individual to serve as Director of Vocational Services for adults with autism. Must have strong programatic skills in supported employment for persons with disabilities. Candidate must possess Bachelors Degree in Psychology with 10 years experience or Masters Degree in Psychology with 5 years experience. Fax resume to: Mr. Allen 301-762-5230 EOE.

VOCATIONAL SERVICES DIRECTOR

Private non-profit agency in Rockville, Md. seeks dynamic individual to serve as Director of Vocational Services for adults with autism. Must have strong programatic skills in supported employment for persons with disabilities. Candidate must possess Bachelors Degree in Psychology with 10 years experience or Masters Degree in Psycholoigy with 5 years experience. Fax resume to: Mr. Allen 301-762-5230 EOE.

Respiratory Therapist/RN

FT. w/ nat'l sleep co. to svc CPAP & O2 patients in the DC metro area. Current lic. req'd. Competitive sal & benes. Email resume to jlewis@sleepmed.md or fax to 678-260-6207

Warehse/Immed Openings
Stock Clerks & Loaders. Will train right person. 1 time reg. fee. Labor Jobs Now: **202-291-5627**
www.dclaborjobsnow.com

CAREER TRAINING AND EMPLOYMENT SERVICES

Americare
Medical Assistant
Nursing Assistant
Classes start 1/10/05
Start the new year with a New Career
Financial Aid Avail if qualified
Job Placement Assistance
301-933-4660

Day & Evening Classes Available
Opening Doors, *Changing Lives*

- ☐ Dental Assistant
- ☐ Medical Assisting
- ☐ Pharmacy Technician
- ☐ Medical Administrative Specialist
- ☐ Therapeutic Massage
- ☐ Medical Radiology A.A.S.

Program offerings vary by campus.

• Financial Aid For Those Who Qualify
• Job Placement Assistance

ACT College
The Allied Health School

Alexandria 703-719-0700 • Manassas 703-365-9286 • Rosslyn 703-527-6660
6118 Franconia Rd. 8870 Rixlew Ln. 1100 Wilson Blvd.

Visit Our Website: www.actcollege.edu

REACH FOR THE SKY

Train for a career as an

- Executive Secretary • Accounting Clerk
- Office Manager
- Help Desk Professional
- Network Professional
- Medical Administrator
- Medical Billing Coder

Get The Skills Employers Are Looking For In Just 6-9 Months!

- Word • Excel • Powerpoint • Outlook
- A+ Cert • Network+ • i-Net+
- MCSA • MCSE • MOS & More

Placement Assistance

Register Today, Start Tomorrow

Financial Aid Available If Qualified

Career Blazers LEARNING CENTER

202.467.4223

2131 K St., N.W., 7th Floor • www.cblazers.com

BUSINESS AND FINANCIAL OPPORTUNITIES

VENDING
A Coke/M&M Route-Must Sell
Great locs - Earn BIG $$!
$0 Dwn/fin. 1-800-367-6709 x4321

STUFF

AFTER HOLIDAY SALE

PCs from $25. Monitors from $2. Laptops from $50. From now till Jan. 15. Practical Computer is having a huge clearance sale.
Mon-Fri., 10-7., Sat. 10-5. 703-321-3003

Guitar —Taylor 314Ce Ac/Elect Mint condition w/ hard case 700.00 OBO 202 546-4942

CAREER TRAINING AND EMPLOYMENT SERVICES

BED—mattress set sale, large selection, all sizes in plastic, $80-$280/set. Make offer. Credit cards accepted. Warranty. Delivery available. Call A.J. 301-674-2843

PETS

ADOPT A CAT/KITTEN—Vet checked. Call Feline Foundation. 703-920-8665. **www.ffgw.org.**

GERMAN SHEPHERD PUPS—AKC Raised in Bedroom. EXCEPTIONALLY huge friendly. i solid blk m. $500/700 Cash only. Can deliver 434-824-1146

GREAT DANE PUPS

AKC, 1 M 1 F fawn, female champ sired, parents on cite, health guar.VA Beach. Ready Now 757-635-3964.

RENTALS

ABLE TO AFFORD-Yet Got Denied?
Don't despair! Places MD/DC/VA
Call: **The Right Place 888-813-5689**

Act-Fast WHY RENT when you can Own! Kiss your Landlord Goodbye! Lg Brk Col., 3Br, 2 Fb, Fin Bsmt, nice yard. Shopping/Buses. $1350 & Up. Your Job is your Credit!... No Hassles. **Call 1-800-716-3409 ID# 3922** or Visit: **www.Buy.Sell4.com**
RE/MAX ALLEGIANCE

ALEX **$950**
LONGVIEW TERRACE
2BR apt. in nice & quiet community nr King St. Metro; w-w cpt, ceil. fans, a/c, d/w, balc, pkg.
CALL 703 200-3182

ALEX—3BR 2 full, 2 half BA TH in Van Dorn Station. 1 car gar. w-o bsmt. fpl. deck. $2300/mo. nr Metro & Shop. 240-643-8842/ 301-869-1954

ALEX/BELLE VIEW—2BR/1BA condo for rent. Near Old Town, GW Pkwy, bike path, beltway, Rt. 1, Metro, shopping. Non-smoker, no pets. $1200+utilities. Available now. Call 703-765-2851

Alexandria **EHO**
$500 off 1st Month!
or $50/mo off for a year!
No Sec Deposit and Free Utils!
Beautiful 1 &2 BRs
Apartment Homes From $955
ParcView Apartments
703-485-4148
M-F 8-5; Sat 10-5; Sun 12-5
*Restrictions Apply, Call for details

ALEXANDRIA **EHO**
Call For Free Apt. Rent Offer

- Luxury Apts & Garage Townhomes
- Short Term Leases Available
- Full-Size Washer & Dryer

Millbrook at Mark Center
1-877-298-4268 (toll free)

ALEXANDRIA
FOXCHASE
CALL FOR GREAT SPECIALS!
1 & 2BR APT HOMES
Alexandria's Finest! Loaded w/amenities.
30 Day Money Back Guarantee!
(866) 215-4364

Alexandria
Incredible Location, Value & Service!
RIVERSIDE PARK
2-BRs SPECIAL
FREE SHUTTLE TO HUNTINGTON METRO!
Military & Government Discounts!
1-866-259-2846

Alexandria
KEY TOWERS
I395 at Landmark
2 BR Penthouse Avail
Incredible Price! Act Now!
877-283-1108

ALEXANDRIA, VA **EHO**
KINGS GARDEN

- Walk to Schools, shopping, and Huntington Metro
- Floor to ceiling windows
- Walk-in Closets
- Balconies or Patios

877-317-0279
6300 South Kings Hwy

ANNANDALE **EHO**
THE PARLIMENTS

- **FREE UTILITIES**
- **Spacious kitchens**
- **Walk-in Closets**
- **Hardwood floors**
- **Patios & Balconies**
- **Swimming Pool**

877-316-6297

Annandale **$1975**
Sleepy Hollow Woods
4BR 2-1/2BA, inside B-way, avail now. 703-981-4113

Beltsville
LIGHTHOUSE @ TWIN LAKES
Eff, 1, 2 and 3 BR Apts
Great Location, Amenities and Service!
Student and Govt. Discounts
Lease now for bonus savings!
1-877-283-0988
www.aimco.com/025031

Classifieds

RENTALS

ARLINGTON **1200 S. Courthouse Rd**

For a Limited Time...
1 MONTH FREE

DOMINION PLAZA
Effcy $780-$905
1BR $960-$1060 **2BR Fr $1150**
Newly Remodeled apts. All utils incl. Fitness ctr, new business ctr, controlled access, on-site prkg. Walk to shopping & restaurants. Metrobus at corner to Pentagon Metro
*Limited Time, **703-920-2000**

ARLINGTON **2001 N. Adams St**

POTOMAC TOWERS
Conv to Key Bridge, easy access to Rt 66 & GW Prkwy, 3 blks to Courthouse Metro. Free on-site prkg
Effy $975* **1BR $1160***
All Utilities Incl No Security Dep
***Starting Prices** **703-524-2220**

BETHESDA Downtown—Luxury Condo, steps to Metro, 1BR 2BA, new grmt kitchn, all amenities. $1975 MUST SEE! 301-535-7611

Bethesda N./Grosvenor Metro **$1600**
Top flr 1BR Penthse Frt Dr @ Metro, on the bank of Grosvenor Creek Full Renov., Old World charm, All Utils, Cable, & amens incl'd. For details, 301-564-9834, or email: drwdncswm@grosvenorpark.net

BETHESDA'S BEST
The Palisades
The new height of luxury in Bethesda! Studios,1,2 & 3BR Apts. Now Available.
866-269-6042
www.thepalisadesapts.net
A Southern Mgmt. Community

BETHESDA
WALK TO METRO
BRAND NEW, LUXURY 1&2 BR APTS
CALL FOR CLOSE-OUT PRICES!
ROSDALE PARK
877-233-6462 **420 Rosedale Ave.**

BOWIE—Walk to Bowie Town Center. End unit TH, 3BR, Community Center & pool. 3rd flr Master Bedroom. $1595 + util. 301-602-9235

CENTREVILLE
3-5 BR houses & Townhouses
RENT TO OWN ONLY, 703-327-5223 Brid

ARL/BALLSTON—$995 inc heat, 1BR/1BA 2nd floor garden style condo in sought-after Arl Oaks nr Metro/shopping/dining/ Rt50! OPTION TO BUY! For 24-hr FREE recorded info call 866-213-6603 x2103

CAP HTS— 3BR 1.5BA TH. $1375/mo. Sect 8 ok. fncd yard. extra storage. resv pkg. 3 min drive to Metro. Call 301-931-1404 or 301-404-4524,

CAP HTS/4806 Leroy Gorham—4BR, 3BA, lg kit, w/w, driveway. $1500
Delwin Rlty, 301-608-3703 ext 105

Centrv/Fair Lakes— New 4lvl end TH w/loft. gar 3MBR, 3BA; $1800/mo. Frpl, gated comm, **703-998-6862**

CHANTILLY **$1195**
Super updated 2BR 1BA condo. 1142 fin sq ft. 2 parking spaces. Lots of extras. Avl Jan 8.
Call Ed Reiner at Jobin Realty 703-402-5445

COLLEGE PARK **EHO**
UNIVERSITY GARDENS
Great for Students!
- HUGE BALCONIES
- Spacious closets
- 2 swimming pools
- Shuttle bus to UMD in community
- Small pets okay!

877-316-6285
1801 Jasmin Terr, Adelphi

DC/NW **EHO**
THE ELLINGTON
Urban Living
Infused with the U Street Vibe
Penthouse Apts with incredible views.
866-827-1004
EllingtonApartments.com

DUPONT CIRCLE/COLUMBIA HGTS
GOOD THINGS COME IN 3'S
Washington House 2120 16th St., NW
Hightower 1530 16th St, NW
Park Square 2407 15th St., NW
PHONE: 877-810-6216
Peabody & Theoharis Management
www.ptmanagement.com

FAIRFAX
SHENANDOAH CROSSING
1 & 2 BEDOROM APTS.
- Minutes to GMU, Fair Oaks Mall & Ffx. Co. Pkwy.
- Large, bright floorplans
- **Large Dogs Welcome**

CALL TODAY! 888-208-1011
www.aimco.com/038751

Clarksburg, Exit 18, I-270 **$1950**
New Townhome
3 BR, Library, 3.5 BA, 2-Car Gar, Alarm, Avl immed. 240-994-5013

CRYSTAL CITY/Effcy 1 & 2BR APTS—All utils incl w/Cable TV, nr Metro, shops & rests. Free prkg. Short term lease - min 3 months. Effcy Furn $950; Furn 1BR Unfurn $1200; Furn $1300; 2BR Unfurn $1300; Furn $1400. 703-979-3772.

DUPONT CIRCLE
THE CHASTLETON
Walk to Shops/Restaurants
Near Dupont Metro
Ask about our Specials!
Studios $925-$1075
One Bedrooms $1150-$1550
Two Bedrooms $1900-$2175
866-438-1277

DWNTWN/NW/Historic/Ledroit Park—Urban Living. Wlk to Metro, Infused w/U Street vibe. Two 1-BR. Newly renov'd lux apts. Grt price. Avl immed. Don't wait. Call now for appt. 301-982-2988

DWNTWN/NW/Historic/Ledroit Park—Urban Living. Wlk to Metro, Infused w/U Street vibe. Two 1-BR. Newly renov'd lux apts. Grt price. Avl immed. Don't wait. Call now for appt. 301-982-2988

Fairfax/Fair Ridge **$1750**
Great Location!
3 LVL/3 BR TH. 2FBA/2HBA; frpl.; garage; close to hwys, shopping, transp. no pets. call 571-225-2200

FORESTVILLE—2BR apts w/ spacious floorplans. Winter Sale!. From $799 including all utilities. Awesome Location only mins from Beltway/495 & DC. **301-735-0260. EHO**

Fort Washington
ROSECROFT MEWS
1,2,3 BDRM APT. HOMES • INCREDIBLE VALUE
Huge Floorplans • Small Pets Welcome
Military & Government Discounts
866-216-7889

FREDERICKSBURG—Brand new TH, 2600 SF, 3 lvl, 2-car gar, Nonsmkg, avail 2/1 $1600. 703-550-5524

Gainsville **$1595**
Newer & Spacious
4BR/3.5BA TH. Section 8 ok. www. squishyfootrealty. com. Photos & More. 703-848-3831

Gaithersburg **EHO**
Great Location
near Rio, Metro, & I-270!
1,2,3BRs up to 1200sf
Starting from $735
- Spacious Apts
- Air Conditioning
- Scenic Balconies
- Pool

Ask about our
Newly Renovated Apts
Mill Creek Gardens
1-866-600-4369

GERMANTOWN
ROLLING HILLS
Fitness Center, Washer/Dryer, Pool, Playgrounds, & Picnic Area. Pets OK
HUGE 2BR/2BAs

FREE RENT*
NO SECURITY DEPOSIT
877-304-0855
www.apartments.com/rollinghills
***Call for Details**

GERMANTOWN
ROLLING HILLS
Fitness Center, Washer/Dryer, Pool, Playgrounds, & Picnic Area. Pets OK
HUGE 2BR/2BAs
FREE RENT*!
NO SECURITY DEPOSIT
877-304-0855
www.apartments.com/rollinghills
*Call for details

Greenbelt—1BR renovated condo. Patio. Wash./Dryer. Great location. All utilities. $995. 443-745-5446.

LANDOVER **1829 Belle Haven Dr**
Landover's Finest
2BR BLOWOUT $899!
Recently Renovated...Breakfast bars, w/w carpet, after-school program. Metro access. Shopping center. ADA accessible. Free prvt storage. Close to Sports Complex/FedEx Field.
Summer Ridge Apartments
1-888-880-3767 EHO

Landover Hills
CALVERT HALL APTS.
877-203-6036
2 & 3 BR APTS. Near Route 450 & PW Pkwy.
Gated Access • Individual Heat & A/C
Eat-in kitchens with Dishwashers

Landover
KINGS SQUARE APTS.
877-898-6958
ALL UTILITIES INCLUDED
Newly Renovated Apartments
Daycare Center on Premisis
Convenient to shops, Bus and Metro

LAUREL PARK
Great for DC/Baltimore Commuters!
- Mins from 95 & Rt1
- **Rents from $770**
- Swimming Pool
- Balconies or Terraces
- Cats Welcome

877-584-6151
A Southern Management Community

HYATTSVILLE **EHO**
NEW YEARS SPECIAL
NO RENT UNTIL FEB 2005
1&2BR BLOWOUT!
Instant Approvals
Call for Bonus Special
5% Gov't, County, & Sr. Citizen Discount
- Nr Metro, shpng & restaurants

QUEENSTOWN APARTMENTS
1-877-278-3509

LANDOVER—2BR Apts. 1 Month Free if you move by 1/15 (SRA). w-w carpet, spacious floorplans, excellent location. Don't Wait.....Call Now... 301-927-3721. EOE

LANDOVER—2BR Apts. 1 Month Free if you move by 1/15 (SRA). w-w carpet, spacious floorplans, excellent location. Don't Wait.....Call Now... 301-927-3721. EOE

Landover
MAPLE RIDGE
888-583-3045
Remodeled Apts. with Brand New Kitchens
Individually Controlled A/C and Heat
Fitness Center/Gated Access

LAUREL
So Spacious - up to 1200sf
1BR from $699, 2BR fr $799
3BR from $1255
Millitary Discounts
LAUREL SQUARE
1-877-227-2883

MANASSES—Furn. MSTR br, w/pvt. ent. & ba, utl/cbl. incl. n/s, $495 mo. 703-577-3203

MCLEAN/TYSONS **EHO**
POST TYSONS CORNER
Located in The Heart
of Tyson's Corner
Visit Today!
877-622-7878
1526 Lincoln Circle
www.postproperties.com

NE/NEW 2BR AVL IMMED—cac+utils. Sect 8 ok. NS. 703-307-0342

NE—Spac renov 1BR apt, amens incl W/D, CAC, modern appls. Nr. Union Station, Gallaudet. $800 SW—1 ($900) & 2BR ($1500) apts avail. Amens incl. FP, HW flrs, CAC, patio, W/D. Nr Metro, waterfront & Capitol Hill. Call 202-544-1374.

NORTHEAST **WALK TO METRO!**
$99 SECURITY DEPOSIT
1/2 OFF 2ND MONTH'S RENT!
FORT CHAPLIN PARK
REMODELED 1 & 2 BR APTS.
877-269-4216
An Edmondson & Gallagher Community

NW/604 KENNEDY ST—Spac. 1BR w/ w/w, nr Metro, secure bldg. $725
DELWIN REALTY **301-608-3703/X105**

NW, DC
Avalon at Gallery Place
Time Well Spent
Brand New Condominium-Grade Apartments
Studio, 1, 2 & 3 BR Apts
Starting from $1385
866.832.7951
www.avalongalleryplace.com

NW/DWNTWN—Newly renov, lge 1BR $875. Conv to shpg/trans. Effcy $750. 202-289-4909

NW **EHO**
For Those Who Simply Want It All
The Lansburgh
Corporate Furnished Apts
From $115/day, Min. 30 day stay
From $150/day, Min. 14 day stay
1-877-356-1148 (toll free)

NW/PETWORTH—Unfurn. rm. in SFH. Nr. bus. $525 incl. utils. 202-243-9552

OXON HILL
COLONIAL VILLAGE
888-583-3047
FREE UTILITIES
HUGE FLOORPLANS
CLOSE TO SHOPPING AND METRO!
Call Today for Rents & Specials!

OXON HILL **EHO**
1/2 off January Rent
1BR $650 or 2BR $765
$250 Security Deposits!
Instant Approval **5% Mill./Govt Disc.**
Metro Accessible
RIVERVIEW TERRACE
866-381-2786 (toll free)
Mon-Fri 9-6; W 9-5; Sat 10-5

OXON HILL—Very lge. 2BR apt. w/balcony, next to school & rec. ctr. CAC, w/d in each bldg. 1 mi. inside Beltway, $820/mo. inc. water/gas. Avl. immed. 703-222-2562

Riverdale
FLETCHERS FIELD
866-805-0782
ALL UTILITIES INCLUDED
Spacious, Modern Apartments
Minutes to University of Maryland and DC

RIVERDALE, MD—50% OFF 1st MONTHS RENT on select 1BRs. Spacious, oversized floorplans. Metro-Bus stop at front door. Don't Wait....Call Now!... 301-779-6663. EHO

ROCKV/GAITH—1 Free month! Large 1 & 2BR. Also furnished! 301-948-0087

ROCKVILLE **EHO**
The Huntington at King Farm
Call for Leasing Specials!
Brand New 1,2,3 BRs
and Townhomes Available
Across from Metro
800-461-5592

OXON HILL **EHO**
1/2 Off January Rent!
1BR Blowout $730 **2BR $850-$875**
- 5% Milliatry & Fed Gov't Discount
- Instant Credit Approvals
- Central Air/Heat
- Free after-school program
- Metro Access
- 95 Off 3B right on Audrey La

PARK FOREST
625 Audrey Lane
800-880-3923

OXON HILL **EHO**
SOUTHVIEW
- **Balconies & Patio**
- **Modern Kitchen**
- **Free Shuttle Bus**
- **2 swimming pools**

877-316-6303
A Southern Management Community

Riverdale
PARKVIEW GARDENS
888-251-1872
1,2 & 3 Bedrm Apts. & Huge 2 Bedrm Townhomes
Fitness and Day Care Centers on Property
Outdoor and Indoor Pool

ROCKVILLE/King Farm—brand new 2100 sq. ft. lux. 2BR 2.5 ba+den & country kit, gar. & carport. Avail. imm. $2395 mo. 301-440-0088.

ROCKVILLE, MD **EHO**
The Apartments at Miramount
- Washer/Dryer in each home
- Pool and Tennis Courts
- Picnic/BBQ Area
- Corporate Suites

888.324.8343
6040 California Circle
A Southern Management Community

SE—1,2, & 3BR. 5035, 5047 D ST SE. Newly remodel units w/new carpet. Free parking. Sec 8 welcome.- Call Harvey 202-942-7428 or Mark 301-806-1296

SE:1411 T ST—1BR, hardwood floors, convenient, secure building. $625 + utilities.
WAGGAMAN CORPORATION **202-537-8970**

SE/1819 P ST—1BR & 2BR w/dens, Nr. Metro. $650-$750 + elec.
DELWIN REALTY **301-608-3703/X105**

S.E. **EHO**
$99 SECURITY DEPOSIT
1/2 OFF 2ND MONTH'S RENT!
JUST MINUTES FROM DOWNTOWN!
MEADOW GREEN COURTS
877-595-7389
An Edmondson & Gallagher Community

SILVER SPRING TOWERS
The Perfect Location!
FREE UTILITIES
Just a few steps from the Silver Spring Metro; walking distance to 2 new shopping centers, the AFI Silver Theater, the Discovery Channel building; and soon-to-be neighbors with a brand new health club and Borders Books - you couldnt ask for a better spot!
877-220-7136
A Southern Mgmt. Community

SOUTHERN MD/ST MARY'S CO/Lexington Park
40mi south of Waldorf. Gorgeous 1&2BR apts, spacious floorplans, winter specials. No Rent until Feb 05 and No Security Deposit. 301-737-5300. EHO

SOUTHERN MD/ST MARY'S CO/Lexington Park
40mi south of Waldorf. Gorgeous 1&2BR apts, spacious floorplans, winter specials. No Rent until Feb 05 and No Security Deposit. 301-737-5300. EHO

SOUTHWEST **EHO**
GREAT PRICE • GREAT LOCATION!
1 BR's from $575 • 2 BR's from $650
EAGLE'S CROSSING
866-416-1325
An Edmondson & Gallagher Community

SPRINGFIELD CROSSING APARTMENTS
LEASE NOW AND GET
$1,000 SHOPPING SPREE OR
1 MONTH FREE
if you move in by January 15th.
866-880-1968
KSI Management EHO

SUITLAND—1 & 2 BR fr. $695. All utils. included!
100% Renovated units available!
Directly across from Metro • Free Parking
SILVER HILL APTS.
866-864-1038

VIENNA/MERRIFIELD—3br/3ba penthouse, directly across from Dunn Loring Metro, 30' cath ceil, jacuzzi, security bldg w/ undergrounf pck & storage, $2350/mo 703-532-4663

VIENNA, VA **EHO**
VIENNA PARK
- Park-like setting
- Wall-to-wall Carpet
- Enormous Balconies
- Huge living rooms
- Swimming pool
- Play areas
- Minutes to metro

877-316-6306
A Southern Management Community

WHEATON—3-BR, din. rm., fam. rm., CAC, W/D, carpeted, deck, fncd yrd. Avl. immed. $1225. 301-984-7749

Wheaton **EHO**
EXPAND YOUR POSSIBILITIES
Now Leasing - Townhomes, Lofts, Flats & Live/Work Spaces adjacent to the Metro. Business & Fitness Centers, Clubroom, Pool/Sundeck.
The Montgomery at Wheaton Metro
MontgomeryWheaton.com
877-720-5808
Professionally Managed by Bozzuto

CAREER TRAINING AND EMPLOYMENT SERVICES

CAREER TRAINING AND EMPLOYMENT SERVICES

Learn to be a
MEDICAL ASSISTANT

Sanz
since 1939

✓ Financial Aid If You Qualify
✓ Job Placement Help
✓ Day & Evening Classes

3 Convenient Locations
DC (202) 872-4700
MD (877) 844-3568
VA (703) 237-6200

Programs vary by campus. Call for details.

Classifieds

RENTALS

TAKOMA PARK—great location/schools, 4br/2ba, CAC, W/D,new paint, avl now, $1395. 410-626-7308

TAKOMA PK & GAITH'BURG—Eff., 1, and 2 BR. Bargains. 301-270-8330

UPPER MARLBORO—Gorgeous 3BR TH, 3 lvls, 2½BA, fin bsmt, FP, deck. $1895. 301-792-3362

WALDORF—3 Bedroom, 1½ Bath Townhome. New wall to wall carpet, freshly painted, washer/dryer, new appliances, available February. $1350
Call 202-543-2905

MOVERS

J & S MOVERS - Local & Long Distance Moving, No Job to Small. Very Reasonable Call 202-726-6078

ROOMMATES

ALEX—Shr hse 2 spac rms w/cble/ph/frig. Nr Potomac River/shop, 703.927.4848/ 703.801.1374

Alexandria—$750
Rooms available for rent now!
From $750, including utils. 703-850-6887

Fair Lakes, VA—$650
Rooms available now!
From $650 including all utils. 703-850-6887

Fairfax/Falls Church **$575**
$575, incl. all
F to shr lge 2-BR 1-bath apt. $575 incl util, cbl. Near Dunn Loring mtr, 495. Avl 1/1. hchai@gmu.edu

NE WASHINGTON DC—$1150
35th STREET: 2BR/1BA
Renovated/New appliances. SECTION 8 OK. Call 202-258-1421

SS—wlk to metro, prof. F, sh. wonderful house, bdrms $495/$435 N/S, no pets. incl util. 301-593-2435

CONDOS FOR SALE

ARL N.—Condos from $260,000, compl renov. 703-475-8152. Saab Realty
www.StickWithNick.com

ARL N **METRO**
YEAR END CLEARANCE!
GREAT DEALS HERE...
Fix-up effcy 2 blks metro.....$130K
Larger effcy rented thru May.....$145K
Corner 1BR w/balc, DC view.....$250K
Super renov 1BR w/pkg.....$275K
Delux effcy 1 blk Ballston.....$275K
Giant 1BR 1 blk VA Sq Metro.....$280K
Marion Cloud
703-314-7033
RE/MAX ALLEGIANCE

HOUSES FOR SALE

AAFB- PG Co: Move up Buyers Wanted. Brk. Col. 3,500 SF, 4BR, 3Ba, 2Car, Gas heat. ID#5042.
10 yr S/Foyer, 3 Br, 2.5 Ba, Sep Dr. Rec Room, ID #2082, Gorg brk ram 3.5Ba, lg bsmt ID#4082. 4 Br Col, 3.5 Ba, New Homes ID#7032.
2 Br, 2 Ba, Condo, Shopping, near Metro. ID#8012.
Recorded Info 24/7:
1-800-716-3409 & enter ID# or Visit:
www.HomeShoppingGoogle.com

ACT FAST: Bargain/Distress Homes, make U $$$$! **Hud/Va/Bank/Fixer-Uppers, Pre-Foreclosures. $150's - $1Million.**Free List, Call **1-800-716-3409 ID# 3012** or visit: **www.Buy.Sell4.com**
RE/MAX Allegiance

ACT FAST — SELL YOUR HOUSE TODAY. Any price, any condition.
Call 877-3-BUYERS (289377)

ACT FAST — SELL YOUR HOUSE TODAY. Any price, any condition.
Call 877-3-BUYERS (289377)

ACT NOW!! Behind on your Mortgage Payment? Stop your Foreclosure/Save your Credit!! We buy houses! **CASH OFFERS** in 24 hours! **CASH IN HAND** in 7-13 days! Guaranteed!
Call now! 24 hours - 1-800-716-3409
ID # 2032 Visit **www.UglyHomesForCash.com**

ADVERTISE YOUR HOME— FREE FSBO Site: You can sell without an Agent. View Homes, List Homes. **FREE www.FreelistFSBOinfo.com**
or Call **1-800-716-3409. ID #2622**

ASH-Beth/Gaith: Special Homes, Great Options. Lg Brk Col, 4Br, 3Ba, Fin Bsmt. ID#6032. Seller needs to Sell ASAP. Gorgeous S/Lvl Homes, Brk, Gas heat, 4Br, 2Ba, ID#7042. Large T/House Brk-front, End-unit 3Br, 2 FB, Eat-in-Kit. F Bsmt, Garage ID#5012. Condo 2BR, 1BA, Nice Area, Buses. ID#2062. Recorded info. 24 Hrs. Call **1-800-716-3409** & enter ID# or visit
MarylandHomesMarketplace.com

BOYDS **$630,000**
Brand new 5 BR, 2½ BA SFH, fin wlk out bsmt, 2 car gar. OPEN 1-4
Sat. & Sun. 240-506-7151

CAPITOL HTS **$145K**
SF, 3BR, 2BA, recently remod.
Call 240-498-4073. Re/Max.

CASH FOR HOUSE IN 48 HRS—Any cond, price, area. 301-346-4394

CLARKSBURG **$599,900**
Brand new SFH. 4 BR, 2½ BA, 2 car gar. For info call Kamal at A-K Real Estate. 301-972-5682/ 240 381-9374 Kamal4000@yahoo.com

FIRST TIME HOMEBUYERS OR MOVE UP TO A NEW HOME—Up to 100% fin. No Money Down* No Income or asset verific. Good Bad Credit or Really Bad Credit* 703-580-7470. Sears Realty Group

NW/DWNTWN—Conv. metro/trans. $750 - $1000. 202-289-4909

Clarksburg **$584,900**
Open Sunday 12-5
Clarksburg Town Center. Excellent opportunity to own this gorgeous home built by Miller Smith. 2 car garage, hardwood floors, 3 bed + sitting rm, 3.5 ba, finished basement, fenced yard. A must see. From 355N, R to Stingtown Rd., L to 12706 Brightwell Dr.
Simon Kim **301-963-7060**

Gaithersburg **$439,900**
LAKELANDS!!
Don't miss this chance! Nice cottage home with 2 bed, 2.5 ba, gas fireplace, 2 car garage, hardwood floors and ton of shops at your doorsteps. From Great Seneca Hwy., R to Kentlands Blvd., L to Market St., R to Center Point Way, R to Heathwalk St,. L to 696 Heathwalk Mews
Simon Kim **301-963-7060**

OCEAN PINES, MD—Award Winning Active Adult Community, brand new SFH, 1 lvl, 3BR/2BA, w/d, 2 car gar, club house, fitness ctr, beach, indr/outdr pools, golf, social activities, etc. $1400/mo. 301-572-4551

SILVER SPRING—Dan Krell Fairfax Realty, Inc. 301-881-9800, x238. Equal Housing Opportunity.
SILVERSPRINGHOMESEARCH.COM
new listings via daily e-mail

SPRINGFIELD—2000, 4000 sf, 3 OH doors, zoned I-5, avl. 703 548-5871

WE BUY HOUSES-ANY PRICE OR COND
Do you need to sell? Relocating? Need repairs? Bad tenants? Behind in payments? Facing foreclosure? 100% financed? Divorce? Owe liens?

We buy houses, all cash, no contingencies, no real estate fees. No cost to you for our services.
Brian, Re/Max 2000, **301-996-9695**
www.listorbuyhomes.com

WOODBRIDGE/FAIRFAX—(6) new THs, 3BR 2½BA, 2 car gar. Avl 2/1. Owner fin, credit issues, bankrptcy ok. Lets make a deal! 703-660-6752

REAL ESTATE SERVICES

DON'T MISS THE BOAT!!
REFINANCE YOUR MORTGAGE!
PAY OFF THOSE CREDIT CARDS!
Less Than Perfect Credit Is OK!
Lower Your Monthly Payment!
Interest Only Programs!
Call Jayme (301) 208-9444

WE DO THE LOANS NO ONE ELSE CAN
Residential/commercial real estate with equity. We save homes from foreclosure & bankruptcy. We accept scores below 500, and do unique deals. Call Robert, 240-314-0399 ext 11.

WHEELS

ACURA—'90 Legend, 4-dr, good cond., brown, sunroof, $800. 202-832-4866

AUDI '00 Quattro TT w factory xtras—5 spd, 53k mi, green, AM/FM, CD, Insp, Snrf, AC, PW/PDL, PS, ABS, Alloys, Cruise, Tilt, $18500, 443-306-7904

BMW '01 540—6spd,56kmi.Stl Blue/Gry. CD.Sprt.-Pkg.Prem snd. $28500,OBO, Mint.cnd. Moving, Must sell 703-851-8878

CAD—'84 Seville, 4-dr, selling as is, price negotiable. Good condition. 301-340-8321

FORD '95 Windstar—Auto, 149k, quad seating, ABS, great looks / drive, audio, dual AC, keypad entry power, Alloys, Michelins, $3,500 obo, 301-946-5929

JEEP '01 Limited-60 Aniversay EDdition—Auto, 50k mi, Black, AM/FM, CD, Insp, Snrf, Mnrf, AC, PW/PDL, PS, ABS, Alloys, Cruise, Tilt,New tires,-Lether $20000, 571-277-2974

LEXUS '98 GS 300—92k mi, Black, Mint condition, full options $12000 or best offer,301-577-7360 or 301-455-4855

LEXUS '97 LS 400—coach edt, fully loaded! hwy mi, exec cond. $14500, 434-295-0828

MERCURY—'95 Mystique LS, always garaged, must sell. 301-545-8652

NISSAN '95 PATHFINDER—blk, 138k mi, all power, 5spd, $4700 703-403-7638

PONT '98 Sunfire—Auto, 65K, White, AM/FM, CD, Insp, Snrf, AC, PW/PDL, PS, Cruise, Tilt, $4500, 202-547-4315

VW '03 GTI—5 spd, 19k mi, Gray, AM/FM, Cassette, CD, Insp, Snrf, Mnrf, AC, PW/PDL, PS, ABS, Alloys, Cruise, Tilt, $17000, 540-846-6164
Awesome Handling Fun to Drive

BOATS

DUCATI MONSTER 750S I.E. '02—Gray Tank, Florecent Red Wheels, 2300 miles - Garage Kept $6000/ OBO 540-846-6164 $6000, 540-846-6164
Awesome Handling Fun to Drive

Add it up!

You + CMU in Metro DC = Success

"CMU has made a big difference in my life."

Desiree Foster
MSA/GA 2002 graduate

7 Metro DC locations
3 in Maryland, 1 in DC and 3 in Virginia.

8 Master of Science in Administration degree concentrations
Call (877) 268-4636 for information.

2 Master of Arts degree in Education concentrations in Centreville
Call (877) 268-4636 for information.

30 years experience in off-campus education

60,000 graduates

Subtract all the hassles, add evening and weekend classes, no entrance exams, and competitive tuition, and get the career you want and the services you need.

Join us at Central Michigan University in Metro DC
Call (877) 268-4636 today!
cmuoffcampus.com • cmuoffcampus@cmich.edu
Real people. Real degrees. Real success.

CMU
CENTRAL MICHIGAN UNIVERSITY

Aberdeen PG • Andrew AFB • Centreville • Fort Belvoir • Fort Meade • Fort Myer • Pentagon

CMU is an AA/EO institution (see www.cmich.edu/aaeo). 16161 11/04

Look* out

* TRENDS, CULTURE, DISCOVERIES, IDEAS, PEOPLE

"Our Madison Avenue store gets a lot of tourists who want to take home scented souvenirs."

LAURICE RAHME
PERFUMER

BOROUGH BOTTLES: A different container for each New York neighborhood scent.

Fashion

Urban Essences

New York: If you can smell it there, you can smell it anywhere

When perfumer Laurice Rahme decided to open her first store, New York made sense. After all, she does make scents of New York.

There's the white flower-and-greens blend known as Gramercy Park, the gardenia-laced Madison Soiree and the citrus-inspired Little Italy. Bergamot, verbena and lime blossom capture the fragrance of Central Park, and zesty Wall Street is all about the smell of money, achieved with a blend of sea kale and cucumber, marine aroma and lavender, and musks and ambergris.

These are among the perfumes at Rahme's little shop, Bond No. 9, in the NoHo neighborhood of Manhattan — which, to Rahme, smells like mandarin orange, violet leaves and cashmere woods.

In two years, she's captured 21 neighborhoods in bottles, which are themselves distinctive. The fragrances are kept in large glass amphoras that sit on shelves carved into larger than life mannequins. The perfume is then poured into flacons that customers themselves choose to match their own taste, decor and lifestyle.

Rahme's sights — or sniffs — are now set on adding Bleeker Street, Chinatown and Manhattan's East Side highway known as the FDR.

Individual scents are in the works for about six months, with Rahme visiting often. Some neighborhoods get two versions. Chelsea, for instance, has a day scent that aims to recall the flower and flea markets with notes of white peony, white hyacinth and musk, while a night fragrance captures the smell of tobacco that fills the air as people step outside bars and restaurants to smoke.

AP

Laurice Rahme makes a living sticking her nose into every nook of New York.

The native Parisian says she never doubted that the fragrances would find customers beyond the five boroughs, but she didn't expect the response to be global.

"Non-New Yorkers love it [the perfume] more than New Yorkers," said Rahme. "I thought our niche would be New Yorkers, but our Madison Avenue store gets a lot of tourists."

She added: "Everyone wants a piece of New York."

Because of the strong emotional connection people have with smell, they can recall New York vacation moments when they get a whiff of a familiar scent, she said.

The only neighborhood name Rahme hasn't been able to put in a flacon is Nolita. There's a jewelry company that already took the trademark, because it might do a fragrance someday.

SAMANTHA CRITCHELL (AP)

build your IT skills
at our Arlington site on the Orange Line

Web Development	Starts January 8
MCSE Windows 2003	Starts January 10
Oracle DBA 9i	Starts January 11
MULTI-CERTIFICATE: A+/Network+/CCNA/MCP/Security+	Starts January 22

Call Technical Advisor at 202.687.4504 or email cpdit@georgetown.edu

Georgetown UNIVERSITY 1789 — CENTER *for* PROFESSIONAL DEVELOPMENT

04D17

http://cpd.georgetown.edu

ITALIAN
WINTER 2005
Language, Cooking, & Art Classes For Adults & Children
Jan. 9 – April 11
CASA ITALIANA Language School
3rd & F Streets, NW
(202) 638-1348 M metro
www.casaitalianaschool.org

RHEUMATOID ARTHRITIS.
It interferes with everyday life.
If you suffer from stiff, swollen joints, you know the frustration rheumatoid arthritis brings.
THE CENTER FOR RHEUMATOLOGY AND BONE RESEARCH
The Center for Rheumatology and Bone Research is conducting research trials for patients with Rheumatoid Arthritis.
If you qualify, you will receive:
- Physical examinations and follow-up visits by a board certified rheumatologist
- Laboratory tests

For more information or to participate, please call:
(301) 942-6610
www.washingtonarthritis.com
Evan L. Siegel, MD, FACR
Board Certified Rheumatologist
2730 University Blvd. West • Suite 306
Wheaton, MD 20902
A Division of Arthritis and Rheumatism Associates, P.C.

Michael Wilbon | Chat House

Post columnist **MICHAEL WILBON** was online Monday from Florida to discuss the Orange Bowl, the Redskins and NFL playoffs | **washingtonpost.com/liveonline**

What is the atmosphere like down in Florida? Do you get the sense that one team is more relaxed or tense?

It's great here in south Florida. Eighty degrees, sunny. Now, I want you to listen to me good: Never, ever, ever put any stock in who is "more relaxed." Never, ever concern yourself with that junk. We don't know who is more relaxed, despite whatever junk you hear or read. Some guys are uptight on every team, some are ready to jump in the Atlantic for a swim. It doesn't matter. It doesn't correlate. The team who plays the best Tuesday will win.

Ultimately, the NFL playoffs are much more interesting than the Redskins, but I'm still curious to see what you think the Redskins can take away from the season.

You're absolutely right. The NFL playoffs are much more interesting than the Redskins. It's over, people. The Redskins are over. One of the things I notice most about people who follow sports now is that they only follow their own team, so they don't really have a perspective.

Instead of tuning out football, watch the Colts and Broncos, and the Jets and Chargers. See what teams really have who make the playoffs. That's the fun of the season, not rehashing the Redskins woes.

They need to come back with a plan that either makes better use of Ladell Betts and Patrick Ramsey, or goes with different personnel. If Clinton Portis is on the team, figure out how to use him. But I think this is less about offensive personnel than philosophy. And I still think Joe Gibbs will use this off-season to come up with the kind of plan he didn't have the time to formulate this season.

The NFC is a joke this year. I think the playoffs in the AFC will be great games but is there any chance the Super Bowl will be a good game?

We all thought the Eastern Conference of the NBA was a joke last year, but Detroit waxed the Lakers, right? Don't presume.

➜ Today on Live Online

NOON: The Post's Jacqueline Salmon discusses finding the best ways to contribute to aid victims of the tsunami in South Asia.

The Duplex | *Glenn McCoy*

Pearls Before Swine | *Stephan Pastis*

Letters

A Higher Moral Standard

MONDAY'S LETTER-WRITER just doesn't get it. Nobody is denying the barbarism of those who attacked and killed U.S. contractors. However, some of us believe U.S. soldiers, such as those at Abu Ghraib, should be held to a higher moral standard than terrorists, especially when our guys are supposed to be there to bring freedom and human rights to Iraqis. Their behavior was indeed "shocking and awful" and no amount of moral relativism will change that.

—SHAWN HUNT
Takoma Park, Md.

Bush's Initial Aid Pledge

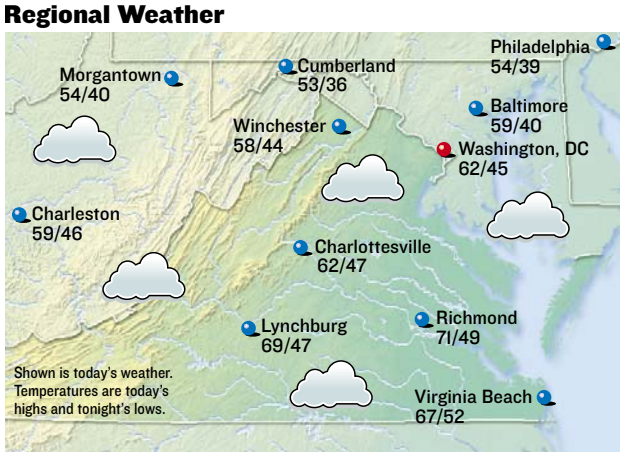
MONDAY'S EXPRESS said the Bush administration's "initial pledge" to aid tsunami victims was $35 million. Actually, it was $15 million. And while it's up to $350 million now, it seems incredibly ill-informed such a tiny initial figure was given out.

—LAUREL YATSKO
Frederick, Md.

5 Day Forecast for the Washington Area

Today	Tonight	Wednesday	Thursday	Friday	Saturday
Warm, chance of a shower	Mild, drizzle, rain late	Cooler, rain, fog	Cloudy, mild, rain	Mostly cloudy, rain possible	Mostly cloudy, maybe rain at night
62°	45°	46° / 36°	52° / 40°	48° / 38°	54° / 42°

Regional Weather



All forecasts and maps provided by **AccuWeather, Inc. ©2005**

Almanac

Washington, D.C., through 4 p.m. Mon.

Temperature

High	63°
Low	42°
Normal high	43°
Normal low	28°
Average humidity	74%

Precipitation

24 hours ending 4 p.m.	Trace
Month to date	Trace
Normal month to date	0.30"
Year to date	Trace
Last year to date	0.15"
Normal year to date	0.30"

For up-to-the-minute weather, see: **washingtonpost.com/weather**

Regional Forecast

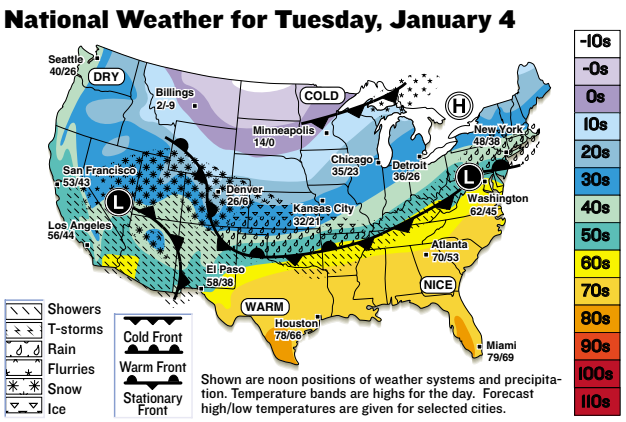
D.C. Metro: Today, mostly cloudy, warm, chance of a shower. High 62. Wind variable 5-10 mph. Tonight, mild, drizzle, patchy fog, rain late. Low 45.

Sun and Moon

Sunrise today	7:27 a.m.
Sunset tonight	5:00 p.m.
Moonrise today	12:51 a.m.
Moonset today	12:15 p.m.

New	First	Full	Last
Jan 10	Jan 17	Jan 25	Feb 2

National Weather for Tuesday, January 4



National Cities

City	Today Hi/Lo/W	Wed. Hi/Lo/W
Atlanta	70/53/pc	70/53/pc
Boston	42/29/r	34/25/sn
Chicago	35/23/i	27/21/sn
Dallas	70/58/sh	58/28/t
Denver	26/6/sn	15/2/sn
Honolulu	80/65/s	79/65/sh
Los Angeles	56/44/sh	62/46/pc
Miami	79/69/pc	80/69/s
New York City	48/38/r	39/32/r
Orlando	78/58/s	80/60/s
Seattle	40/26/s	40/28/s

World Cities

City	Today Hi/Lo/W	Wed. Hi/Lo/W
Amsterdam	45/37/r	40/37/pc
Athens	43/33/pc	50/44/pc
Berlin	41/33/sn	37/28/pc
Buenos Aires	93/73/pc	93/72/t
Calgary	5/-4/s	27/8/s
Dublin	50/34/r	46/37/r
Geneva	42/35/s	40/35/pc
Moscow	32/21/sn	32/19/sn
Rome	51/42/s	56/43/s
Sydney	86/62/t	83/63/s
Tokyo	53/32/pc	41/33/s

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

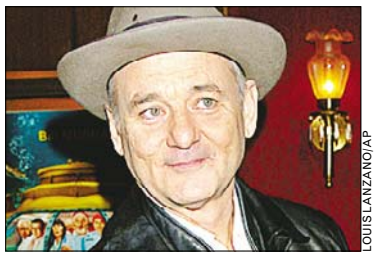
Look out

People

SELF-APOLOGIA

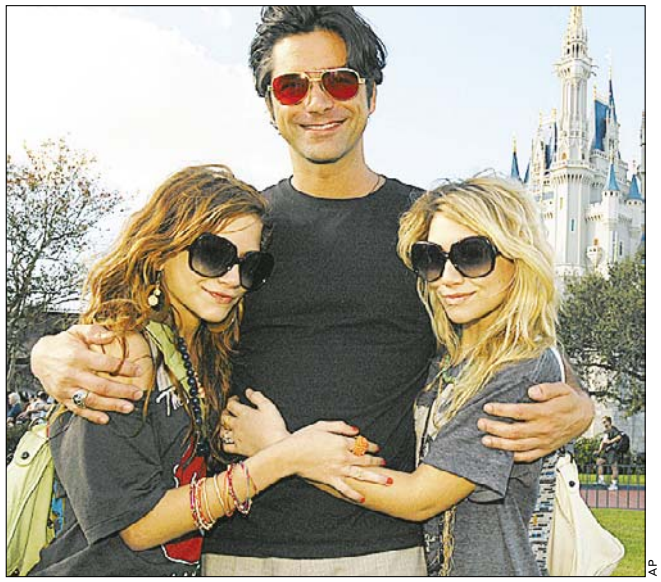
Translation: Nice People Are Bug-Eating Morons

"If it keeps obnoxious people away, that's fine," **BILL MURRAY** told this week's Time magazine when asked about his reputation for being "difficult." "It makes me think of that line you catch more flies with honey than vinegar. People say this to you with a straight face, and I always say, 'Who. Wants. Flies?'" The star of "The Life Aquatic with Steve Zissou" grew up in a blue-collar family and suggested his outbursts are generally spurred by empathy for the underdog. (AP)



LOUIS LANZANO/AP

"Grrrr! I'm difficult! My hat is difficult!"



AP

TWINS

Thrice Disturbing

In a creepy blast from the past certain to spark needlessly lewd imaginings, **MARY-KATE**, left, and **ASHLEY OLSEN** vacationed at Walt Disney World with **JOHN STAMOS** this past weekend. The twins sported sunglasses bigger than their heads, accentuating their ever-gaunter faces. (EXPRESS)

GENEROSITY

Sandra Makes Other Celebrities Look Really, Really Bad

SANDRA BULLOCK has donated $1 million to the American Red Cross to help relief efforts in countries affected by the deadly earthquake and tsunamis in southern Asia and eastern Africa. The actress contacted the American Red Cross last week, the organization said Monday. "Sandra continues to enable our lifesaving work and is a model for personal generosity," said American Red Cross President and CEO Marsha Evans in a statement. Bullock also donated $1 million after the Sept. 11 terror attacks. (AP)

AP

"Miss Congeniality 2: Armed and Fabulous" doesn't deserve Sandra!

HONORS

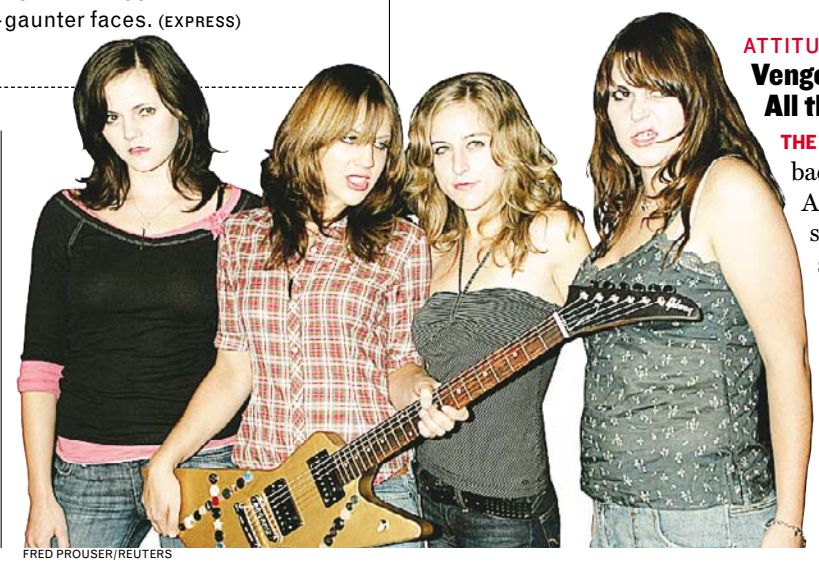
Could You Please Rename It 'The French Patient' Now?

French fashion designer Emanuel Ungaro, British actress **KRISTIN SCOTT THOMAS** and French politician Nicholas Sarkozy have won entry into France's prestigious Legion of Honor on Saturday. Scott Thomas, 44, was nominated for a best actress Oscar for her role in 1996's "The English Patient." Her films also include "Four Weddings and a Funeral" and the upcoming "Man to Man," co-starring Joseph Fiennes. (AP)

EMPTY CHATTER

Desperate for Material, Host Mocks Own Accent

CRAIG FERGUSON has something that will make his late-night TV talk show distinct — his Scottish accent. "My gimmick is that I'll be using a Scottish accent for the entire show," Ferguson said. "You know, it's out there, but I think it will work." Ferguson, the new host of CBS' "The Late Late Show," said a photo of his 3 ½-year-old son is "out of sight on the desk" away from studio cameras. Does he plan on making changes to the format? "I am going to stay with the format as it is for now and experiment with it gradually. I think you have to know your way 'round an engine before you start dismantling it," he said. Ferguson is best known for "The Drew Carey Show." The 42-year-old actor-comedian also wrote and starred in the films "Saving Grace" and "The Big Tease." (AP)



FRED PROUSER/REUTERS

ATTITUDE

Vengeful Gloating: All the Girls Are Doing It

THE DONNAS — who say they never use backing tracks — were glad when Ashlee Simpson was caught lip synching. "We thought, 'Finally she got caught and she's going to get punished and everyone's going to figure it out and it would be like Milli Vanilli, and everyone would return her CDs,'" said guitarist Allison Robertson. But though sales of Simpson's "Autobiography" dipped briefly, they rose again, outselling The Donnas' "Gold Medal." (AP)

A Degree Opens Doors

Improve Your Life while Helping Others

Earn Your

ASSOCIATE DEGREE

in Health Services Administration *in 18 months!*

Sanz since 1939

✓ Earn a Certificate in Billing & Coding along the way!
✓ Financial Aid If You Qualify
✓ Job Placement Help
✓ Day, Evening and Weekend Classes

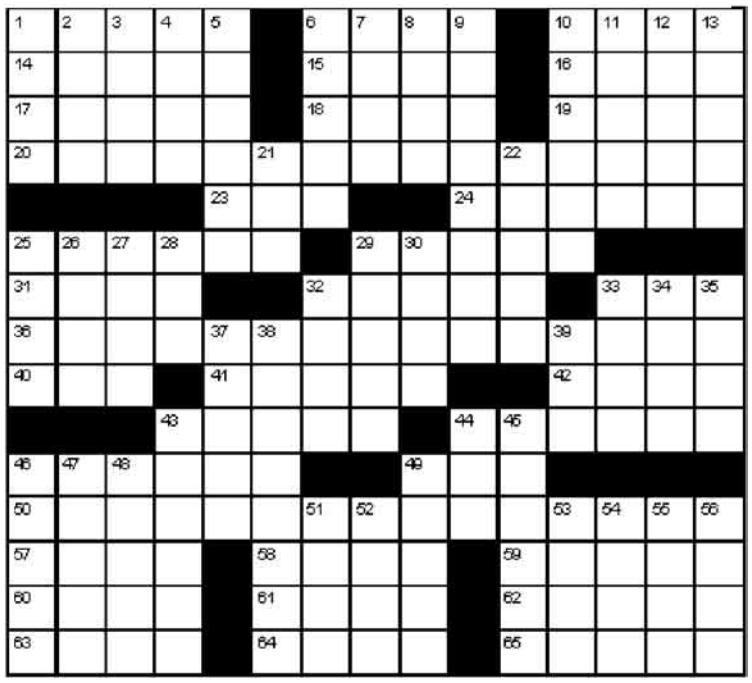
Call Today

DC (888) 874-6581
VA (888) 879-0104

1821

On Jan. 4, the first native-born American saint, Elizabeth Ann Seton, died in Emmitsburg, Md.; also, in 1951, during the Korean conflict, North Korean and Communist Chinese forces captured the city of Seoul.

To Dye For | *Edited by Timothy E. Parker*



ACROSS
1 Montezuma II, for one
6 Bombay wraparound dress
10 Improvisational style
14 Gaucho accessory
15 Where Baha'ism began
16 Type of slinger
17 Team of Johnny Unitas
18 Not tacit
19 Against
20 Seldom
23 Naught
24 Takes the wheel
25 Tempest setting
29 They're drawn to the flame
31 Perry's penman
32 Clark or Gibbs of country music
33 Zoo attraction
36 Hercule Poirot's pride
40 Sheep's milieu
41 Films with casts of thousands
42 Partner of "read 'em"
43 More than lionize
44 Sixth Amendment adjective
46 Film mouse
49 Golf norm
50 Gives up
57 Jack-in-the-pulpit, for one
58 Cause to grimace
59 Replay effect
60 Sport of princes
61 Excalibur's handle
62 All agog
63 First name in slapstick
64 D-Day invasion town
65 Steakhouse selection

DOWN
1 With the bow, in music
2 Jerusalem temple locale
3 Powder ingredient, perhaps
4 Sermon attachment
5 Pit boss' domain
6 Strong cordage fiber
7 Damascus resident
8 Snooker cushion
9 Automotive, steel or tourism, e.g.
10 Attaints
11 Birchbark boat
12 Noted capitalist John Jacob
13 Dilutes
21 Insect egg
22 Moral philosophy
25 Kiss or show partner
26 Buffalo-to-Albany canal
27 Ski resort next to Snowbird
28 Favored one
29 Benevolence
30 Lode yields
32 Working for the weekend letters
33 Away from the sea wind
34 Argued a claim
35 Catch sight of
37 Come-hither looks
38 They're often etched in stone
39 Female with a wool coat
43 Evil spirit (Var.)
44 Remained unused
45 Like some stations on a car radio
46 Pulls a switcheroo
47 Clairvoyant's cards
48 Tongue neighbor
49 Mottled horse
51 Display one's patience
52 It could cause one to switch gears
53 Bodybuilder's bane
54 Recognizable symbol
55 Sunday utterance
56 Reason for an "R"

Yesterday's Solution

Horoscope

By Stella Wilder

CAPRICORN (Dec. 22-Jan. 19) A slight shift in attitude or expectations may surprise you, bringing with it an unforeseen opportunity and opening many doors.

AQUARIUS (Jan. 20-Feb. 18) Take advantage of knowledge recently gained and you can enjoy a marked increase in productivity and, in the long run, professional status.

PISCES (Feb. 19-March 20) You can count on a new kind of enlightenment bringing greater clarity into almost all your endeavors. Your luck is about to change.

ARIES (March 21-April 19) You'll gain strength and peace of mind if you put aside a petty grudge and let family support do its thing. Be more open, gentle.

TAURUS (April 20-May 20) There will be much to accomplish, and be sure to perform certain duties at required times.

GEMINI (May 21-June 20) A new relationship you've just begun exploring more fully will blossom. What comes your way may just be your cup of tea.

CANCER (June 21-July 22) External influences aren't likely to give you the answers you desire. Look, instead, within — and you'll discover much of value.

LEO (July 23-Aug. 22) You're engaged in a healing process of sorts, one you are sharing with someone else who has much in common with you. Keep communication lines open.

VIRGO (Aug. 23-Sept. 22) Someone may be trying to restrict your creativity. Be patient, willing to listen to reason. In the end be sure to express your concerns.

LIBRA (Sept. 23-Oct. 22) You're not likely to be on your own at any time — even when you seem to be enjoying solitude. Be observant at all times.

SCORPIO (Oct. 23-Nov. 21) Your personal affairs will benefit from a new enthusiasm that luck, skill, unexpected developments and planned events all bring about.

SAGITTARIUS (Nov. 22-Dec. 21) Now is not the time to say the wrong thing to anyone whose opinion you truly value. You may be coming under fire for a past indiscretion.

express

PUBLISHER—**CHRISTOPHER MA** | GENERAL MANAGER—**ARNIE APPLEBAUM** | EDITOR—**DAN CACCAVARO** | NEWS EDITOR—**GREG BARBER** | SECTION EDITORS—**ARION BERGER, MAUREEN HOCH, CHRIS MINCHER, HOLLY MORRIS, MATT SWENSON, KIMBERLY TABOR** | ART DIRECTOR—**SCOTT MCCARTHY** | PAGE DESIGN—**JODI BAFUNDO** | PRODUCTION—**MATTHEW LIDDI** | PHOTO—**MARCIA HARDER** | COPY CHIEF—**COLLEEN MARZEC** | CONTENT DEVELOPERS—**DANNY FREEDMAN, DARONA WILLIAMS** | **PUBLISHED BY EXPRESS PUBLICATIONS COMPANY, LLC PO BOX 17370 ARLINGTON, VA 22216 | A SUBSIDIARY OF THE WASHINGTON POST COMPANY | MAIN NUMBER: 703-469-2800 | FAX: 703-469-2831 | CIRCULATION INQUIRIES: 202-334-6992 OR E-MAIL CIRCULATION@READEXPRESS.COM | ADVERTISING INQUIRIES: CALL BOB KEENAN AT 202-334-6025 OR E-MAIL ADS@READEXPRESS.COM.**

Certified Audit CAC of Circulations

WRITE TO EXPRESS: Letters must include the writer's name, address and telephone number. Submissions may be edited for space. E-mail to inbox@readexpress.com or mail to Express Letters, PO Box 17370, Arlington, VA 22216.

Let's Talk.

You don't have to face life's challenges alone.
At The Women's Center, we're experts at helping women and families. We offer counseling and a wide range of support groups and workshops to meet your psychological, professional, financial and legal needs. It's the same caring approach we've offered for more than 30 years at The Women's Center of Vienna, Virginia — now in a convenient downtown location.

Please call for more information or to schedule an appointment.
1050 Connecticut Avenue, 10th Floor Washington, DC 20036
(202) 387.4140 www.thewomenscenter.org

We are a 501(c)(3) non-profit organization providing affordable services, including reduced-fee options based on need.

The Women's Center

THE GEORGE WASHINGTON UNIVERSITY
WASHINGTON DC

GW NEARYOU ARLINGTON

School of Business Master's Program in

MANAGEMENT INFORMATION SYSTEMS

- 10-course curriculum (30 credit-hours)
- Convenient program offered on evenings and Saturdays in Arlington, VA
- Hands-on instruction in state-of-the-art computer labs
- Earn your degree in as little as 18 months

CIO University Partner

GW IS AMONG AN ELITE GROUP OF UNIVERSITIES THAT PARTNERS WITH THE GSA'S FEDERAL CIO COUNCIL

At GW, we have what I.T. takes

INFORMATION SESSION

RSVP Now!

Thursday, January 13 • 6:30 pm
GW Graduate Education Center, Arlington
3601 Wilson Blvd, Suite 400, Arlington, VA
Metro: Orange line to Virginia Square

RESERVE YOUR SEAT TODAY!
703-248-2800
E-mail: nearyou@gwu.edu • Web: nearyou.gwu.edu

GW is an equal opportunity institution certified to operate in Virginia by SCHEV. 30317

MY HAIR IS GROWING BACK!

Now in the Wash Metro Area
As Seen on ABC, CBS, NBC & FOX

NO SURGERY, NO DRUGS

FOR MEN AND WOMEN

"After 3 months I am very pleased with the results of my treatment and can't imagine what the results will be at the end of the year. Even if I see no more results I will be satisfied with the treatment process. I also enjoy my visits since the staff is very personable and seem genuinely concerned about my progress."

Norman Dixon - Centreville, VA

A revolutionary New Hair Therapy Program using patented cool laser technology and approved growth activators.

$125.00 consultation and scalp analysis FREE with this ad.
(Limited monthly appointments available)
Good thru Jan. 31, 2005

WE GUARANTEE HAIR!
Exclusive, combined therapy approach to women's hair loss.

Hair Solutions

Located in Tysons Corner, VA

Call 800-OK-REGROW or 703-848-4247

www.HairsolutionsofVa.com